



THE BIG BOOB ISSUE!



PLUS! Rhian's secret snaps!
TEXTY!

ALL NEW!

SOPHIE!

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26 Feb - 4 Mar 20

Nuts

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!



LUCY!

ALL NEW PICS!



HOLLY!

EVA! NEW SHOOT!



KITTY!

THE BIG BOOB ISSUE!
Hurrah for the well-filled bra!



190MPH!

NEW PORSCHE!

ROONEY: DEADLY!



Carling Cup Special!

NEW STRIKER!

HMM... IMPRESSIVE FORWARD LINE!



THIS WEEK

26 FEBRUARY-4 MARCH 2010

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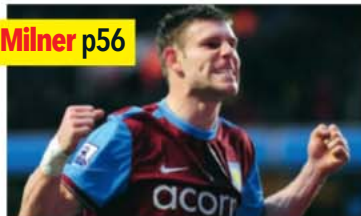


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GIRLS!

Eva p44



IN Nuts!



**NEW
LOOK
Nuts!**

CARS!

Porsche p8



GAGS!

Gervais p36



SPORT!

Rooney p56

IN THE Nuts OFFICE!



Sophie Reade pops in to say hi

Enjoying No Fear energy drink in resealable cans!

Nuts NEWS

IN OUR PANTS, EVERY WEEK

Nuts' sex-text mobile amnesty!

We save those
randy blokes
from themselves!

We've stuck up for our celebrity chums in the past but recently, Ashley Cole and Vernon Kay have been making us blokes look bad by sending saucy texts to women who were patently not their wives! It was high time something was done to improve the image of British blokes – and we're a magazine that likes to take action!

We stuffed *Nuts* Man into an appropriately daft costume, called in Leah Francis and hit the streets to claim blokes' phones before they could get themselves into any more trouble!

We found plenty of willing donors outside Cole and Kay's respective workplaces, Stamford Bridge and the BBC, and we've made a tidy profit, too. Anyone want to buy a slightly used mobile?



AT CHELSEA!

Nuts
MOBILE PHONE
AMNESTY!

"Is that a Nokia N900 in your pocket, or are you just pleased to see me?"

CHUCK
OR GET
CHUCKED!

AT THE BBC!

TURN FOR NUTS

BABES' SEX TEXTS!

We ask British blokes: have you ever sent a sexy text?



James, 23, London

"No, I'm not that silly! I can't believe Kay and Cole thought they'd get away with it."



Russell, 42, Bedford

"No. My missus would have my guts for garters if I texted another woman!"



Max, 18, Essex

"I've sent a few but I don't do it very often. I think a lot of people my age do it."



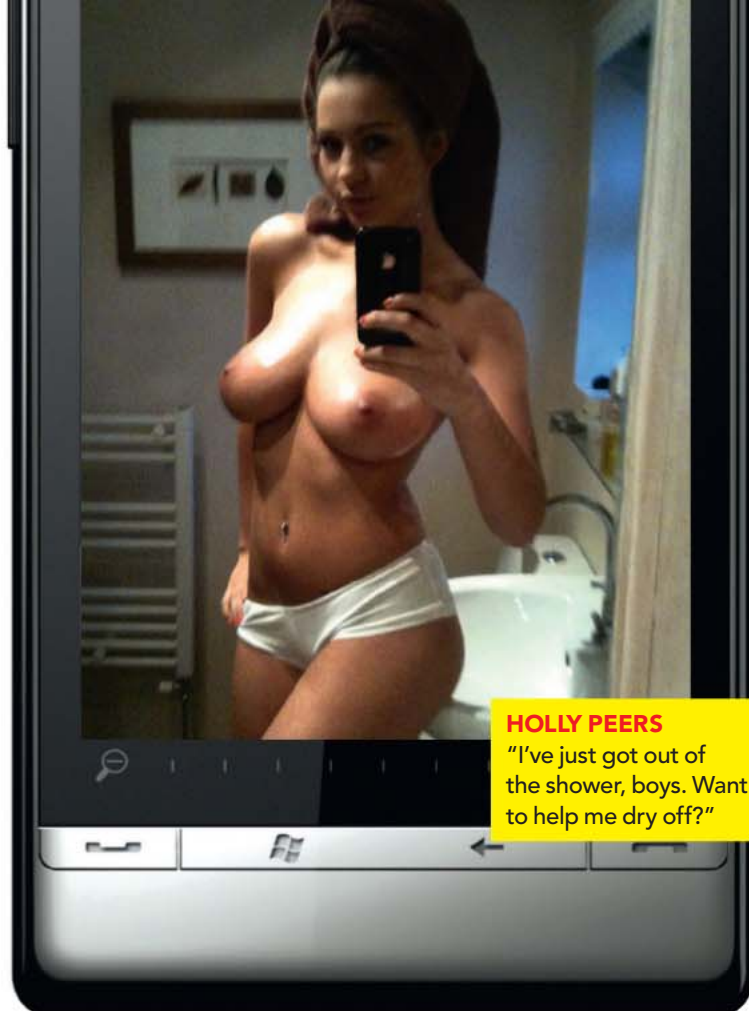
Ricky, 24, Bromley

"Me and my ex used to exchange sexy texts from time to time. It was just a bit of fun."



EMMA GLOVER

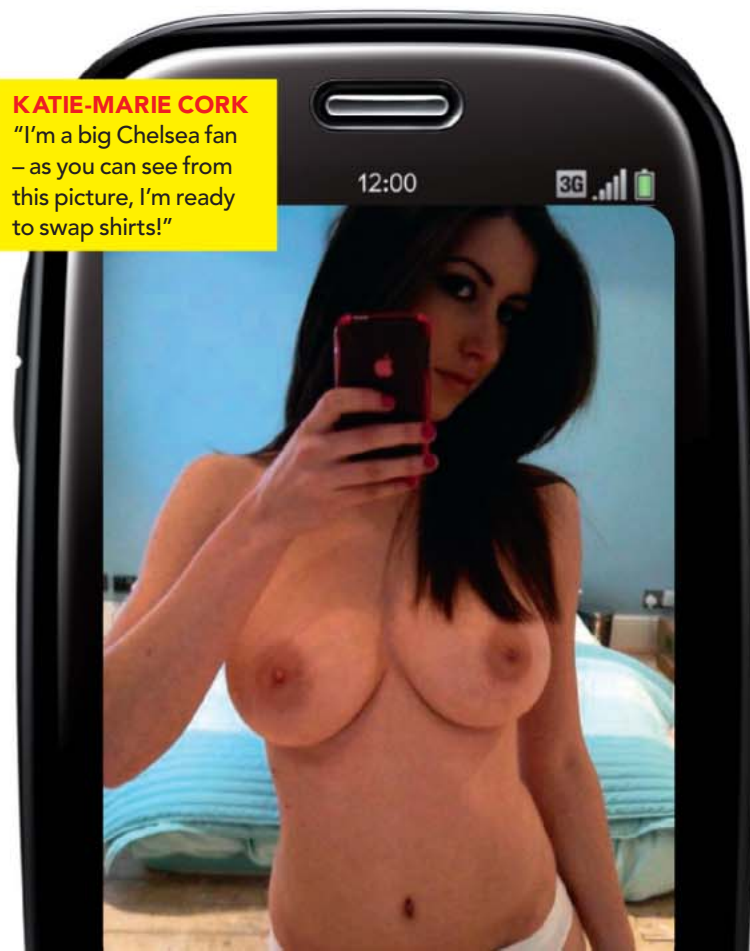
"Hi Nuts readers!
Hands up if you
can see my Nokias!"



HOLLY PEERS

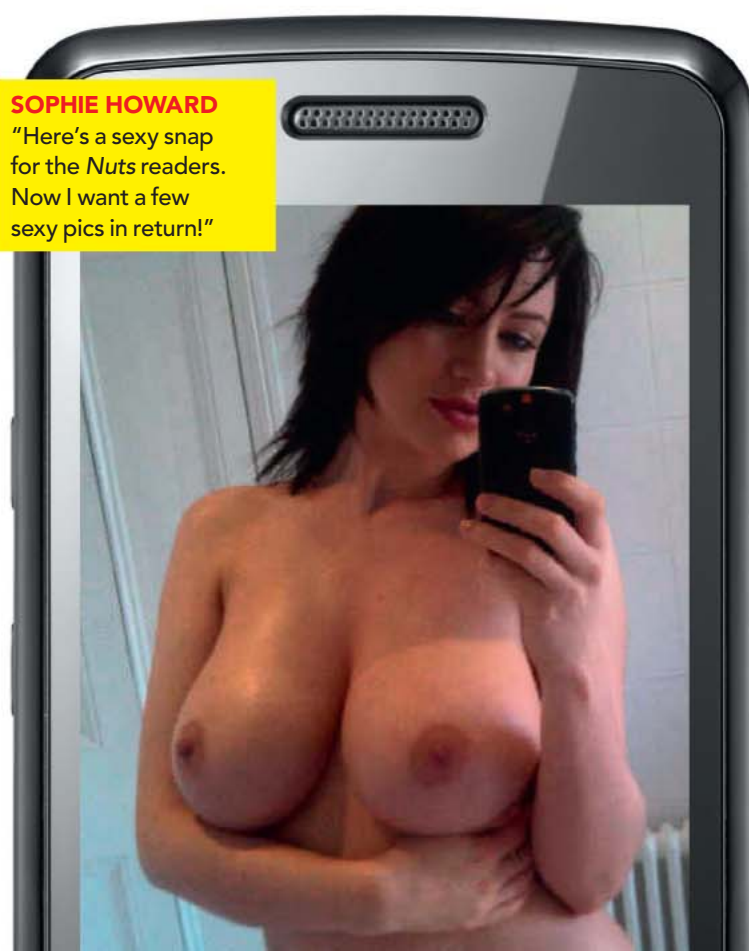
"I've just got out of
the shower, boys. Want
to help me dry off?"

Nuts babes 's



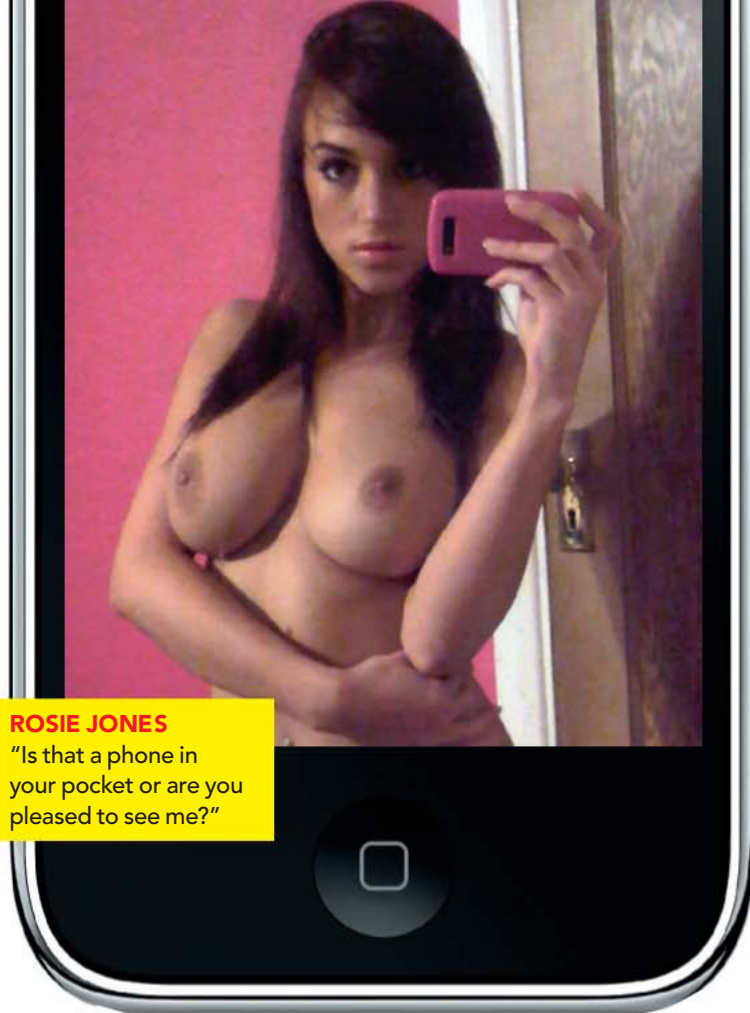
KATIE-MARIE CORK

"I'm a big Chelsea fan
— as you can see from
this picture, I'm ready
to swap shirts!"



SOPHIE HOWARD

"Here's a sexy snap
for the Nuts readers.
Now I want a few
sexy pics in return!"



ROSIE JONES

"Is that a phone in your pocket or are you pleased to see me?"



GEORGINA DARBY

"I'm waiting in my bedroom. Are you man enough for me?"

sexts'!

Eat your heart out, Premier pests!

All this celebrity sex-texting going on got us thinking. We only ever see the man side of this equation, most recently being snaps of Ashley Cole in a pair of lumpy, grubby white pants.

So today, we're evening the score with our own, infinitely sexier, take on "sexts", consisting of our lovely *Nuts* ladies in tighty whiteys, sending us their own private, saucy camera phone snaps. Sit tight, this gets good...

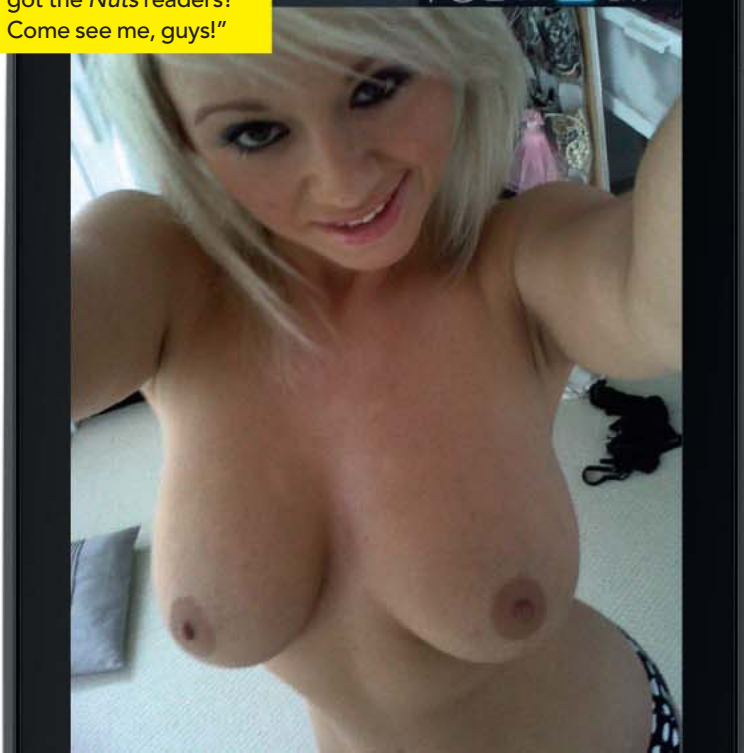
LINDSEY STRUTT

"Shooting this cheeky pic made me feel very naughty. I'll be 'sexting' every day in future!"



MELISSA DEBLING

"Who needs boring footballers when I've got the *Nuts* readers? Come see me, guys!"



FOUR-WHEEL DRIVE!



Nuts EXCLUSIVE!

Hybrid Porsche

It's the tree-hugging supercar!

- Hybrids are just for beardy tofu-eaters, right? Wrong! There's a new hybrid kid in town, and the 911 GT3 R is built for speed!
- It uses a conventional petrol engine in the rear, with two electric motors in the front.
- The petrol engine produces 480bhp, and an extra 80bhp comes from the electric motors.
- What's more, the 911 GT3 R Hybrid has four-wheel drive!
- This 911 has an electric flywheel power unit mounted next to the driver. This generator charges by recovering energy when the brakes are applied.
- This energy is then released by the driver via a "power" button in the cockpit, like the KERS button on an F1 car.
- Each charge produces around seven seconds of extra power.
- With traction from the four-wheel drive system and a total power of 560bhp, the GT3 R should do 0-60mph in three seconds flat!
- Top speed is expected to be around the 190mph mark!

For more cool cars, go to
nuts.co.uk/spambank





"What have you done
with all the stuff in
my garage?"

e racer unveiled!



"Delivery for Mr
Phil Brown!"

560BHP!

New 911 Turbo S road car!

Porsche launch their fastest-ever 911!

- This is the latest 911 Turbo road car, the uprated "S" model.
- The standard 911 Turbo develops 500bhp, while this model develops 530bhp.
- 0-62mph acceleration takes just 3.3 seconds – making it the fastest ever Porsche 911!
- Top speed is 196mph!
- Prices start at £123k for the coupé and £131k for the cabriolet.



Nuts EXCLUSIVE!

Take Me Out's Maria!

Sexy lady, reveal yourself!

We always have trouble getting dates, mainly because of our cold sores, lazy eye and stammer. But quite how Maria Kouka has so much trouble that she had to go on ITV dating show *Take Me Out* is frankly beyond us!

The show involves single blokes trying to impress 30 ladies and win a date. But what you might not know is that before going on

the show, feisty Maria posed for these rather rude snaps!

Which proves two things. First, there really isn't any justice in the world if even Maria can't find a date. And second, if there are any secret naughty pictures of a hot girl - we'll find 'em!

See more famous babes at
nuts.co.uk/girls



TOP TELLY TOTTY!
TEXT IN HERE!

Asda spiced up
their adverts

Sofa wouldn't let her
out of his sight with
Ashley Cole around



"Seriously, can I have
my top back now?"

**NO TOPPY,
WE LIKEY!**

She went a bit
over the top at
the cloakroom

"TRAVOLTA KICKS ASS"



Nuts



JOHN
TRAVOLTA

JONATHAN
RHYS MEYERS

LUC BESSON PRESENTS

FROM PARIS **WITH LOVE**

FROM THE DIRECTOR OF **TAKEN**

**TWO AGENTS.
ONE CITY.
NO MERCI.**

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CASTING DIRECTOR SWAN PHAM EDITOR FREDERIC THORAVAL SOUND LUCIEN BALIBAR, FREDERIC DUBOIS & FRANCOIS-JOSEPH HORS

MUSIC BY DAVID BUCKLEY BASED ON A STORY BY LUC BESSON SCREENPLAY BY ADI HASAK DIRECTED BY PIERRE MOREL

www.msn.co.uk/paris

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15 CONTAINS STRONG BLOODY VIOLENCE,
LANGUAGE AND HARD DRUG USE

IN CINEMAS FEBRUARY 26

England shirt test!

World Cup jersey takes on English pub!

For this summer's World Cup, Umbro has cannily premiered an England shirt that's the spit of the iconic red jersey worn by the victorious '66 World Cup squad.

But seeing as the vast majority will be put to less sporty use down the boozer, we subjected it to the *Nuts* pub test. It did rather well. Let's hope England do the same!

England away kit on sale 3 March



It was a novel way of filling his pint glass

TEST ONE: WORLD CUP POSE

Does it satisfactorily reproduce the famous '66 pose, with pint understudying as the trophy?

VERDICT: pass!



They ran in terror from the hooded faceless monster

TEST TWO: STRETCHINESS

Designed to cope with the goal-scoring requirements – does it have enough "give"?

VERDICT: pass!



"Mmm, you smell of beer!"

TEST THREE: PULLING

It may brim with sports tech materials, but do the ladies like its simple colour palette. Leah?

VERDICT: pass!



He admitted his karaoke would've been better with a microphone

ROUSING SUCCESS!

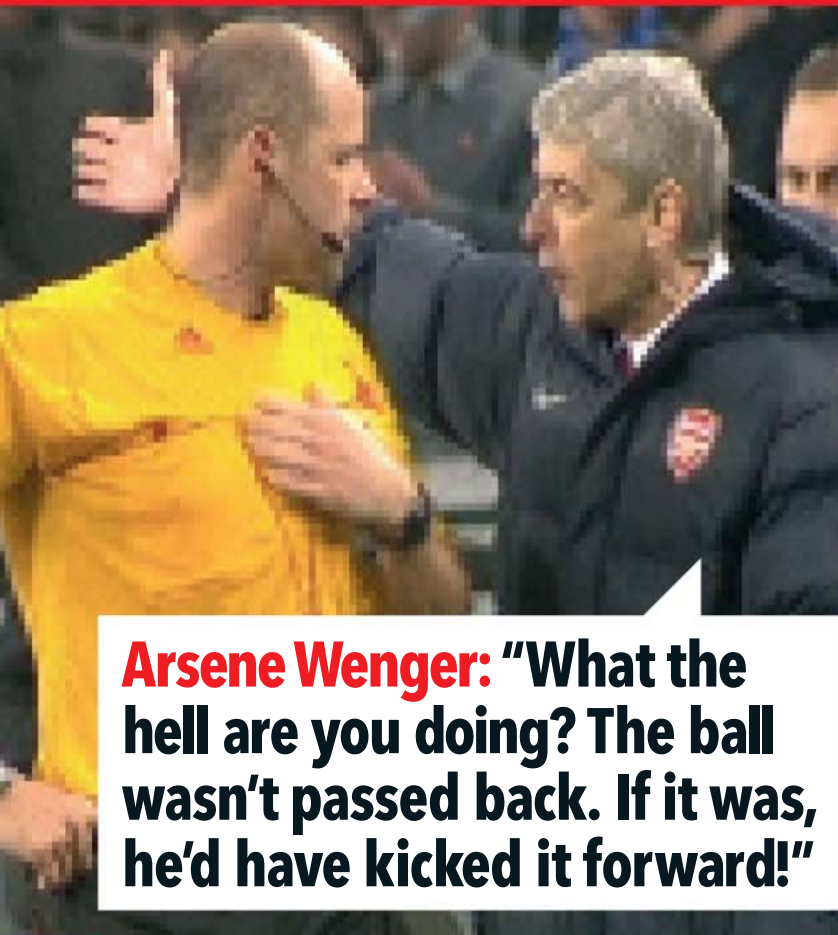
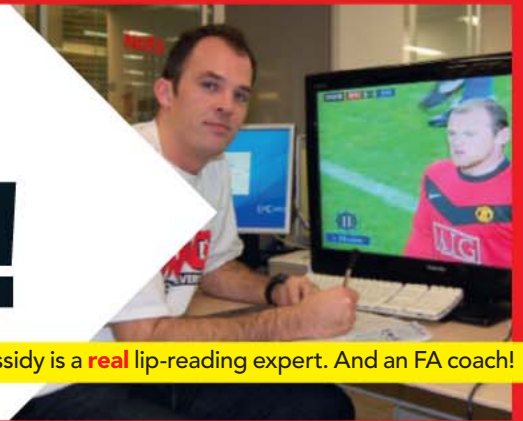
TEST FOUR: BEER REPULSION

Does the shirt repel a pint of honest lager? Success! Most of the drink goes down our jeans!

VERDICT: pass!

THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a **real** lip-reading expert. And an FA coach!



Arsene Wenger: "What the hell are you doing? The ball wasn't passed back. If it was, he'd have kicked it forward!"

PORTO VS ARSENAL Estadio Do Dragao, Wednesday 17 Feb, 8.52pm The Arsenal gaffer goes crazy at the ref after Porto score.



Alex Ferguson: "Are you f**king waking up? Are you f**king waking up?"

AC MILAN VS MAN UNITED San Siro, Tuesday 16 Feb, 8.28pm Fergie gives his team a rocket after their slow start against Milan.



Michael Carrick: "Ref, why? Why?"

Ref: "You kicked it away. You didn't need to do that"

AC MILAN VS MAN UNITED 9.37pm The United midfielder gets an explanation as to why he's been given his marching orders.



James Collins: "Are you watching the f**king nutter? F**king hell! Are you watching him?"

CRYSTAL PALACE VS ASTON VILLA Selhurst Park, Sunday 14 Feb, 4.33pm The Villa man doesn't like Alan Lee's strong tactics.

POTTY-MOUTH OF THE WEEK!



Neil Warnock: "Ref, what about the f**king header down there, what about the f**king free-kick down there? It's the f**king same! F**king idiot!"

CRYSTAL PALACE VS ASTON VILLA 4.02pm The Palace boss gives the ref a customary ear-bashing during the FA Cup tie.

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NEWS FLASH!... NEWS FLASH!...

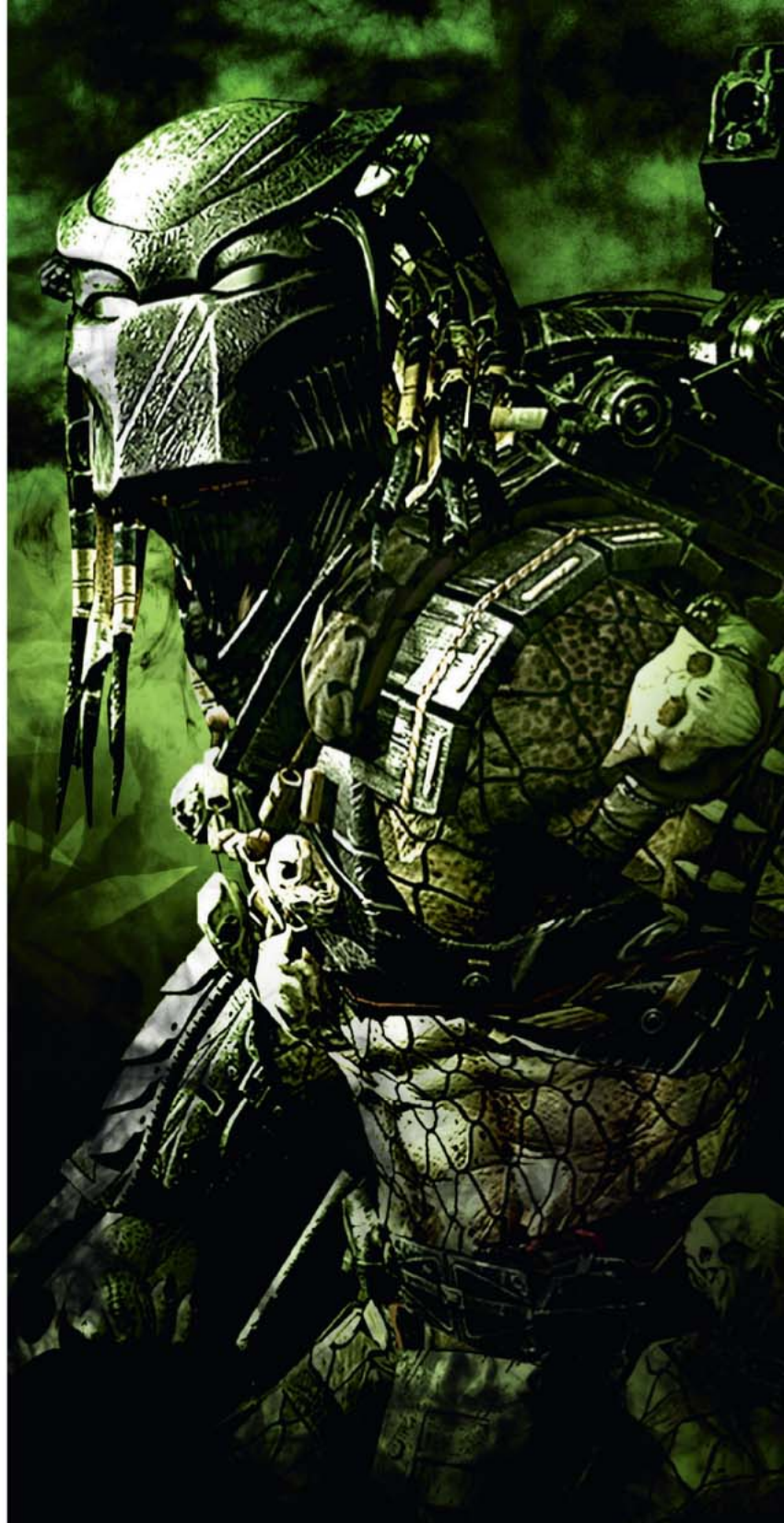


Nuts news flash!

**NEW TO
Nuts!**

**Holly Peers on that
£56m lottery win**

"I can't believe that
couple won all that
cash and celebrated
with a bacon butty.
I'd have got on a
plane to Barbados!"



HUNTER. SURVIVOR. PREY.

WHICH WILL YOU BE?

'Give us a lift, and make it snappy!'

Yank turns dead alligator into motorbike!



Mick Dundee's new taxi service got a mixed reception

Monster trucks, mile-long limousines and turbo-charged lawn mowers. When it comes to truly mental motors, America has form – but the GatorBike may just be the barmiest of the lot!

This chrome-plated 10ft beast (capable of more than 120mph) is the brainchild of Florida conservationist Jim Jablon and is made from the skin and skull of an alligator killed by local authorities.

Jim plans to give the bike away in a raffle to raise cash and awareness for his wildlife centre, Wildlife Rehab of Hernando Florida. We tracked him down to find out more about his bitey bike...

Hi Jim! What possessed you to build this, erm, bike? Well, I own a wildlife centre and ride motorcycles, so I thought, "Why not put my two passions together?" So I got some of my buddies together and we got ourselves an alligator skin.

Presumably, people never cut you up! Oh yeah! You feel like king of the road on this thing, but you have to concentrate because other folk stop paying attention to what they're doing and stare at it. You don't want the guy next to you looking at you while he's driving!

Have you ever been stopped by the police? No, not by the police but by everyone else! It's a pain in the neck when you take it out because everybody stops you. I tried to take it to an international bike show last year and a five-minute journey to get gas took two hours! People circle around it and even get out of their cars to have a picture taken with it or put their head in the jaws.

Do the ladies like it? You know how sometimes, people use dogs as a chick magnet? Well, forget that – this thing blows the puppy away! The girls absolutely love it and are all over me when I'm on it.

Wow! Finally, do you have plans to make any other animal vehicles? A cobra pogo stick, perhaps? Ha-ha! I don't know if I'd like to be jumping around on a cobra, to be honest. There's a guy I know who wants us to make a bull bike. He has this Texas bull skull with really wide horns in his back yard and wants to know if we can incorporate that into the handlebars, then use cowhide for the bike. It sounds fun!

For a chance to win this bike, worth £50,000, buy a raffle ticket from wrohflorida.com



HUNTER.
SURVIVOR.
PREY.

WHICH WILL YOU BE?

Rhian's naughty getaway

Vernon Kay's "text pal" strips off!

WORDS: RORY BUCKERIDGE PHOTOS: REX

It's not often we feel sorry for Vernon Kay. (In fact, this is the first time ever.) But let's be honest, if the contacts list on your mobile phone included both gorgeous *Nuts* babe Rhian Sugden (23 years old, 32E boobs, animal lover, motto: "Shoot for the moon") and your main squeeze, Tess Daly (38 years old, likes Bruce Forsyth and ballroom

dancing) who would you be sending saucy texts to? Exactly.

And although Vernon didn't go as far as to "do an Ashley Cole", even if he had, you could hardly have blamed the man if he had. Look at these saucy pics, snapped on Rhian's recent hols in Ibiza, search your heart and tell us you wouldn't do the same thing!



Brokeback Mountain 2 had a surprising twist



Her rare Booby plant had really started to bloom

SHE'S HOT!

"Would you say my jeans have shrunk?"



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REBELLION

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DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

The manicurist didn't like him

MASHED MITT!

'My clothes were covered in blood!'

Dodgy dancing leaves bloke's hand in tatters!

HE'S OK NOW!

The camera's over this way mate!

If you ever need a reason not to dance to S Club 7, besides the fact you're not a child and you'll look like an idiot in front of your mates, ask tree surgeon Matt Capel why it's a bad idea.

Matt, 35, from Devon, tells *Nuts*, "I was at a pub during

a local carnival, and we were all doing challenges. I had a dance challenge, so I got up on a chair and started doing some moves.

"S Club 7's *Reach* came on the stereo, and at the climactic point of the song, I shot my hand up – straight through a skylight!

"Blood and shattered glass poured all over me. The white joggers I was wearing were now red and I had to have surgery on the tendons I'd slashed open! I'll never forgive S Club 7, but if Rachel Stevens wants to make a personal apology, I'll listen!"

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



IT'S AMAZING WHERE GOOD HAIR GETS YOU



BRYLCREEM
SINCE 1928

Nuts GEAR

£300

sWaPActive watch

www.amazon.co.uk

Nuts says: This tech-rammed timepiece (sWaP stands for smart watch and phone, apparently) connects to most networks to take calls – synced to a Bluetooth headset if you want – and boasts a touch screen, 2GB of memory and a camera. 007, eat your heart out!

Logitech Wireless Desktop MK710

www.logitech.com

Nuts says: According to makers Logitech, this wireless keyboard-and-mouse set boasts a three-year-long battery life. By which time, we probably won't need keyboards, as we'll be controlling computers using just the power of our minds!

£90

Packard Bell VR46 laptop

www.packardbell.com

Nuts says: This striking, limited-edition laptop boasts a built-in webcam, microphone, 3G module, Wi-Fi and Bluetooth 2.1, and was designed by superbike legend Valentino Rossi's graphic designer.

£450

The sun and moon represent the two sides of Valentino Rossi's personality

Three years of keyboard use adds up to around six million keystrokes!

£TBC

Sony BDV-F500 home cinema

www.sony.co.uk

Nuts says: This Blu-ray-based 2.1 surround-sound home cinema package is fully 3D compatible, which is awesome! All you need now is a 3D television and a bunch of 3D Blu-rays, and you're good to go for some top-notch viewing!

Check out more reviews at www.nuts.co.uk/reviews

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GET YOU INTO PLACES NOTHING ELSE CAN.

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BRYLCREEM
SINCE 1928

YOUR LETTERS

The section that's left us too scared to bend over at work!

Send your letters to nutsletters@ip



"I loved you in Ghostbusters!"

Can you tell who it is yet?

Dear Nuts,
We were at a restaurant and saw a guy who looked like Rolf Harris. My dad's missus has no idea who Rolf is, so me and my bro told her this guy was famous. Here she is with "Rolf"!

Grant, via email

Are we alone in thinking that your dad's a bit of a lucky fella?

Hot threesome action

Dear Nuts,
When it snowed the other week, I spotted these naughty squirrels who had found a novel way of keeping warm!

Andy Paterson, via email

And, of course, it keeps their nuts warm, too. Clever!



LETTER OF THE WEEK!

"Hey, get off, I said I'm a grey squirrel! Grey!"



"You forgot the tin opener?"

Beanz Meanz Punz

Dear Nuts,
I never realised how rude Heinz have become lately. Still good scan, though!

Lewis, Newcastle

Yes, and if Heinz are willing to send Nuts a bundle of delicious snacks, we'll be sure to forgive them!



"Ha-ha, Salix Pendula... wait, I don't get it!"

Our kind of tree

Dear Nuts,
As I was doing my weekly shop, I couldn't resist picking up a "weeping pussy" for the house.

Stewart F, Wolverhampton

Make sure you don't let those three randy squirrels get at it - they'll have a field day!

Oh My God! It's Kenny!

Dear Nuts,
Check me out at South Park, which is actually in Gerrards Cross. I even dressed as Kenny!

Phil Richie, London

And did you die horribly after the pic was taken?

STEALTH BUMMING CORNER!

ONLY IN Nuts!

Here I am, stealth bumming on our recent high-threat bomb disposal course. This never gets old! *LCpl Clarky Clarke, 11 EOD Regiment*



"You sure you dropped it under here?"

He's a cyc-opath

Dear Nuts,
You've got to grab a photo opportunity with both hands...

Anon, via email

If you're intending to nick that, fella, you're going to be quite easy to spot!



"Delivery for Mr Crouch!"

"I'm sure his first name's Ji-Sung!"



*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 72 APPLY

RS!

cmmedia.com or to the address on p72

Nuts SPAM BANK!

All-new online hilarity



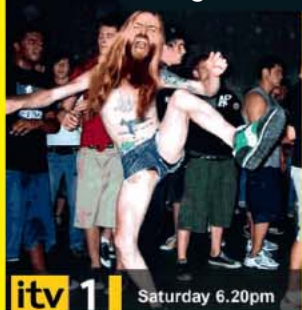
"Er, I don't think it's a candlestick!"

ANNSUMMERS MURDERS



Dancing on Acid

"JLC, what you doing on here?"



itv 1 Saturday 6.20pm

Win £100 to spend at **PLAY.COM**

Send your letters and hilarious spam pictures to nutsletters@ipcmedia.com or to the address on p72. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs and more!

CAMERA PHONE CUTIES!

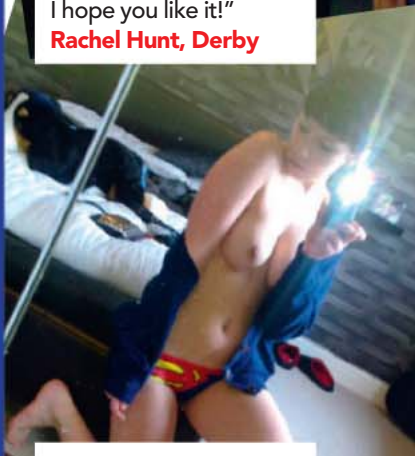
Sexy snap-happy babes

NEW TO Nuts!



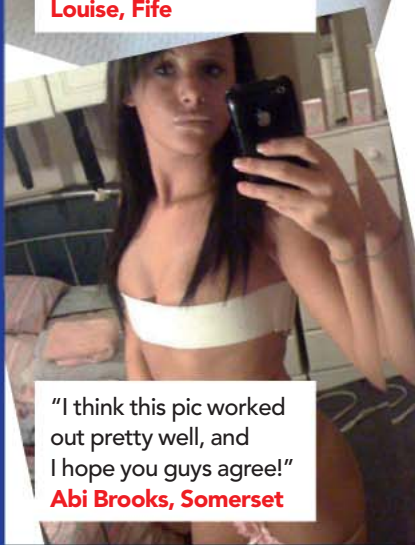
"Look, it's me posing in my sexy stockings. I hope you like it!"

Rachel Hunt, Derby



"I hope you like, lads! And yes, those are Superman pants!"

Louise, Fife



"I think this pic worked out pretty well, and I hope you guys agree!"

Abi Brooks, Somerset

Send us your pics!

Text 'Nuts' and your sexy camera phone pic to 0771 388 8008*

CINE ASIA

JACKIE CHAN AS YOU'VE NEVER SEEN HIM BEFORE



CINEMA ONLINE



TIME OUT (HK)



"Riveting"

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YOUR JOKES

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SHORT JOKES!

Susan Boyle has apparently seen an "intruder" in her home. Maybe she just caught a glimpse of that bloke in the mirror again

Ted, via email

Q: What do you call a fat lady who likes men and women?
A: A bisexual built for two

Charlie Garwood, Norwich

I've just realised tofu is overrated. It's literally just a curd to me

Mike Trevelis, Trowbridge

It's John Terry's wife I really feel sorry for. Imagine being married to a Chelsea player!

Terry, via email

"Spare change, mister?"



JOKE OF THE WEEK!

Fairway to go

Tiger Woods is reportedly making great strides at a sex rehab facility in Mississippi. Doctors have already reduced him to just nine holes a day.

Marius, London

Sorry, Pope, not a hope

The Pope and Ashley Cole die on the same day but because of a mix-up, the Pope goes to hell and Ashley goes to heaven.

The Pope explains the situation, and after checking the paperwork, the clerk in hell admits the error. "However," the clerk explains, "it's gonna be 24 hours before the mistake can be rectified."

The next day, the Pope is told he can go to heaven and on the way, he runs into Ashley Cole.

"Sorry about the mix-up," apologises the Pope. "I'm really anxious to get to heaven now, though."

"No worries," says Cole. "Why are you so keen?"

The Pope says, "All my life, I've wanted to meet the Virgin Mary."

"Oh dear," says Cole. "You're a day late!"

Alex Arden, via email

Take a seat

Bob and his wife have got on a train and are settling in for a long journey.

"Are you comfortable? Is the seat soft?" asks Bob.

"Yes," replies his wife.

"Sure you're not feeling a draught?" he enquires.

"No," comes the reply.

"No vibrations or shaking?" Bob asks.

"No, it's great," his wife says again.

"Brilliant," says Bob.

"We're swapping seats!"

Keith, via email



"Sorry - no tie, no drink!"

Yorkshire Terrier

A Yorkshireman's terrier dies, so he takes it to a jeweller's to have a gold statue of it made.

"Do you want it 18 carat?" asks the jeweller.

"No," says the man.

"I want it chewin' a bone!"

Ted, Hull

"Your burrito, sir!"



Win Sons Of Anarchy box set and a fantastic DVD player!

Send jokes to nutsjokes@ipcm or to the address on p72. This week's best joke* wins the Season One box set of *Sons Of Anarchy*, out now on DVD from Twentieth Century Fox Home Entertainment, and a Sony DVD player. Two runners-up win the box set.



S!



edia.com or to the address on p72

Having nun of it

A young nun goes to see the mother superior to talk about a problem.

"Whenever I go into town, I get stopped by the police, no matter how carefully I drive," she says, obviously distraught.

The mother superior agrees to accompany her on her next trip into town to see what's going on.

A few days later, the nun has to go into town for an errand, so she and the mother superior set off, obeying every road rule.

However, they've barely left the convent when sure enough, they're pulled over by a cop car.

A policeman strolls up to the driver's side window and starts unzipping his trousers.

"Oh no," says the nun. "Here comes the breathalyser again!"

Brucie, via email



Cue jumping

Daft Dave and his mate are about to play snooker for some cash. As they're chalking up, his mate says, "Wanna break?"

"What are you on about?" says Dave. "We haven't even started yet!"

Andy Rawlins, Liverpool



JIMMY CARR:

"This year, I'm planning to get my body into shape. All I have to do now is pick a shape. I'm thinking pear-shaped!"



RICH HALL:

"A hotel minibar lets you see into the future and what a can of Pepsi will cost in 2020"



PETER KAY:

"I was doing some decorating so I got out my stepladder. I don't get on with my real ladder"



RUSSELL HOWARD:

"I guarantee that if you asked half the people in this country to name a famous Churchill quote, they'd reply, 'Oh, yes!'"

FAMOUS BLOKES' JOKES!

50% MORE GAGS!

STEWART FRANCIS:

"I wanted to join the debating club but I was talked out of it"



DYLAN MORAN:

"I can't swim. I can't drive, either. I was going to learn to drive but then I thought, 'What if I crash into a lake?'"



MILTON JONES:

"It's rumoured that farmers are on heroin, but finding evidence is like searching for a needle in a haystack"

FRANKIE BOYLE:

"They say the Olympics are going to restore English pride. For £9.2billion, you could write, 'F**k off, Germany' on the moon"



POP OUT IN PUBLIC!

NEW TO
Nuts!

Have a cheeky flash – and earn some cash!



CHEEKY RETURN!

TOREEN AND DAISY both 21, from High Wycombe
"We're back – and this time we're flashing in our local supermarket!"



COLD SNAP!

GEORGIA 20, Newcastle
"Us Geordie lasses don't feel the cold – as you can clearly see!"



'ALLO, 'ALLO, 'ALLO!

THIS
WEEK'S
£100
WINNER!

CHLOE 21, from Surrey
"I don't think that police officer knew where to look!"



Win £100!

All printed pics get a Nuts vest-and-shorts combo. The winner* gets £100. Send your snaps to nutspopout@ipcmedia.com or by text to 0771 388 8008.

OUR KIND
OF SERVICE!

KIMBERLY 20, from Nottingham
"I popped down to my local, popped them out and pulled a pint!"

VINNIE JONES AT HIS BATTERING BEST



**VINNIE
JONES**

**STRENGTH
AND
HONOUR**

**MICHAEL
MADSEN**

**WOUNDS HEAL.
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Peugeot have launched the limited edition 207 S16 to celebrate Kris Meeke winning the IRC championship in 2009. The 207 S16 comes with a 1.6VTi 120 engine, 17" alloys, rear diffuser styling and Peugeot UK rally team graphics*. Get yourself some rally winning style.

PEUGEOT 207 S16



PEUGEOT
MOTION & EMOTION

PEUGEOT RECOMMENDS **TOTAL** The Official Fuel Consumption in mpg (l/100km) and CO₂ emissions (g/km) for the 207 S16 are: Urban: 35.3 (8), Extra Urban 57.6 (4.9), Combined (47.1 (6)) and CO₂ 139.

250 limited edition models available from 15 February 2010 at participating dealers only. *The optional rally graphics are provided FOC. They are not covered by Peugeot's 3 years warranty.

CAMERA PHONE COMEDY!

ONLY IN Nuts!

Win £100!

Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash! ** T&Cs on page 72.

Seen something daft? Snap it, send it in and win £100

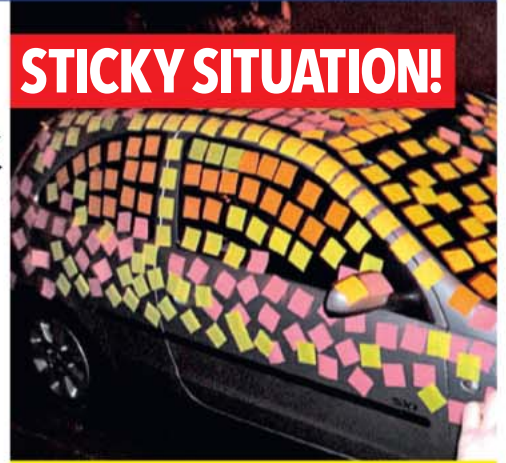
CALL BO PEEP!



PIC OF THE WEEK!

"I woke up recently to this rather confusing sight on my lawn!" **Anon, via text**

STICKY SITUATION!



"My mate owed me a fiver, so I punished him with Post-its!" **Jamie and Jase, Fife**

RIGHT PASSAGE!



"My satnav gave me a nice surprise when I saw where I was!" **Gav, Sheffield**

BUMMER!



"I spotted a rude word when I was watching Countdown!" **Lenard, Newcastle**

NOT A NICE PRICE!



"Me and my girlfriend spotted this special offer. Thanks, Tesco!" **Gavin, Beccles**

BANANA DRAMA!



"I was bored at work, so I decided to slay my evil banana!" **Anon, via text**

BAD PARKING CORNER!

"Take one icy road, throw in some optimistic braking and what have you got?" **Anon, via text**



SORRY!

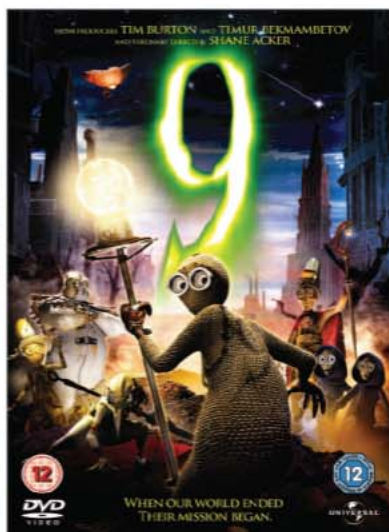
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THE TRUTH ABOUT SEX WITH... **LUCY PINDER!**

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com

**ONLY IN
Nuts!**



Should I talk dirty to her?

My missus wants me to talk dirty when we have sex, but I feel a bit daft. Any suggestions?

Daniel, Bradford

Do what you feel comfortable with – I'm sure she doesn't want you to reel off the kind of stuff that would make a porn star blush. Start by letting her know what you're enjoying during sex and go from there. Let yourself go a bit – you never know, you might like it!

Nuts BABES' SEX TIPS!

**NEW TO
Nuts!**

No.4: "Light some candles, break open the champagne and strawberries, and give her a full body massage with oils. It'll drive her wild!"

Stacey Massey



How do I get her to dress up?

My girlfriend and I have great sex but I'd like to try something new. Maybe some role-playing, with her as a nurse and me as a doctor! How should I suggest it?

Ches, Warwickshire

Just tell her you think it would be a giggle and a turn-on at the same time. And add that she'd look sexy in a nurse's uniform. But remember to make it clear that you're not suggesting it because you're bored with your sex life!

How can I control myself?

How do I make sex last longer? Even during foreplay, I find myself getting over-excited.

Mark, Daventry

If you feel yourself getting too turned on, maybe concentrate on pleasing your partner for a little while. Don't be embarrassed to let her know that you need to slow things down a bit. Hopefully, she'll take it as a compliment!

I'm hurt by her confession

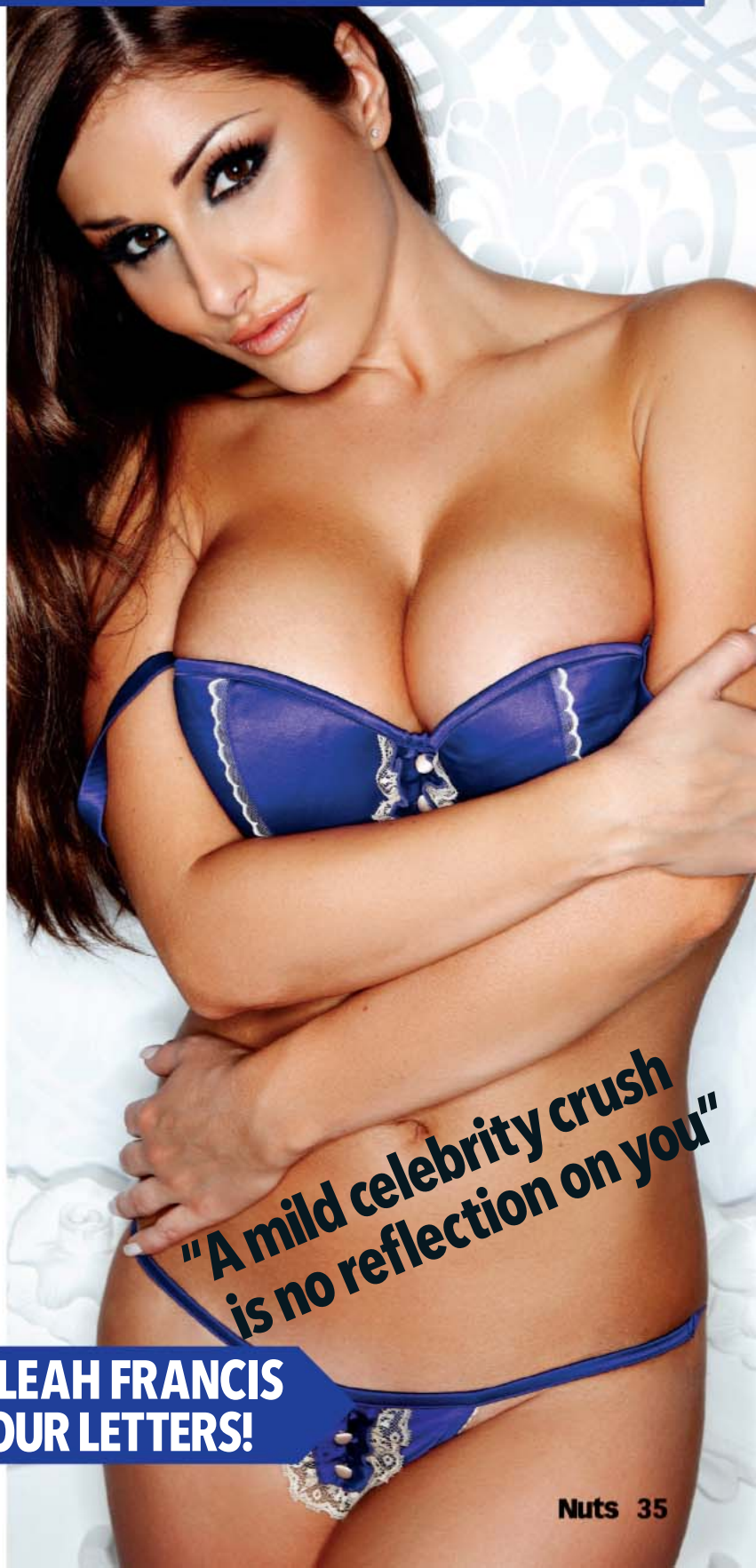
My girlfriend confessed that she sometimes thinks of actor Robert Pattinson when we have sex. How do I get over it?

Pete, Wolverhampton

That must hurt, but don't take it to heart. Even in the healthiest relationships, people's minds can wander. A mild celebrity crush really is no reflection on you.



NEXT WEEK: LEAH FRANCIS ANSWERS YOUR LETTERS!



"A mild celebrity crush is no reflection on you"



RICKY

GET

COMEDY LEGEND!

The Queen was having second thoughts about her new chauffeur

RAIS!

NUTS
INTERVIEW!

The funnyman talks about his new animated TV show

Hi Ricky! Your new show, *The Ricky Gervais Show*, is animated. Did you have any say in what the

characters look like? We reckon yours looks like Fred Flintstone!

I think you'll find, in a court of law, that I don't look like him at all. We just wanted to be retro because some of the subjects we handle are quite taboo. Some of the things Karl [Pilkington, one of Ricky's co-stars on the show] has come up with are incredible. It's like we've woken him up and have to explain everything about the world to him. For example, he thought mermaids were part of human evolution!

He thought what? Seriously, I was trying to explain evolution to him and was telling him that humans are closer to chimps than chimps are to gorillas. He was going, "No, we aren't." I was like, "We're 98.6 per cent genetically identical to a chimpanzee. That's 1.4 per cent difference between us and a chimp." And he went, "That's got to be the arse."

Oh dear! Whose idea was it to make an animated show? I don't think it was our idea. Stephen Merchant and I used to do a radio show together, which is where we met Karl. But because of our various commitments, we couldn't do a regular slot. So we just did some podcasts for a laugh and people started taking the audio and animating them – just fans on the internet. It kind of went from there.

Are the shows scripted or do you improvise? Nothing is scripted.

The only bits we cut out are us going, "Testing, testing," and, "I need to go to the loo." It's just half an hour or so of us talking. It's a realisation. Yeah, I made that up! **Is it true some people don't think Karl is real?** People say, "Is Karl really like that?" And I say, "Well, if it's an act, he keeps it up 24/7." I called him the other day and said, "What are you doing?" And he went, "I'm walking in the park. Oh, a worm just fell from the sky." I said, "Well, a bird probably dropped it." And he went, "Oh, yeah, there is a bird actually." He hadn't even thought of looking up! Another time, we were doing a podcast and I asked him, "What was your highlight of the year?" He said, "Probably that time I saw a grub eating a biscuit." I was like, "What do you mean?" He went, "Well, I was eating a biscuit. I put the rest on the window sill and when I looked around, there

was a grub eating it." I was like, "Why's that an event?" To which he replied, "I never thought I'd see that and it made me think, 'We couldn't be more different, us and grubs. But we both like a biscuit.'"

There are three of you on the show, so why is it called *The Ricky Gervais Show*? I have a higher profile is the honest answer. Ricky Gervais is also a much nicer name than Stephen Merchant, isn't it? There's something elegant about it. It's Ricky Gervais! Stephen Merchant – that's a bloke who works in a bank. Whereas Ricky Gervais – he's probably going to go down in history, I imagine. **Thanks for the chat, Ricky. Finally, are there any plans to bring back *Extras* or *The Office*? We miss them!** We might do something with the American version of *The Office* in the next series, but that's just in our heads at the moment. ■

The Ricky Gervais Show airs from March on Channel 4

"Karl thought mermaids were a part of human evolution"

The newsmen never took the political correspondent seriously

THE SHOW!



DAFT APE

Stupid-looking

Bad hair! Squashed heads! It's the world's most ridiculous primates!

"Must get some new blades for my Mach 3"

EMPEROR TAMARIN

This fella would look OK but for his comedy whiskers. Give him a daft Alpine hat and he'd look like an old beer-guzzling hun!

MANDRILL

Absolutely ridiculous. Enormous multicoloured nose + bonkers '80s-style shades = absurd ape. And yet we wouldn't say that to its face!

"Now, where did I leave my sunnies?"

ATTRACTIVE!

"Congratulations, Mrs Boyle, it's a baby boy"

CELEBES APE

Stupid jet-black quiff? Check. Permanent expression of stunned surprise on its face? Check. Weird, bony hands? Check. Gentlemen, we have ourselves a stupid monkey!

PYGMY MARMOSET

Hey, who knows? Maybe in the monkey world, looking like a baby owl that's had its beak yanked off with a pair of pliers is considered desirable.

WHITE-FACED SAKI

Well, they certainly got the "white-faced" bit right – but they could also have mentioned the fact that matey-boy here needs to go on a diet, pronto. Lay off the bananas, chunky!

"Bleach? You said it was face cream!"

"Give me a hand shifting this garden table"

"This Shockwaves Extreme is really good stuff!"

BLACK & WHITE COLOBUS

The permanently hacked-off teen of the monkey world. Also has a comedy quiff, which may explain why he's hacked off.

ng monkeys!

WOOLLY MONKEY

Does exactly what it says on the tin. "This monkey looks a bit woolly, doesn't it? Any idea what we should call it?" "Now that you mention it, yeah..."

LION-TAILED MACAQUE

This cheerful-looking fellow is like a walking candy floss. The only difference being, you wouldn't eat it – and if you did, it'd probably bite your face off.

"Yeah, I like heavy metal. How can you tell?"

"Girls only love me for my nose"

"Argh! I forgot to set the Sky+ for Corrie!"

PROBOSCIS MONKEY

"Proboscis" means "nose". We don't have anything to add.

GELADA

He looks like he's been forced to walk through a car wash several times, before getting comprehensively blow-dried. Bloody stupid, in other words.

BIG NOSE!

"I'm not really JLC, but don't tell her that!"

VERREAUX'S SIFAKA

Take a normal monkey, paint its face black, stretch it on a rack and flatten its head. Hey presto – it's a Verreaux's sifaka! Now wait for the RSPCA to arrive.

"Yeah? You want a piece of me, do ya?"

COMMON MARMOSET

Common? Only in places inhabited by absurd creatures who look like Keith Flint from The Prodigy, we imagine. ■

MADDEST PRISONS



Nuts investigates the harshest jails from around the globe...

RUN BY INMATES



PAVONCITO, GUATEMALA

Population: 1,800

Conditions: Run by an "order committee" of inmates, who rule through extortion, murder

and torture.

Speciality:

Gang war. At least seven inmates were killed in a gang fight in November 2008.

The grisly aftermath of a fight between inmates from rival gangs



Up to 160 inmates are made to share a single cell

MUALA PRISON, MALAWI

Population: 2,000

Conditions: 160 men crammed into each open cell and forced to drink out of the toilet. Most have

no bedding or possessions.

Speciality: Sleep turning. Lags only move when the boss calls for a mass turnover in the night.



WARRING GANGS



A prison guard quells riotous inmates with brute force

CAMPO MOURAU, BRAZIL

Population: 1,600

Conditions: One of the most brutal prisons in the world, disputes are settled by gangs

burning their victims alive or beating them to death. Speciality: Prison riots are rife, with guards used as hostages.



Here, prisoners are forced to kneel in the guards' presence

BANG KWANG, THAILAND

Population: 7,000

Conditions: Prisoners wear leg irons and are put 30 at a time into tiny cells with one toilet.

Speciality: Executions happen at any time and can only be avoided by buying "Life Insurance" from gangsters. ➔



CRAMPED CONDITIONS

Cells here have no beds, toilets or sinks



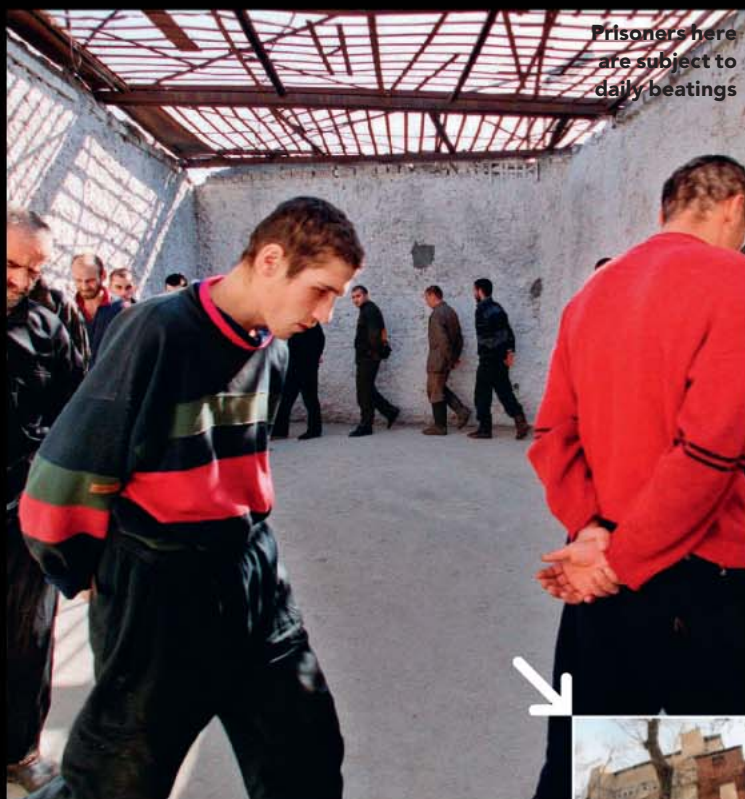
NATIONAL PRISON, HAITI

Population: Unknown

Conditions: Tiny cells with no toilet or windows, each holding 20 inmates – although 3,000

escaped when the January earthquake damaged the prison. **Speciality:** Savage beatings and starving to death are common.

Prisoners here are subject to daily beatings



BUTYRKA, MOSCOW, RUSSIA

Population: 4,000

Conditions: Damp, sweaty cells – designed to hold 20 – are often packed with 80 men, so the

convicts have to sleep in shifts. **Speciality:** Porridge served with bread. The only other food you'll see is thin soup and water.

Following a riot, inmates are searched for hidden weapons



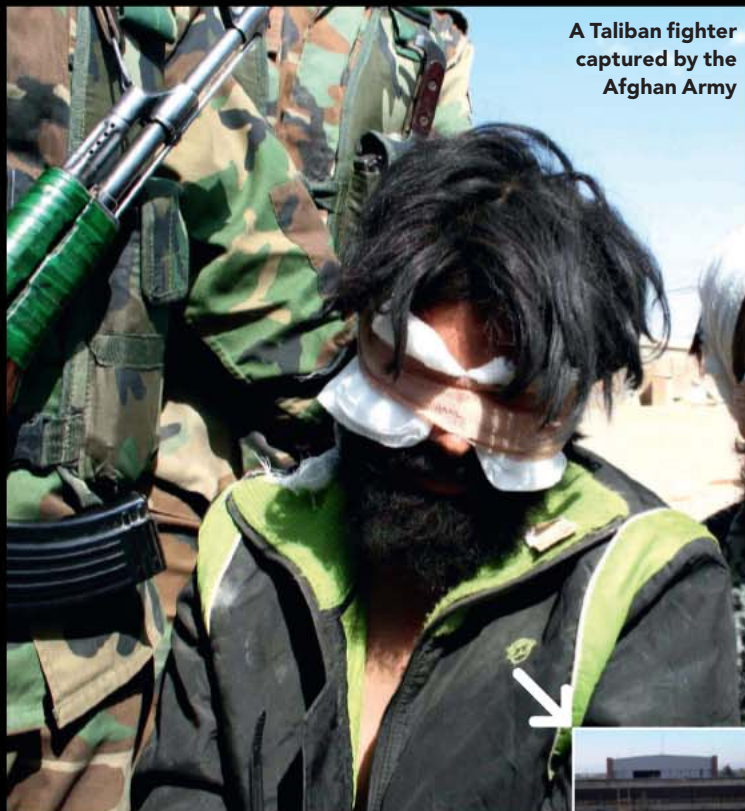
RECLUSIO SUR, MEXICO CITY

Population: 2,500

Conditions: Poor inmates sleep on a concrete floor in an open courtyard. The only option is to

work for the rich inmates and earn money to pay for food. **Speciality:** Corruption. Get cash and you can live like a king.

A Taliban fighter captured by the Afghan Army



DARK PRISON, AFGHANISTAN

Population: 600, rising to 1,100

Conditions: Inmates are hooked naked to the walls of tiny cells and bombarded by speakers

playing music 24 hours a day. **Speciality:** Secrecy. The US Army doesn't allow outsiders to view any part of the prison. ■

FROM THE CREATOR OF DAWN OF THE DEAD

THE CRAZIES



NUTS

INSANITY IS INFECTIOUS



CATCH IT IN CINEMAS FRIDAY



participant
MEDIA



THECRAZIES-MOVIE.CO.UK

15 Contains strong bloody violence and language.

momentum
PICTURES



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Nuts **EXCLUSIVE!**

Eva's big boob

We've had a big debate this week at Nuts HQ: "Is there anything better than lovely big boobs?" The answer was "No!" And if there's one thing we know, it's busty babes! Step forward the lovely Eva to present our latest line-up of large-chested lovelies... ➔

It's a busty belter of a photo shoot!

special!



H
i Eva! Where's the most embarrassing place your boobs have

popped out? That's never happened to me. I'm really careful about it! If it did, it might be a nice surprise for some men, but I've been lucky so far.

What's your most boob-popping outfit? Any time you can see my bra. I can't usually get the right size, so they're always small and my boobs spill out. It's not very comfortable, but it looks good!

Where's the worst place you can imagine your boobs popping out? The worst place? Church!

Whose boobs would you most like to see pop out in the street? Angelina Jolie. I think her boobs would be nice and round. Boobs don't always have to be massive to be nice. Sometimes I can appreciate a small pair as well.

Should men ever get their moobs out? I think that's really disgusting! Men should never let their moobs show. They shouldn't have them in the first place.

Do you think you get more attention when you wear a low-cut top? Probably. Men seem to love looking at my boobs when they're popping out. I don't wear low-cut tops often, though – I get enough attention as it is. Ha-ha!

Have you ever taken a rude picture of yourself on your phone and sent it to someone? Yes, it was a very naughty thing to do. You have to be careful to send it to the right number or else it could be embarrassing!

How would you rate your boobs out of ten? About a six, because I think they're a bit big! Which is good for popping out, but not good if I want to go running.

Only a six? Madness! Which other glamour girls do you think have nice boobs? Vikki Blows and Sophie Howard. I don't know if Vikki's and mine would go well together because I'd just look massive next to her. She's sexy, though, so never say never! ■



Eva

"Boobs don't
always have to
be massive to
be nice – I think
Angelina Jolie's
would be really
nice and round!" ➔

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Sophie Howard

"I love my big boobs because not only are they brilliant in the bedroom, they're good for getting drinks as well. They're like my two best mates!"

Kitty Lea

"My boobs have done me proud and I love their shape. I keep them soft and juicy by rubbing moisturiser on them every night – it's a good excuse for a squeeze!" →

BIG BOOB SPECIAL

Emma Glover

"I like to keep my boobs nice and soft by rubbing aftersun on them all year round. That's my secret! And chocolate sponge pudding has made my boobs grow from a 30FF to a 30G!"



Rhian Sugden

"I never get tired of having big boobs! The good thing about the cold weather lately is that it's made my boobs look nice and perky and means I've got a constant nip-on!" ➡

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Holly Peers

"Having nice boobs makes my life easier in lots of ways. My favourite thing about them is that they're very soft, very big and perfect for cuddling!"



Lindsey Strutt

"Big boobs make all your clothes look great, but I love the way mine look when I squeeze them into a tiny bikini – though my boobs don't stay covered for long when I'm on holiday anyway!" ➔

Sophie Reade

"I love my boobs because they're big, plump, a perfect place to keep a bottle of beer and lots of fun to play with – they're my best friends!"





Lucy Pinder

"Large breasts look best in a tight white T-shirt. There's something sexy about not actually seeing them bare but wearing something that clings to them!" ■

Nuts SPORT

THE PAGE THAT'S ON THE ROAD TO WEMBLEY!

MILNER!

Nuts EXCLUSIVE!

Carling Cup Final

Nuts chats to two stars ahead of the big match!

Milner: 'We'll beat United!'

Hi James! Do you think Villa are underdogs for the Carling Cup Final? We're up against a good side but when you get to any final, you know that's going to be the case. We'll just concentrate on our game and go from there. **Do you think Martin O'Neill is building something exciting?** There's a great buzz about the place. Everyone knows how good the manager is and, along with the chairman, he's taken the club forward. We're still in the fight for the top four this season, but the next step is to win a trophy. **So can you beat United?** We're there to win, not for a day out!

Villa's season tailed off towards the end of the last campaign. How can you ensure it doesn't happen again? We've added more quality and strength in depth, and there's that added motivation to avoid the same mistakes. We're all desperate to end the season on a high! **Individually, you've been getting rave reviews. Have you one eye on the World Cup?** Villa is the priority, but I hope I'll do enough to impress the England manager. He's already proved that if you're in good form, he'll consider you. **Is your versatility a strength or is there a danger Capello won't know your best position?** I think being versatile's a good thing because you learn a lot about the game. If I can show I can cover a few positions for England, great. Any advantage I have, I'll take!

"Spare change, fella?"

MIDFIELD DYNAMO!

Rooney: 'We're fine without Ronaldo!'

Hi Wazza! You're playing out of your skin at the moment. What's the secret? I'm happy with the way things are going, but it's a team effort – everyone's been brilliant. Valencia has put in the crosses and behind me, there's the likes of Fletch, Scholesy and Carrick playing well. We've all hit form at the right time.

People say you've benefited from Cristiano Ronaldo's departure. You're the main man now! I don't think that's ever been the case where Man United is about one player. The club and the team are bigger than that. If the team don't play well, neither do I – simple as that. Yeah, we've had to adapt with Cristiano gone and I'm playing more centrally but it's about all of us, not just me. **You've already scored more goals this season than you've ever done before. Have you changed much as a player?** I'm getting into the right positions in the six-yard box a lot more. Maybe I dropped deep or started out wide before, but now I've concentrated on anticipating things, getting on the end of stuff. I know I haven't scored the

easy goals over the years and I've had to learn a different way of doing things. I'm a lot more instinctive in front of goal now.

Are you in the form of your life?

Yeah, I'm more consistent and the number of goals is obviously great. I've worked hard to get where I am at the minute. I'm a bit different to what I was when I first started out – I've learned when to make runs and not to try to be everywhere on the pitch all at the same time! I knew maybe I had to take on more responsibility [with Ronaldo gone] and thankfully it's working out for me. Confidence obviously means a hell of a lot as well.

This is the business end of the season with the Carling Cup Final, massive European games and the race for the Premier League title. Do you ever feel pressure when people say your form will make or break United's campaign? I try to keep my feet on the ground. When I get stick, it doesn't affect me too much. It's the same when people say nice things. Of course, it's great to know that you're rated but I just get on with it. The main thing is that United win things. That's the way I know I'm doing a good job.

"Yeah, I'm not ginger either!"

GOAL MACHINE!

Aston Villa vs Man United

Sun 28 February, 2pm, BBC1/Sky Sports 1

ROONEY!

Final special!!

KAMMY!

ONLY IN
Nuts!



He's footy's funniest pundit – and he's only in *Nuts*!



"Can you ask Steve to ask Gary to ask Fred to ask Pete to give my phone back?"

Our top stars need to behave better!

It's never nice to see footballers making fools of themselves, but the last few weeks have been especially bad for the stars of the Premier League.

We know young lads will do daft things, and professional footballers are no exception, but they're held in such high regard these days that they really can't afford to let their guard down for a second. That means never leaving their mobile phone lying

"Footballers can't afford to let their guard down"

around! Whether or not Ashley Cole really did give his phone with photos on to a friend, we'll probably never know, but other players should look at what happened and learn from it.

Footballers should remember that to the man on the street, the World Cup means everything, and to have a campaign ruined by a scandal just isn't on. Players know that the newspapers are constantly sniffing about for a story, and it's just stupidity to give them fuel for the fire.

The great Bobby Moore was arrested for stealing jewellery just before his England side headed to the 1970 World Cup

in Mexico (he was later cleared). And even though the media's interest in the country's top players back then was nothing compared to the frenzy it is now, he was still on the front of every paper.

Sadly, 40 years on, it seems the stars of today haven't taken heed. They need to – and fast – if we're going to see the cup brought back to England.



IT'S CLAY KAMMY!

Hi Kammy! My girlfriend and I love reading your brilliant column in *Nuts*, so I made this model of you. I hope you like it – it took me long enough!

Bryn Lenaghan, Peterlee

Unbelievable! I've honestly not seen anything like this before, Bryn. It's a work of genius, and me and the rest of the lads at *Nuts* salute you!



KAMMY'S TOP TIP!

After Man United's 3-2 defeat of AC Milan, I'm tipping Fergie's boys to win the Champions League. They have the experience and quality to go all the way.



CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!



1 ASTON VILLA VS MAN UTD
28 FEB, 3PM, SKY SPORTS 1

Martin O'Neill's Carling Cup record is great and his Villa side will give United a real game in the final. I predict penalties.
KAMMY SAYS: 1-1



2 CHELSEA VS MAN CITY
27 FEB, 12.45PM, SKY SP 1

City have been stuttering again, so I see Chelsea winning this one, with Nicolas Anelka getting on the score sheet.
KAMMY SAYS: 2-0



3 STOKE VS ARSENAL
27 FEB, 5.30PM, ESPN

There aren't many harder places to get a win than the Britannia Stadium, so I think the points will be shared here.
KAMMY SAYS: 1-1

KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

WONDER WAYNE!

Remember Gazza-mania? Well, stand by for Wazza-mania! For me, Rooney is now the world's best player and he'll take South Africa by storm.



UNBELIEVABLY BAD!



LET RON ROAM!

Ronaldinho's display for AC Milan against Man United proved he's on his way back to his best. But Milan boss Leonardo is shackling him with his tactics.

Goldenballs is a big worry

I was expecting big things from David Beckham (right) in his emotional game for AC Milan against Man United in the Champions League, but I was left disappointed. I'm a fan of Becks but he looked pedestrian, and surely the only way he'll be used in the World Cup is as a sub if England are in trouble.

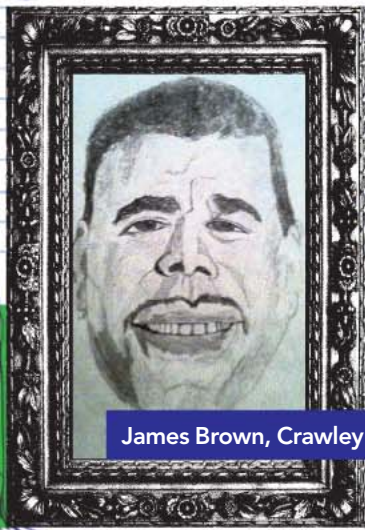
Perhaps he was fazed by the hype surrounding his reunion with Sir Alex Ferguson but to be honest, it just looked as if he'd run out of puff. Worrying with South Africa just a few months away.



The one-legged player was surprisingly good

DRAW KAMMY!

Hi Kammy! I've always been a huge fan of your work on TV and in *Nuts*, so I thought I'd draw your face in the hope of bagging myself a *Nuts* T-shirt.



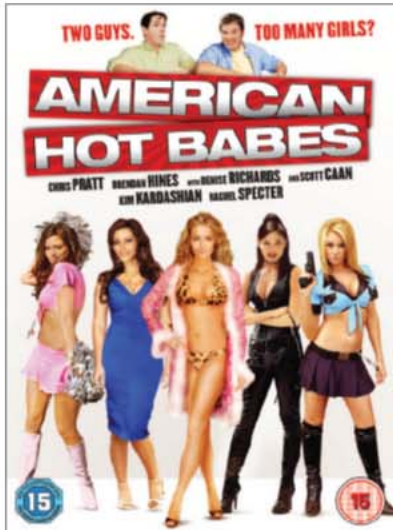
James Brown, Crawley

Kammy needs you!

Send anything you think might make the *Nuts* pundit laugh to kammy@ipcmedia.com and you could win a *Nuts* T-shirt! Now, that's unbelievable!



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A fantasy comedy concerning two friends who enter a mysterious video booth and find themselves suddenly transported to an alternate dimension in which the entire world has taken on the traits of an adult film

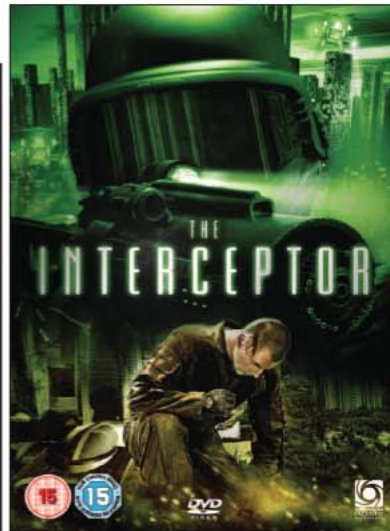


£9.99

out now

What starts out as a fun-filled evening at the high school prom quickly descends into a nightmarish fight for survival when a brand of bottled water becomes infected with a devastating flesh-eating virus

Cabin Fever/Cabin Fever 2 double pack also available



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Matvey is a secret forces agent who must save the world from the forces of darkness in a brand new high octane action extravaganza from the makers of Nightwatch and Daywatch

also available on



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out now

From Rob Zombie, the Director of Halloween 1 and 2. A non-stop, ultra-violent musical sex comedy bursting with depraved superheroes, heaps of nudity, gore, profanity and a horde of Nazi zombie bikers!

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hmv get closer

FOOTBALLERS' CARS!

It's what they do with their spare change!

**NEW TO
Nuts!**

THIS WEEK...

Nicolas Anelka's Ferrari Superamerica!

Jet-heeled Frenchman decides to sulk in style!

Let's face it, you wouldn't expect Chelsea and France striker Nicolas Anelka to drive a rubbish car! So here he is in a limited-edition Ferrari Superamerica, which would have set him back, ooh, at least two weeks' wages. Luckily, we're not in any way jealous of someone who plays for Chelsea, drives a Ferrari and can do like a million keepy-ups... who do we think we're kidding? Curse you, Nic!

THE STATS!

- 0-60: 4.25 seconds
- Top Speed: 199mph
- Max Power: 548bhp
- 5.7-litre V12 engine – Ferrari say it's the world's fastest convertible, we believe them!
- Only 559 ever made, so don't expect to see any down your local second-hand chop shop!

£210,000



0-60 IN 4.25 SECS!

"Do you think that tiny metal horse we hit is OK?"

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

BOUNCY!

**ONLY IN
Nuts!**

"Sorry, lads,
I'm going back
to ballet!"

HE'S SUAVE!

"I'm making a
pass at Wayne.
I mean to Wayne!"

"Meet Nudey,
the invisible
sock puppet!"

HANDY!

SILKY!

Roo's tiny suit!
"I am arresting you for
crimes against fashion"

FREAKY!

SMELL MY PIT!

"I'm training to
be a Premier
League referee!"

FOXY FAN!

"Uh-oh, Ashley's
spotted her!"

"Ooh, Right
Guard! Lovely!"

MAN-LOVE CORNER!



'QUOTE ME ON THAT!'

The week's silliest sport-based spoutings!

**ONLY IN
Nuts!**



"What people don't realise is that I love football. People just see the hair, the teeth, the tan, the big house, the car, the model wife, the Dolce & Gabbana clothes and the houses all over the world"

Shall we punch Robbie Savage or will you?

"Physically, Van Persie can carry the knocks - but now he's out injured for months"

Sky Sports' Paul Walsh contradicts himself.



"Don't tell Harry but my mum still fancies David Ginola"

Sky Sports' Jamie Redknapp stirs it up.



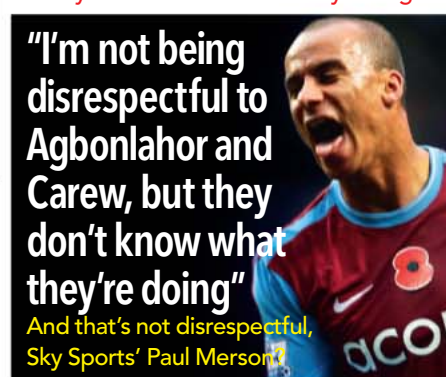
"All that speculation is hindsight. It's all in the future"

Kammy gets the past and the future mixed up.



"It's geeky but appearing on Countdown was a lifelong dream"

Burnley's Clarke Carlisle has very strange ambitions.



"I'm not being disrespectful to Agbonlahor and Carew, but they don't know what they're doing"

And that's not disrespectful, Sky Sports' Paul Merson?

"I don't use the Madonna earpiece any more. I have a Maradona plugged in round the back"

Sounds rude, Phil Brown.

"Stoke City are the best team in the world"

Roberto Martinez gets a bit carried away.



"Got 20p for a cup of tea?"

"Chelsea look to thread the ball through the anti-space"

Sky Sports' Phil Thompson has been watching too much Doctor Who.



He couldn't get the hang of yawning

"When I was with Ron Atkinson, I had to train for a week without any balls"

Ouch, Gordon Strachan!

'OO-ER SOUNDS A BIT RUDE' CORNER!

"Europeans just have to feel you and they go down"

So that's why Graeme Souness can't wait to go on holiday.



"I've a tendency to slide in the back door"

Boro's Stephen McManus on his filthy habits.



"I'm like a boy with his toy in his hands, enjoying himself"

A mental picture we'd rather forget, Michael Schumacher.



NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com



CHANT OF THE WEEK

"They're here,
they're there,
they're every-
f**kin'-where
– empty seats!"

Stoke supporters
to Wigan
fans at
the DW
Stadium.



SPORT

ALIKES!



Send your sporting lookalikes to tim_bradley@ipcmedia.com



**Work Rest Play
FOR ENGLAND**

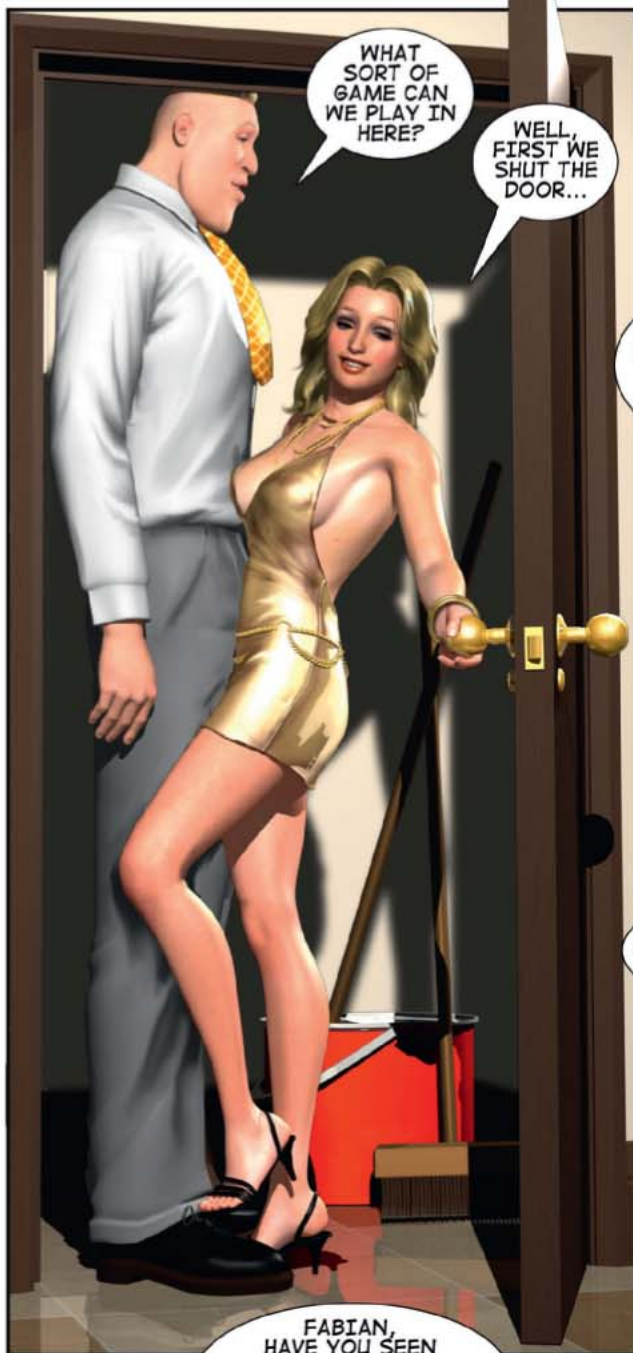
ALL NEW
STORIES!

Striker

By PETE NASH and SIMON RAVENHILL

striker3d.net

NEW TO
Nuts!



WHAT
SORT OF
GAME CAN
WE PLAY IN
HERE?

WELL,
FIRST WE
SHUT THE
DOOR...

OH,
I GEDDIT
- BLIND
MAN'S
BUFF

THIS
VARIATION'S
CALLED BLIND
MAN IN THE
BUFF

I'LL
EASILY
BE ABLE
TO CATCH
YOU IN
HERE

I'M
COUNTING
ON IT, BIG
BOY

THE
THING IS,
SHEIKH, ERIC'S
AN INTEGRAL
PART OF THE
WARRIORS

BUT
I HAVE A TEAM OF
EXECUTIVES WHO WILL
RUN THE CLUB FOR ME! ALL
YOU HAVE TO WORRY ABOUT IS
SIGNING THE BEST PLAYERS IN
THE WORLD SO WE CAN WIN
THE PREMIER LEAGUE
THIS SEASON!

THIS
SEASON?
THE TRANSFER
WINDOW'S CLOSED
- WE CAN'T
SIGN ANYONE
UNTIL THE
SUMMER!



TELL
ME YOU ARE
JOKING!

YOU DO
KNOW WE'VE ALSO HAD 20
POINTS DEDUCTED FOR GOING
INTO ADMINISTRATION AND
FAILING TO FULFIL
FIXTURES?

ALLAH BE
MERCIFUL!



FABIAN,
HAVE YOU SEEN
SCRAPPER? I TOLD HIM
I'D PICK HIM UP AT ONE
AND I CAN'T FIND HIM
ANYWHERE!



EET
IS JUST A WILD
GUESS BUT HAVE YOU
TRIED ZE BROOM
CLIPBOARD?

THE
BROOM
CLIPBOARD?



CONTINUED NEXT WEEK

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!

BEDROOM BABE!

Charlotte 22, Basingstoke, presenter
"My sexiest outfit is definitely my secretary outfit. It's a red bra underneath an unbuttoned white shirt, with stockings, suspenders and some sexy high heels!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



**"A night to remember will
involve melted chocolate
and me in sexy underwear!"**

**TURN TO VOTE FOR OUR
NEXT BEDROOM BABE!**

Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!



Deal or No Deal top tips!

Deal or No Deal is just a game enjoyed by those who believe in a "system", right? Well, the popular TV game show might be, but the multi-line slot most certainly isn't!

For as little as 5p a go, you can win big – and if you're willing to gamble 20p a turn, you could win a progressive jackpot – in fact, one recent winner walked off with £1.4m! Ronaldo works a whole month to earn that much!

And best of all? You can win big money in the comfort of your own home! Come on, lads, what are you waiting for?

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also

two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Bet max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal!*

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"

PLAY ONLINE FOR YOUR CHANCE TO WIN CASH!



GET UP TO **£100 FREE PLAY*** ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE **NUTSA8**

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gambleaware.co.uk

jackpotjoy.com

BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**

Clare

21, London, retail supervisor

"The wildest place I've done rude things was on the M1 – a bit dangerous but fun!"

Amy

23, St Helens, co-ordinator

"To impress me, all a guy needs to do is buy me a drink – men never bother any more!"

Jenna

22, East Kilbride, importer

"For the perfect date, I'd love a day at the beach followed by a night of wild clubbing!"

Emily

21, Nottingham, sales advisor

"A night to remember with me will involve a sexy lap dance and chocolate body paint!"

Vote now to see more of your favourite girl!

The winner gets her own **Bedroom Babes** shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

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PPA CONSUMER MEDIA BRAND OF THE YEAR 2009

Nuts

4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU Tel: 020 3148 5000 Fax: 020 3148 8107

Email us at: nutsmagazine@ipcmedia.com Website: www.nuts.co.uk

Editor Dominic Smith

Deputy Editor Nick Solding 020 3148 6941 **PA/Office Manager** 020 3148 6948

Editor-At-Large Pete Cashmore 020 3148 6940 **Associate Editor - Entertainment** Sam Riley 020 3148 6921 **Associate Editor - News** Rory Buckeridge 020 3148 6917

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Thanks to: Tim Bradley (Acting Sports Editor); Rich Jenkins, Rich Pelley, Nick Trott, Graham Wray, Frank Tennyson, Kevin Palmer, George Wales, Jimi Famurewa, Phil Boucher (words); Matt Ward (design); Ellis O'Brien (photography); Jon Buckley (marketing); Tony Bullman (repro); Nick Watkins, Laurie Fitzgerald (work experience)

For work experience enquiries, please contact dan_brightmore@ipcmedia.com

ADVERTISING & PRODUCTION

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A Time Warner company. Repro by Wyndeham Prepress. Printed by Polestar. Distributed by Marketforce.

SUBSCRIPTION RATES One year (51 issues) including P&P: PRIORITY (Air Mail) UK £86.70; Europe £145; USA \$243; Rest of World £148. Subscription enquiries +44 (0)845 676 7778 (Mon-Fri 8am-9pm UK time), Fax +44 (0)1444 445599, ipcsubs@quadrantsubs.com or NUTSsubscriptions@POBox272HaywardsHeathWestSussexRH163FSEngland



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BACK ISSUES For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

10 RUDE QUESTIONS!

And a Real Girl to answer them...

THIS WEEK:

Sienna

22, Northampton

1 Where's the craziest place you've had sex? "A barn, after a party in a field. I've no idea how we ended up there, but I'd definitely do it again!"

2 Have you ever made a sex tape? "I've never made an actual film or recorded myself. I haven't got anything against it, I just haven't got around to it yet."

3 What really turns you on? "I'm quite a romantic, so I like a guy to set the mood in the bedroom – candles, soft lighting, a bit of a massage and we can go on from there!"

4 Do you like to be dominated in the bedroom or do you prefer to be in control? "I like being in control. How do I keep in charge? By going on top – that way I call all the shots."

5 If you could ask a man to perform any sex act for you what would you want him to do? "Oral sex – I love it! I'd want him to start off slow and then get faster and faster until I was really excited!"

6 What one rude thing do you think every girl should try at least once? "Definitely anal! I've done it and it wasn't really my cup of tea, but everyone should try it."

7 Ever got it on with another girl? "I've had a kiss but no more, it was just a friend of mine and I was really drunk! I wouldn't go any further – I like blokes too much."

8 What's your role-playing costume of choice? "A sexy dominatrix. I'd have long boots on, a little thong and matching bra, and some kinky gloves. I'd have really dark make-up and sweep my hair up and let him have it!"

9 What's your trademark move in the bedroom? "Oral sex, without a doubt. I like to start really slowly as a bit of a tease, then get faster and faster until he can't take any more."

10 Apart from your mouth where's your favourite place to be kissed? "On my boobs. They're 32DD and really sensitive, so I love it. I haven't had any complaints when I've asked!"

REAL GIRLS, REAL PLACES!

**ONLY IN
Nuts!**

THIS WEEK:

Name: Sarah
Age: 21
Likes: "Funny boys."
Boobs: 32C
Ever kissed a girl? "Yes, but I'm not sure why."
Strangest place you've had sex? "On a pedalo!"
Sex tip: "Throw me on the bed and have your wicked way with me!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

Sarah's foxy tour of Finchley!

A London lovely invites us in!

HELLO!

Sarah on... her home!

"We're in Finchley in North London. It's nice around here but there's not much to do, so if I want a party, I usually head into central London. I like the glitz and the glamour!"

Sarah on... dressing up!

"Dressing up in the bedroom is fun. I've got lots of sexy underwear, and I've dressed up as a policewoman and a maid. It's fun to see the reaction of whoever's waiting in the bed!"

Sarah on... internet fun!

"I'm always on my laptop socialising with my friends on Facebook, and I buy lots of underwear on eBay, too. No, not second-hand underwear. Yuck! There are lots of nice shops on eBay, too!"

Sarah on... getting ready!

"It can take up to three hours to get ready! I have to do my hair, my make-up and choose what I'm wearing – that takes the longest. I usually change my mind three or four times!"



A woman with long dark hair is crouching in a kitchen, looking into an open front-loading washing machine. She is wearing a blue and white patterned bikini bottom. Various items of clothing are scattered on the floor around the machine.

Sarah on... her undies!

"I spend lots on underwear – I couldn't count how many sets. I like bright colours and I always match. I feel sexy thinking, 'I bet you wish you could see what I've got on under this!'"

A woman is lying in a white bathtub filled with soapy water and bubbles. She is looking towards the camera with a slight smile.

Sarah on... a relaxing bath!

"I love baths. I don't like showers – they're boring. I like a bath with loads of candles, bubbles and nice aromas. But there's no room for anyone else. Baths are my alone time."

A woman is lying on her side on a bed with a blue patterned duvet. She is wearing a light blue lace-trimmed bikini top and a black skirt. She is looking back over her shoulder at the camera.

"I love dressing up in the bedroom!"

A woman is standing and posing for the camera. She is wearing a black bikini bottom and has her arms crossed over her chest.

Sarah on... her boobs!

"I'm a 32C, so my boobs are quite small – but they're in proportion. I wouldn't want them any bigger. When I go out, I get more compliments on my bum. I'm told it's peachy!"

Sarah on... sleeping in!

"I like a lie-in in the morning. I hate waking up so I can be a bit of a grump first thing. I'm a good cuddler in bed though, so that makes up for it."

SHOCKWAVES

NME

**AWARDS
BOXSET**

FREE
WITH THIS WEEK'S **NME**

16

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LADIES CONFESS! TO OUR SECRETARY!

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STORIES!**

As goal celebrations went, it was a bit lame

IT'S LOU!



CONFESSION OF THE WEEK!

'Her fingers traced my breasts'

I recently got a job at a TV company, where the boss was a sexy but uptight woman. One night, we were working late, alone. We got chatting and she opened up, mentioning how much she liked girls. She got up and locked the door, then came over to me and traced her fingers round my breasts through my blouse. I was shocked but responded by kissing her. It felt fantastic! It wasn't long before we were both naked, touching and licking each other all over. It was my first time with a woman but it won't be the last!

Nikki, via e-mail

'We got it on in the hotel lift'

My boyfriend recently took me to New York for a weekend break and we stayed in a lovely hotel. Our room was on the top floor so we had to use the hotel's old-fashioned lift – it reminded me of

the one in *Pretty Woman*, which put lots of rude thoughts in my head! One afternoon, as we were travelling to our floor, I came over all horny. So I stopped the lift and gave my boyfriend a cheeky look as I sank to my knees. I unzipped him and gave him the best oral sex ever – praying there wasn't

a camera watching us! I begged him to enter me but he was too nervous to do it in the lift, so we raced back to our room and spent the rest of the day there!

Helen, by email

'He whipped off his shorts'

Over the New Year, I went on holiday to Antigua with my fella. It was lovely soaking up the rays and getting hot by the pool. One afternoon, we were at the private pool, drinking at the bar. Nobody was about so we had a few cocktails with the bar staff. As we sat at the edge of the pool, he started touching me under the water, which really turned me on. I wanted him right there and then, so I led him out a little to a quiet part of the pool and slipped my top off. He looked shocked for a moment, but then whipped off his shorts and threw them on the side. I could see straightaway that he was really turned on and asked him to show me how much. We kissed passionately – he has big lips and his tongue moved fast and hard. I could feel his hands over my breasts and bum while I worked his stiffy with my hand under the water. Before I knew it, he had me pinned to the side of the pool and we were going for it slowly and steadily. We rocked each other to loud orgasms as the water splashed over the side of the pool. We went to bed giggling and the next day, I couldn't help laughing round the pool!

Julie, Torquay

'He entered me in the Jacuzzi'

The naughtiest thing I've ever done was with an ex-boyfriend. We used to love having sex anywhere and everywhere, so you can imagine what we used to get up to and how many times we were nearly caught! We used to meet in a local gym once a week for a steam in the spa – and to tease each other with our hands in the Jacuzzi while the bubbles were on. This would wind us both up every time – it always gave him a massive hard-on and made me even wetter! One day, while we were having a bit of a play in the Jacuzzi, we got totally carried away. He pulled my bikini bottoms to one side and slid his rock-hard boner into me. There were loads of people around the place, coming in and out of the changing rooms, which only made it even more exciting! We had to hurry it up because the bubbles always switch off after five minutes, but it felt absolutely amazing. He held my hips while he thrust into me and he soon climaxed really hard with people just a few metres away. It was our sexiest experience ever and one we repeated several times!

Michelle, Lancashire

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p72. The best one each week* wins £50! Come on, girls!

Nuts REVIEWS

GAMES!



Heavy Rain creator David Cage wrote and directed Omikron: The Nomad Soul and Fahrenheit

HEAVY RAIN PS3



Ground-breaking PS3 exclusive that's part game, part interactive movie, part head-scratching weird. You play a group

of characters trying to catch notorious criminal the Origami Killer by solving riddles. Beware, though – if one of your characters kicks the bucket, they don't come back. Involves nudity. And, er, teeth-cleaning. ★★★★★



FIFA 10 ULTIMATE TEAM XBOX LIVE ARCADE, PLAYSTATION NETWORK



Bite-size footy download that sees you creating a "dream team" from a choice of 7,500 players worldwide, then taking part in online tournaments against other players. ★★★★★



SONIC & SEGA ALL-STARS RACING ALL FORMATS



Mario Kart-alike starring faces from the Sonic stable. Expect wacky vehicles, weapons and power-ups galore! ★★★

DVDS/BLU-RAY!



Megan Fox is a keen surfer and once had a run-in with a great white shark. Gulp!

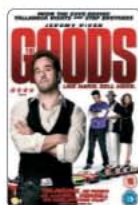
JENNIFER'S BODY CERT 15 DVD & BLU-RAY



Gorgeous Megan Fox (above) plays a high-school cheerleader in this blood-splattered horror comedy. After she's involved

in a botched exorcism, she becomes a man-eater – literally! – and devours a different bloke at her school every month. But the most compelling reason to watch is Ms Fox stripping off and getting into a girl-on-girl smooch! ★★★★★

THE GOODS CERT 15 DVD



Entourage star Jeremy Piven plays a scheming car salesman in this ace comedy from the makers of Talladega Nights. ★★★★★

SONS OF ANARCHY: SEASON 1 CERT 15 DVD & BLU-RAY



Hellboy bloke Ron Perlman tops the bill in this gritty US drama about a biker gang keeping the peace in a small US town. ★★★★★

9 CERT 12 DVD & BLU-RAY

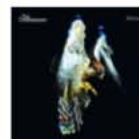


Cool animation following a band of rag-doll survivors as they battle an army of killer robots on a post-apocalyptic scrapheap. ★★

MUSIC!



THE COURTEENERS FALCON



The other Manc guitar band with a singer called Liam fill the Gallagher brothers' Cuban boots with a second album full of no-nonsense bloke-rock. ★★★★★

ENTER SHIKARI TRIBALISM



One for Shikari completists (if such people exist), this mini-album consists of early tracks, B-sides and stuff like that. One to irritate the parents with. ★★

The best stuff to do this week!

Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



The Crazies director, Breck Eisner, is remaking *Flash Gordon*, with Sam Worthington set to star

THE CRAZIES

CERT 15

Remake of a classic '70s shocker in which an entire US town goes mad, leaving the sheriff to keep his head while all around him are

losing theirs, sometimes literally. Bonkers rednecks killing people with bone saws and pitchforks – what's not to love? ★★★★★



FROM PARIS WITH LOVE

CERT 15

John Travolta (above) kicks ass as a CIA hitman out to stop a terrorist attack in Paris. Check out Polish hottie Kasia Smutniak, too! ★★★★★



MICMACS

CERT 12A

A movie-store geek gets even with a bunch of evil arms-trade crooks in this cool, if slightly odd, French slapstick comedy thriller. ★★★

“AN ALL-ACTION ADRENALINE PUMPING THRILL-RIDE” ★★★★★
SPORTS ILLUSTRATED

DEAD MAN RUNNING

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ROSS JONES

TAMER HASSAN
DANNY DYER
BRENDA BLETHYN
 AND CURTIS “50 CENT” JACKSON

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Nuts TV

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6am

7pm

1am

BBC ONE

6.00am Breakfast 9.15 Animal 24:7
10.00 Homes Under the Hammer 11.00
To Buy or Not to Buy (R) 11.30 Cash in the
Attic (R) 12.15pm Bargain Hunt (R) 1.00
BBC News, Weather 1.30 Regional News,
Weather 1.45 Doctors 2.15 Murder,
She Wrote (R) 3.00 BBC News, Weather,
Regional News 3.05 CBeebies 3.25 CBBC
5.15 Weakest Link: *Against the clock*
quiz. (R) 6.00 BBC News, Weather 6.30
Regional News Programmes, Weather

7.00 The One Show
Live topical show.

7.30 MasterChef
Amateur chefs jiggle pans, as ever.

7.55 Six Nations
Rugby Union
LIVE Top-notch egg chucking
between Wales and France
at the Millennium Stadium, kick-off 8pm.

10.00 BBC News, Weather

10.35 Friday Night
with Jonathan Ross
Wossy chats to *Charlie And The Chocolate*
Factory director Tim Burton, and wrong-
faced musician Andrew Lloyd Webber.

11.35 The National
Lottery EuroMillions Draw
Presented by Kelle Bryan.

11.45 Seraphim Falls
FILM Western starring Pierce
Brosnan and Liam Neeson.

1.35am Lark Rise to Candleford (R)
2.35 Conspiracy Files: The Search for Bin
Laden (R) 3.35 Having a Baby to Save My
Child (R) 4.25-6.00am BBC News

BBC TWO

6.00am CBeebies 7.00 CBBC 8.30
CBeebies 11.00 Animal Park: Wild on the
West Coast (R) 12.00noon Daily Politics
12.30pm Working Lunch 1.00 Living in
the Sun (R) 1.45 **SPORT** Winter Olympics:
Events include figure skating, freestyle
skiing, ice hockey and curling. 3.45 Flog
It! 4.30 Cash in the Celebrity Attic 5.15
Instant Restaurant 6.00 Eggheads
6.30 Priceless Antiques Roadshow

7.00 Winter Olympics
LIVE More frosty fun as Hazel
Irvine introduces coverage
of the women's curling third-place play-off
at the Vancouver Olympic Centre.

8.00 Mastermind
Quick-fire questions on dull subjects.

8.30 Wainwright Walks
England's highest peak, Scafell Pike. And
some people actually walk that? Mad. (R)

9.00 Mastercrafts
Three people learn how to make nails and
chisels. Have they not heard of B&Q?

10.00 The Bubble
News-related fun with guests Ed Byrne
and Jon Richardson.

10.30 Newsnight

11.00 The Review Show

11.45-5.00am
Winter Olympics
LIVE The men's ice hockey semi-
finals, women's curling final
and short track speed skating.

itv 1

5.30am ITV News 6.00 GMTV 9.25 The
Jeremy Kyle Show 10.30 This Morning
12.30pm Loose Women 1.30 ITV News
1.55 Regional News, Weather 2.00 May
the Best House Win 3.00 Dickinson's
Real Deal (R) 4.00 Midsomer Murders (R)
5.00 The Alan Titchmarsh Show 6.00
Regional News, Weather 6.30 ITV News

7.00 Emmerdale
Nikhil is horrified to learn about the
robbery. This is what you get when you
use sheep to guard your property.

7.30 Coronation Street
More Manc-set misery.

8.00 Dancing on Ice Friday
Ice rink-based rubbish.

8.30 Coronation Street
Gail is baffled when she can't find the
mobile phone. We're just baffled you
bothered to read this far.

9.00 Michael
Winner's Dining Stars
NEW The restaurant critic searches
for ace home-cooked grub.

10.00 ITV News, Weather

10.35 Death Wish
FILM A family man goes potty after
his wife is murdered.

12.25am 40 Days
and 40 Nights
FILM Comedy with Josh Hartnett
and Shannyn Sossamon.

2.00 Nightwatch with Steve Scott: Crime
(R) 2.55-5.30am ITV Nightscreen

TV PICK OF THE WEEK!

SUNDAY!

Carling Cup Final

BBC1 and Sky Sports 1, From 2pm

Who'll take home the first silverware of the season?
Nuts catches up with Rooney and Milner on page 56.

REGIONAL
VARIATIONS

BBC1 NORTHERN IRELAND: 10.35pm Great Unanswered
Questions 11.05 The National Lottery EuroMillions Draw 11.15
Friday Night with Jonathan Ross 12.15am BBC News 12.35
Sign Zone: Horizon: What Makes a Genius? **BBC1 WALES:**
7.30pm **LIVE** Six Nations Rugby Union: Wales vs France, kick-
off 8pm. **BBC2 WALES:** 6.55pm **SPORT** Sport Wales Six Nations
Special 7.30 MasterChef **STV:** 8.00pm Money to Burn:
Tonight 9.00 **NEW** Amanda Holden's Fantasy Lives 10.35 **FILM**
Out for Justice: *Martial arts thriller starring Steven Seagal.*
12.15am Roulette Nation 1.00 **FILM** Igby Goes Down:

TODAY'S SPORT

sky SPORTS 1

6.00am **LIVE** Golf: The second day of the
Women's Champions from Singapore.
7.30 Premier League World 8.00 ATP
Tour Uncovered 8.30 Transworld Sport
9.30 Premier League World
10.00 **LIVE** Tennis
12.00noon ATP Tour Uncovered
12.30pm Premier League World 1.00
The Rugby Club 2.00 Premier League
World 2.30 ATP Tour Uncovered
3.00 **LIVE** Tennis
5.00 FIFA Futbol Mundial
5.30 World Sport
6.00 Premier League World
6.30 Football League Weekend
7.30 Premier League Preview
8.00 **LIVE** Boxing
11.00 Football League Weekend
12.00m't Premier League Preview
12.30am Rugby League 1.30 Boxing
4.30-6.00am **LIVE** Golf

sky SPORTS 2

6.00am Good Morning Sports Fans
9.00 Show Jumping
10.00 Golf
1.00pm Rugby League: Action from
the recent match between Leigh
Centurions and Barrow Raiders.
3.00 Transworld Sport
4.00 The Rugby Club: A round-up of the
latest domestic rugby union action. (HD)
5.00 NFL: Total Access: Round-up of all
the latest American football news.
6.00 Golf: Highlights of the second day of
the Women's Champions in Singapore.
9.00 **LIVE** Golf: The second day's play of
the Phoenix Open in Arizona. (HD)
1.00am Golf: The second day of the
Women's Champions from Singapore.
4.00 Football League Weekend: Preview
of the weekend's big games.
5.00 Premier League Preview
5.30-6.00am Snow Ride

ON DIGITAL, SATELITE

FILM4 (315)

6.45pm Time Bandits: *Fantasy adventure*
starring John Cleese. 9.00 Top Gun: *Aerial*
action drama starring Tom Cruise. 11.10
Porky's: *Comedy with Dan Monahan.*
1.05am Amelie: *French romantic drama.*
3.25-3.35am The Lovely Bones Special

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs
9.00 South Park 11.00 Grouchy Young
Men 11.30 Jeff Dunham: Spark of
Insanity 1.15am **FILM** Weird Science
3.15 Bill Hicks - One Night Stand 3.50
The Office: An American Workplace 4.15

ESPN

7.00pm Goal! 7.30
LIVE German
Football 9.30 Total
Italian Football 10.00 UFC 11.30 NBA
Action 12.00m't **LIVE** Basketball 2.30am
UFC Unleashed 3.30 Italian Football 4.00
Cricket World 4.30-5.00am NBA Action



6.00am The Treacle People (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.25** Everybody Loves Raymond (R) **8.20** Frasier (R) **8.50** Will & Grace (R) **9.20** According to Jim **9.50** Deal or No Deal (R) **10.35** Coach Trip (R) **11.05** Without a Trace (R) **12.00noon** Channel 4 News Summary **12.05pm** The Home Show (R) **1.00** **FILM** Murder Most Foul: Murder mystery: **2.55** Glamour Puds (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** Jamie at Home (R) **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News
7.35 **The Other Michael Jackson**
A chart battle between a Yorkshire songwriter and the Jackson Five in 1978.

8.00 **A Place in the Sun: Home or Away**
A bloke gets treatment for piles. Great prime-time telly, Channel 4. Thanks!

10.00 **Chris Moyles' Quiz Night**
NEW This is more like it – the Radio 1 DJ returns with the topical entertainment show, with guests David Walliams and Peter Andre.

10.55 **8 Out of 10 Cats** (R)
11.25 **NME Awards 2010**
MUST-SEE Coverage of the top ceremony.

12.55am **Comedy Showcase: The Increasingly Poor Decisions of Todd Margaret**
One-off comedy laughs. (R)

1.25 Daredevils **2.20** Dead Zone **3.10** War at Home **3.30** Wild Gourmets **3.55** The Kitchen Pharmacy **4.10** St Elsewhere **5.00** Countdown **5.45-6.15am** Yo Gabba

Comedy drama. 2.40-5.30am ITV Nightscreen **ULSTER:** **10.30pm** UTV Live **10.40** Piers Morgan On **11.40** Brain Box **S4C:** As C4 except: **5.30pm** **SPORT** Y Clwb Rygbi **7.20** Darllediad Gwleidyddol **7.25** Newyddion a'r Tywydd **7.40** **LIVE** Y Clwb Rygbi Rhyngwladol: Pencampwriaeth y Chwe Gwlad 2010:



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** Getting on the Property Ladder (R) **12.35pm** Five News **12.45** RSPCA: On the Frontline (R) **1.15** Lights, Camera, Animals (R) **1.45** Neighbours **2.15** Home and Away **2.50** Property List: Top Spots (R) **3.05** **FILM** Dancing at the Harvest Moon: Romantic drama starring Jacqueline Bisset and Eric Mabius. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 **Building the Ultimate**
The history of the artillery gun. (R)
8.00 **Highland Emergency**
NEW "Help, we're stuck! Is there anyone down there?" etc.

9.00 **The Mentalist**
A state senator's aide is found murdered, but luckily, smug observation expert Patrick Jane's on hand to solve it.

10.00 **Law & Order: Criminal Intent**
Goren and Eames investigate the murder of a computer company employee. (R)

11.00 **Law & Order: Special Victims Unit**
Novak targets a judge. (R)

12.00m't **SuperCasino**
If you've just come in from the pub, do not – repeat – do not convince yourself playing this will be a really good idea.

4.00am **SPORT** Motorsport Mundial **4.25** Wildlife SOS (R) **4.50** Animal Rescue Squad (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

Wales vs France, kick-off 8pm. 10.30 Jonathan **11.35** Party Political Broadcast **11.40** **NEW** Chris Moyles' Quiz Night **12.30am** **FILM** Elektra **2.20-4.15am** This Week's 4Music Top 20



6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Road Wars (R) **10.00** Lion Man (R) **10.30** Lion Man (R) **11.00** Don't Forget the Lyrics (R) (HD) **12.00noon** The Biggest Loser: Australia (R) **1.00pm** Bones (R)(HD) **2.00** Angela and Friends (HD) **3.30** UK Border Force (R)(HD) **4.30** Lion Man (R) **5.00** **SPORT** WWE Superstars **6.00** Are You Smarter Than Your 10 Year Old? (HD)

7.00 **The Simpsons**
Some Norwegian immigrants look for work in Springfield. (R)(HD)

7.30 **The Simpsons**
Guest starring Kiefer Sutherland. (R)

8.00 **Michael Jackson's Private Home Movies**
The pop star's video collection. (R)

8.30 **Michael Jackson's Private Home Movies**
More of the above. (R)

9.00 **Lost**
Confusing drama. (HD)

10.00 **Pineapple Dance Studios**
The competitive world of dancing. (R)(HD)

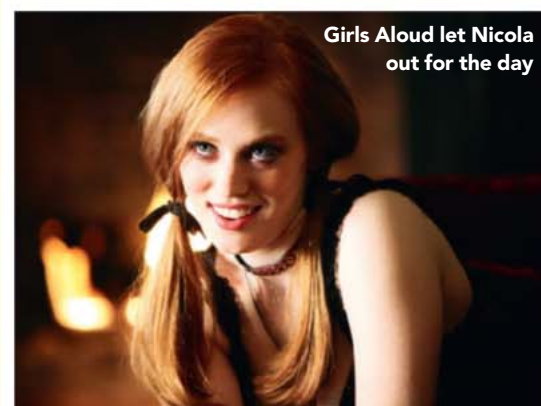
11.00 **Modern Family**
Guest starring Edward Norton and Elizabeth Banks. (R)(HD)

11.30 **Road Wars**
Dan and Daz tackle drug dealers. (R)(HD)

12.30am **Road Wars** (R)(HD)

1.30 Ross Kemp on Gangs **2.30** Don't Forget the Lyrics US **3.30** Are You Smarter Than a 10 Year Old? **4.20** Battlestar Galactica **5.10-6.00am** Brainiac

TODAY'S MUST-SEES



Girls Aloud let Nicola out for the day

True Blood FX, 10pm

DRAMA Series two of the brilliant part funny, part shocking drama following telepathic hottie Sookie (Anna Paquin) and her vampire boyfriend Bill, begins with her learning the truth about his involvement in her uncle's death. ★★★★★



"Testing, testing, 1, 2, 3"

NME Awards Channel 4, 11.25pm

AWARDS Loud, lairy, and from London – it's the best music awards show of the year! Hosted by Jarvis Cocker and with live sets from Kasabian, Biffy Clyro (above) and others, this is going to be huge. Air guitars at the ready! ★★★★★

LLITE AND CABLE TV TONIGHT

Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Doctor Who **8.15** **LIVE** Winter Olympics: Wintery fun with the women's parallel giant slalom snowboarding final. **10.30** Being Human **11.35** Family Guy **12.15am** Coming of Age **12.45** Two Pints of Lager and a Packet of Crisps **1.45** Summer Heights High **2.45** Coming of Age **3.15** Two Pints of Lager and a Packet of Crisps **4.15** Being Human **5.15-5.30am** Greek Uncovered

E4 (136)
7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** How to Look Good Naked **10.05** Wife Swap **11.10** Alan Carr: Chatty Man: With Courtney Love and Rihanna. **12.00m't** How I Met Your Mother **12.30am** Scrubs **1.35** How to Look Good Naked **2.30** Wife

Swap **3.25** Alan Carr: Chatty Man **4.05** Ugly Betty **4.50-6.00am** Switched

DAVE (111)
7.00pm James May's Big Ideas **8.00** Top Gear **9.00** Have I Got News for You: With guest host Frank Skinner. **9.40** Never Mind the Buzzcocks **10.20** Jack Dee Live at the Apollo: With Omid Djalili. **11.20** Argumental: With Sean Lock and Stephen K Amos. **12.00m't** Have I Got News for You **12.40am** Never Mind the Buzzcocks **1.20** Argumental **2.00** Two Pints of Lager and a Packet of Crisps **2.45-3.00am** **SPORT** Radical Highs

MTV ONE (350)
7.00pm Gossip Girl **8.00** Lemar's Top 50 RnB Love Songs **1.00am** World Stage: Performances by famous stars. **2.00** Oasis: The Official Top 20 **4.00** Randy Jackson's America's Best Dance Crew **5.00-6.00am** My Super Sweet 16 UK

VIRGIN 1 (121)
7.00pm Star Trek: Voyager **8.00** Who Wants to Be a Millionaire? Celebrity **9.00** Medium **10.00** Terminator: The Sarah Connor Chronicles **11.00** Deadliest Warrior **12.00m't** Roulette Nation **3.00am** Bullseye: Darts-based quiz with Jim Bowen. **4.00-5.00am** Ninja Warrior

SCI-FI (129)
7.00pm Buffy the Vampire Slayer **8.00** **FILM** Warbirds: War drama. **9.40** **FILM** Flu Bird Horror **11.20** Medium: Sports drama remake. **12.20am** Buffy the Vampire Slayer **2.30** 3rd Rock from the Sun **3.00** Flash Gordon **4.00-6.00am** **FILM** Hercules and the Amazon Women: Action adventure starring Kevin Sorbo.

FX (164)
7.00pm NCIS **10.00** **MUST-SEE** True Blood: Ace drama. **11.10** Life **12.10am** NCIS **2.10** Nip/Tuck **3.10-4.10am** Underbelly

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FRI 26 FEB 11.25PM

SAT 27 FEB 11.10AM

6am

7pm

1am



6.00am Breakfast **10.00** Saturday Kitchen **11.35** Rachel Allen: Home Cooking **12.00noon** BBC News, Regional News, Weather **12.15pm** **SPORT** Football Focus **1.00** **LIVE** Six Nations Rugby Union: Italy vs Scotland, kick-off 1.30pm. **3.30** **MUST-SEE** Six Nations Rugby Union: England vs Ireland at Twickenham, kick-off 4pm. **6.00** BBC News, Regional News, Weather **6.20** Total Wipeout (R)



6.00am CBeebies **7.00** CBBC **12.00noon** **SPORT** Winter Olympics: Including curling and short track speed skating. **1.30pm** BBC Switch: The 5:19 Show **1.35** Greek **2.20** The 5:19 Show **2.25** **FILM** On Moonlight Bay: Musical starring Doris Day. **4.00** Flog It! (R) **4.30** **SPORT** Final Score **5.15** Alaska: The Arctic Man Ski & Sno-Go Classic (R) **6.00** British Columbia: Canada's Olympic Wilderness (R)



5.30am ITV News **6.00** GMTV **9.25** The Planet's Funniest Animals **9.55** The Crocodile Hunter Diaries (R) **10.55** Dickinson's Real Deal (R) **11.55** Michael Winner's Dining Stars (R) **12.55pm** News, Weather **1.05** **FILM** Murder, She Wrote: The Celtic Riddle **2.50** Kids Do the Funniest Things (R) **3.50** **FILM** Bean **5.30** Regional News, Weather **5.45** ITV News **6.00** All Star Family Fortunes **6.45** New You've Been Framed!



6.15am The Hoobs (R) **7.05** SsWorld Sport **7.30** **SPORT** Road to the 2010 FIFA World Cup **8.00** **SPORT** The Morning Line **8.55** **T4**: Friends (R) **9.55** Glee (R) **10.55** NME Awards **2010** **11.50** Ultimate Traveller (R) **12.55pm** Smallville **1.55** **LIVE** Channel 4 Racing from Kempton Park and Newcastle **3.55** Three Hungry Boys **4.25** Come Dine with Me (R)



6.00am Sunrise **7.00** Milkshake! **10.00** **SPORT** UEFA Europa League Highlights (R) **11.05** The Gadget Show (R) **12.05pm** Build a New Life in the Country (R) **1.10** Chinese Food in Minutes (R) **1.35** Zoo Days (R) **2.05** Animal Rescue Squad (R) **2.20** **FILM** Silencing Mary: Fact-based drama. **4.10** Five News **4.15** **FILM** Fools Rush In: Romantic comedy starring Matthew Perry and Salma Hayek. **6.20** **FILM** Happy Gilmore: Comedy starring Adam Sandler and Christopher McDonald.

7.15 Let's Dance For Sport Relief
Boxer Carl Froch re-creates classic dances of stage and screen. Mad, but true.

8.30 The National Lottery: In It to Win It

9.20 Casualty
Jordan encourages Ruth to pursue her ambitions, then marries Alex. Oops, sorry, wrong Jordan.

10.10 BBC News, Weather

10.30 Match Of The Day **SPORT**
Today's top kickabouts, including Chelsea vs Man City and Stoke vs Arsenal.

11.40 The Football League Show **SPORT**
Manish Bhasin presents highlights from the Championship, Leagues One and Two.

12.55am Friday Night With Jonathan Ross
Wossy chats to Tim Burton. (R)

7.00 Winter Olympics **LIVE**
It's the second-to-last evening of the Vancouver Games, meaning tonight's programme goes on for absolutely ages. Included here there's ice brushing with the men's curling third-place play-off. The ace alpine skiing schedule also wraps up with the men's slalom. Then, the last 16, quarter-finals, semi-finals and final of the men's parallel giant slalom snowboarding are live from 8.30, and the final run in the men's four-man bobsleigh is on at 10.15. Then there's speed skating at 11.25. Er, and that's it. Phew! Times may – and probably will – vary.

9.45 The Break-Up **FILM**
Comedy drama starring Vince Vaughn.

11.45 ITV News, Weather
12.00m't Mermaids **FILM**
Comedy set in early-'60s New England, starring Cher as an eccentric single mum drifting from place to place and bloke to bloke.

7.15 Harry Hill's TV Burp
The big-collared comic looks back at the week's telly highlights, subjecting the latest soaps, documentaries and reality shows to his ace brand of scrutiny.

7.45 Ant And Dec's Push The Button **MUST-SEE**
Families compete for a large cash prize in a series of games. And the big money winners are... Ant & Dec, obviously.

8.45 All Star Mr & Mrs
Fern Britton and Phillip Schofield host. Meanwhile, we ignore it.

9.45 The Break-Up **FILM**
Comedy drama starring Vince Vaughn.

11.45 ITV News, Weather
12.00m't Mermaids **FILM**
Comedy set in early-'60s New England, starring Cher as an eccentric single mum drifting from place to place and bloke to bloke.

7.00 News
7.30 The Russians Are Coming
The efforts of super-rich Ruskiies to enter British high society. Roman? (R)

8.00 Fantastic Four: Rise Of The Silver Surfer **FILM**
Fantasy adventure sequel starring Ioan Gruffudd, Jessica Alba, Chris Evans and Michael Chiklis. The four superheroes try to thwart a voyager's destructive mission.

9.45 Under Siege **FILM**
Action thriller starring Steven Seagal as a ship's cook tackling terrorists on board a battleship.

11.45 Alan Carr: Chatty Man
The toothy comic is joined by Courtney Love, Steve Jones and Rihanna. (R)

12.35am Raising Victor Vargas **FILM**
Low-budget urban drama with Victor Rasuk.

8.00 NCIS
Gibbs is called to a frozen lake where two children have discovered the body of a missing Marine. (R)

9.00 CSI: NY **MUST-SEE**
More murder in Manhattan.

10.00 Law & Order
Green and Fontana call on the SVU for help with a case.

11.00 CSI: Crime Scene Investigation
A chef ends up in the produce at a meat-packing plant. That's put you off your sausages, hasn't it? (R)

12.00m't SuperCasino
Live interactive gaming.

2.00-6.00am BBC News

2.00am Nurse Jackie (R) **2.30-4.30am** **FILM** Honeydripper: Period music drama.

1.55am Six Degrees (R) **2.40** Six Degrees (R) **3.25-5.30am** ITV Nightscreen

2.15 **NEW** The Dead Zone **2.55** St Elsewhere (R) **3.45** Flood (R) **4.00** Wild Gourmets (R) **4.25** Scrapheap Challenge (R) **5.20-6.05am** Countdown (R)

4.05am House Doctor (R) **5.00** Hana's Helpline (R) **5.10** The Milkshake! Show (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS
STV: 12.00m't Roulette Nation **1.00am** Ladette to Lady **2.40-5.30am** ITV Nightscreen **ULSTER: 12.00m't** Brain Box **S4C: As C4 except: 5.00pm** **LIVE** Sgorio Cymru **7.30** Cefn Gwlad **8.00** Newyddion a Chwaraeon **8.15** Cyngedd Haiti **9.45**

Llyr Williams: Cyngedd Efrog Newydd **10.35** **FILM** Mission: Impossible 3: Action spy thriller. **12.50am** **FILM** Fantastic Four **2.50-4.15am** NME Awards 2010

TODAY'S SPORT



6.00am **LIVE** Golf: The third day of the Women's Champions at the Tanah Merah Country Club in Singapore.
7.30 World Sport
8.00 Champions League Weekly (HD)
8.30 Premier League Preview
9.00 Soccer AM: Presented by Max Rushden and Helen Chamberlain.
12.00noon **MUST-SEE** Football: Chelsea vs Man City, kick-off 12.45pm. (HD)
3.00pm Soccer Saturday
5.15 **LIVE** Football: The Premier League match between Stoke City and Arsenal, kick-off 5.30pm. (HD)
7.55 Champions League Weekly: Highlights of Inter vs Chelsea. (HD)
8.25 Football First: Full rerun of the Premier League's game of the day.
10.15 Football First
4.15am Spanish Football (HD)
5.45-6.00am Sky Sports Classics



6.00am Aerobics
6.30 Premier League Preview
7.00 Football League Weekend: The weekend's games in the lower leagues.
8.00 NFL: America's Game
8.55 **LIVE** Cricket: The third and final one-dayer between India and South Africa.
5.00pm World Sport
5.30 Snow Ride: Highlights from the latest mad winter sports meetings.
6.00 **LIVE** Rugby League: Castleford vs Hull KR, kick-off 6.15pm. (HD)
8.30 World Sport
9.00 **LIVE** Golf: The third day of the Phoenix Open in Arizona. (HD)
12.00m't Rugby League: Castleford vs Hull KR at the Jungle. (HD)
1.30am NFL: Total Access
2.30 Tennis: The Dubai Tennis Championships in, er, Dubai.
4.30-6.00am Rugby League (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.05pm The Lovely Bones Special **7.10** Crocodile Dundee: Comedy adventure starring Paul Hogan. **9.00** Working Girl: Romantic comedy starring Melanie Griffith. **11.10** The Fly: Sci-fi horror remake starring Jeff Goldblum. **1.00am** Raising Arizona: Comedy starring Nicolas Cage. **2.50-3.00am** The Lovely Bones Special

COMEDY CENTRAL (126)
7.00pm **FILM** Weird Science **9.00** Lee Evans XL Tour **10.20** Lee Evans: Up Close **11.40** **FILM** White Chicks: Comedy starring Shawn Wayans. **1.55am** Grouchy

ESPN **7.30pm** Football Funnies **7.45** **LIVE** Italian Football **9.45** Boxing: Short Stories **10.00** Bundesliga **11.45** Boxings **1.45am** UFC **2.45** MMA Live **3.30** NBA Action **4.00** ICC Cricket World **4.30-6.00am** Bundesliga

Young Men **2.25** South Park **3.25** Comedy Store **3.55** Two and a Half Men **4.45** Scrubs **5.10-6.00am** Frasier

BBC3 (115)
7.00pm The Real Hustle Undercover **7.30** Top Gear **8.30** **FILM** Freaky Friday: Comedy remake starring Jamie Lee Curtis. **10.05** Live at the Apollo **10.50** Family Guy **11.15** American Dad! **12.00m't** Hotter Than My Daughter **12.30am** Snog, Marry, Avoid? **1.00** Being Human **2.00** The Real Hustle Undercover **2.30** Glastonbury **2009** **3.25** Hotter Than My Daughter **3.55** Snog, Marry, Avoid? **4.25-5.25am** Being Human

E4 (136)
7.00pm The Big Bang Theory **7.30** How I Met Your Mother **8.00** Friends **9.00** **FILM** Blade: Trinity: Comic book adventure with Wesley Snipes. **11.15** **FILM** The Naked Gun 2½: The Smell of Fear: Police

comedy sequel. **12.55am** Supernanny **2.00** Gok's Fashion Fix **2.55** Samantha Who? **3.20-6.00am** Hollyoaks

DAVE (111)
7.00pm Jeremy Clarkson Meets the Neighbours **7.40** Have I Got News for You **8.20** Turn Back Time **9.00** Jack Dee Live at the Apollo: With Omid Djalili. **10.00** The Office: Part one of the two-part Christmas special. **12.10am** Would I Lie to You? **1.30** The Office **2.30-3.00am** Two Pints of Lager and a Packet of Crisps

MTV ONE (350)
5.30pm Girls Aloud: Live at Wembley **7.30** MTV Goes Backstage at the Brits **8.00** Randy Jackson's America's Best Dance Crew **9.00** The Official UK Top 20 **11.00** 40 Most Shocking Celebrity Divorces **1.00am** World Stage **2.00** MTV Meets Eminem **2.30** Rock of Love **4.00-6.00am** Girls Aloud: Live at Wembley

sky1

6.00am Brainiac: Science Abuse (R)(HD)
7.00 Malcolm in the Middle (R) **7.30**
Malcolm in the Middle (R) **8.00** **SPORT**
Wayne Rooney's Street Striker (R)(HD)
9.00 **SPORT** Soccer AM **12.00noon** The
Simpsons (R) **12.30pm** The Simpsons
(R) **1.00** Ops TV (R) **2.00** Pineapple
Dance Studios (R)(HD) **3.00** Fat Families
(R)(HD) **4.00** Ops TV (R) **5.00** Got to
Dance (R)(HD) **6.00** Simpsons - Access
All Areas (R) **6.30** The Simpsons (R)(HD)

7.00 The Simpsons

Principal Skinner rediscovers the meaning of teaching during an outing with his rebellious pupils. (R)(HD)

7.30 Michael Jackson's Private Home Movies

Wacko's vids. (R)

8.00 Michael Jackson's Private Home Movies (R)

8.30 Pineapple Dance Studios

Dance-based dross. (R)(HD)

9.30 Dante's Peak

FILM Boooooo! More booooo! Fire! Pierce Brosnan! Kachhhhhooooowww! (HD)

11.35 Fringe

A cargo ship runs aground, littering the shore with bodies. (R)(HD)

12.35am NCIS: Los Angeles

A Marine lance corporal is murdered. (R)

1.35 NCIS: Los Angeles (R)(HD) **2.30**
Road Wars (R) **3.30** Bones (R)(HD) **4.20**
Prison Break (R)(HD) **5.10-6.00am** Are
You Smarter Than a 10 Year Old? (R)(HD)

VIRGIN 1 (121)

7.00pm Most Shocking **8.00** Street
Crime UK **9.00** **FILM** Navy S.E.A.L.S.:
Thriller. **11.20** Sexcetera **11.50** Auntie's
Smalls **12.00m't** Roulette Nation
3.00am World's Most Amazing Videos
4.00-5.00am Ninja Warrior

SCI-FI (129)

7.00pm A Town Called Eureka **8.00**
FILM Total Eclipse: Disaster movie
starring Thomas Calabro and Cynthia
Gibb. **9.40** **FILM** Rollerball: Drama
starring Chris Klein. **11.40** Dollhouse
2.40am Heroes **4.00-6.00am** Angel

FX (164)

3.00pm King of the Hill **8.00** American
Dad! **9.00** Family Guy: Loads of
episodes. **11.30** American Dad!
12.00m't **FILM** Lord of War: Comedy
thriller. **2.20am** Urban Legends **2.50**
The Newsroom **3.20-4.20am** Swat USA

TODAY'S MUST-SEES

"Ooh, is that a
piercing I can
feel, Wayne?"



RICH VS RICHER!

Chelsea vs Man City

Sky Sports/HD 1, noon

SPORT Yes, it's the clash of the billionaires' playthings! It's 17 long years since City last came away with the points at Stamford Bridge, but it's barely two months since they last beat them, emerging victorious in Manchester and showing us all that they're now a force to be reckoned with. The early evening kick-off sees Stoke attempting to send Arsenal home with nothing from the Britannia. Well, they did it in the FA Cup! ★★★★★



The housemates' night in wasn't going well

England vs Ireland

BBC1, 4pm

SPORT After a nervy win over renowned egg-chucking juggernauts, er, Italy, Johnno's men host Six Nations champs Ireland at Twickenham, and it may not be as daunting as it looks, what with the visitors having lost heavily to France in Paris. ★★★★★



"Alien Autopsy? Nope, never heard of it!"

Push The Button

ITV1, 7.45pm

GAMESHOW Geordie duo Ant and Dec are back on TV in a new show, and this time they're turning up unannounced at viewer's houses. Worth watching just in case they interrupt a full-blown row. Here's hoping! ★★★★★



"Base to Sea rescue chopper - why have you dropped him here?"

CSI:NY

Five, 9pm

DRAMA A bloke plummets to his death from a bridge in what looks like suicide, but you'll be pleased to know - predictably - it's actually nothing of the sort, as the team find out in another top dose of Big Apple-based brow-furrowing. ★★★★★

SHOCKWAVES
NME AWARDS BOX SET
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ARCTIC MONKEYS | FRANZ FERDINAND
and loads more...
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DIESEL
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SOVIET
PLUS 20% OFF CLOTHING VOUCHER
ON SALE NOW!

6am

7pm

1am

BBC ONE

6.00am Breakfast **7.45** **SPORT** Match of the Day (R) **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** Country Tracks **12.00noon** The Politics Show **1.00pm** EastEnders **2.00** **MUST-SEE** Match of the Day: The Carling Cup final between Man United and Villa from Wembley, kick-off 3pm. **5.35** BBC News, Regional News, Weather **6.00** Countryfile

BBC TWO

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** Escape to the Country **12.00noon** **SPORT** Winter Olympics: Including bobsleigh and ice hockey. **2.00pm** EastEnders **3.00** **FILM** In Search of the Castaways: Adventure starring Maurice Chevalier. **4.35** Songs of Praise **5.10** Banded Brothers - The Mongoose Mob **6.10** Richard Hammond's Engineering Connections (R)

itv 1

5.30am ITV News **6.00** GMTV **9.25** Britain's Favourite View **9.40** Coronation Street **12.00noon** News, Weather **12.10pm** **FILM** Mutiny on the Buses: Comedy starring Reg Varney. **2.00** **FILM** Columbo Goes to College **3.55** Agatha Christie's Poirot (R) **5.55** Regional News, Weather **6.05** ITV News **6.20** Harry Hill's TV Burp (R) **6.50** **SPORT** Dancing on Ice

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6.05am The Hoobs (R) **6.55** Yo Gabba Gabba (R) **7.20** **SPORT** The Great Swim Series (R) **8.15** **SPORT** The Best of the NBA **9.00** T4: The Hills (R) **9.25** Friends (R) **10.00** Hollyoaks **12.30pm** Ultimate Traveller **1.35** Friends (R) **2.10** 4Music Favourites: Kesha (R) **2.45** 90210 **3.40** The Simpsons (R) **4.45** Deal or No Deal **5.30** Glee **6.30** News

FIVE

6.00am Sunrise **7.00** Milkshake! **10.00** Shake! **11.10** Wild Animal ER **11.40** The Gadget Show Shorts (R) **11.50** Ice Road Truckers (R) **12.50pm** **FILM** Shoot-Out at Medicine Bend: Revenge Western starring Randolph Scott. **2.35** **FILM** Dracula: Dead and Loving It: Mel Brooks' horror spoof starring Leslie Nielsen. **4.15** Five News **4.20** **FILM** Big Fish: Fantasy drama starring Ewan McGregor. **6.40** **FILM** Big Daddy: Comedy starring Adam Sandler.

7.00 Antiques Roadshow

See the disappointment on some old person's face when they realise their "valuable" family heirloom's worthless.

8.00 Lark Rise To Candleford

9.00 Seven Ages Of Britain
David Dimbleby examines artefacts that illustrate the 17th century. Boring!

10.00 BBC News, Weather

10.25 Great British Railway Journeys

A look at how railways contributed to the nation's love of fish and chips. Railways, we salute you! (R)

10.55 My Name Is Muhammad

Documentary exploring the different experiences of British Muslims.

11.25 Runaway Jury

FILM Courtroom thriller with John Cusack and Rachel Weisz.

7.00 Top Gear

Richard Hammond celebrates the 40th anniversary of the Ferrari Daytona, which sounds as good a reason as any for a celebration, if you ask us. (R)

8.00 Winter Olympics

LIVE The men's ice hockey final, Face-off 8.15pm. Expect fighting. Lots and lots of fighting. Cool!

10.55 Match Of The Day 2

SPORT Featuring Liverpool vs Blackburn, Sunderland vs Fulham and Spurs vs Everton.

11.45 The League Cup Show

SPORT Highlights of this afternoon's League Cup Final between Man United and Villa.

12.30am The Persuasionists

After a disastrous campaign, Clive grills the team members. Not literally. (R)

8.30 Wild At Heart

Like any other dull Sunday evening drama, except with giraffes.

9.30 Dancing On Ice: The Skate Off

Phillip Schofield and Holly Willoughby preside over the TV equivalent of eating glass, but on frozen water.

10.00 ITV News, Weather

10.15 Syria

FILM Ace thriller about the oil industry and its corrupting influence on everyone. George Clooney and Matt Damon star.

12.35am Premiership Rugby Union

SPORT Highlights of the latest peanut-hugging shenanigans, including Saracens vs Bath.

7.00 The Bible: A History

It's almost sold as many copies as Harry Potter, apparently.

8.00 Come Dine With Me

Horrendous "Ugh, I can't possibly eat that soufflé" chomp-opera. Rubbish. (R)

9.00 Saving Private Ryan

FILM Steven Spielberg's harrowing Second World War drama starring Tom Hanks and Tom Sizemore. If you haven't seen it, get right on this one!

12.10am NME Awards 2010

Another chance to see the brill awards ceremony hosted by Jarvis Cocker, and featuring the likes of Kasabian, Noel Fielding and Biffy Clyro. (R)

8.30 Anger Management

FILM A man is given therapy to help him control his temper, but comes to the conclusion that his unconventional doctor is the crazy one. Yep, it's another Adam Sandler comedy.

10.35 Deuce Bigalow: European Gigolo

FILM While in Amsterdam, male prostitute Bigalow realises that a serial killer is systematically murdering the world's leading gigolos.

12.10am The Gadget Show

Gadgets to fend off pursuers, plus music-streaming systems and kettles. (R)

1.30am Sign Zone: Holby City (R) **2.30** History of Now - The Story of the Noughties (R) **3.30** Generation Jihad (R) **4.30-6.00am** BBC News

1.00 **LIVE** Winter Olympics: Closing Ceremony: They think it's all over, and well, they'd be right. **3.45-4.15am** **SPORT** The Super League Show

1.25 **SPORT** Champions League Weekly **1.55** **FILM** The Yakuza **3.50** Dating the Enemy (R) **4.15-5.30am** ITV Nightscreen

1.40 School Disco **1.50** Dead Zone **2.30** War at Home **2.55** Hill Street Blues **3.45** Kitchen Pharmacy **3.55** Gourmets **4.20** Dispatches **5.15-6.00am** Countdown

1.10 SuperCasino **4.05** House Doctor (R) **4.30-5.00am** House Doctor (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: **10.25pm** The Politics Show **10.45** Great British Railway Journeys **11.15** My Name is Muhammad **11.45pm** **FILM** Seraphim Falls: Western starring Pierce Brosnan. **BBC1 WALES:** **10.25pm** **SPORT** Scrum V Six Nations Special **11.15**

My Name is Muhammad **11.45** **FILM** Runaway Jury: Courtroom thriller starring John Cusack. **1.50am** BBC News **2.00** Sign Zone: Panorama **BBC2** **SCOTLAND:** **7.00pm** **SPORT** The Adventure Show **STV:** **10.15pm** **FILM** Lock, Stock & Two Smoking

Barrels: Comedy thriller starring Jason Flemyng. **12.15am** Roulette Nation **1.00** The Krypton Factor **2.55** Bill Hicks - One Night Stand **3.30** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

Cwm **7.30** Cân i Gymru **9.00** Dechrau Canu Dechrau Canmol **9.30** Cân i Gymru **10.00** Newyddion a'r Tywydd **10.15** O'r Galon: Ble Mae Mam? **10.45** **FILM** Fantastic Four: Rise of the Silver Surfer: Action adventure with Jessica Alba. **12.30am** **FILM** Volver:

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics **6.30** Football First **9.30** The Sunday Supplement **11.00** Goals on Sunday **12.00noon** **LIVE** Football: Rangers vs Celtic at Ibrox, kick-off 12.30pm. (HD) **2.45pm** **MUST-SEE** Football: It's the Carling Cup final between Villa and Man United, kick-off 3pm. The commentary on here or the Beeb. Decisions, decisions... (HD) **5.30** Football (HD) **6.00** **LIVE** Rugby League: Leeds Rhinos vs Melbourne Storm, kick-off 6.30pm. (HD) **8.30** Football (HD) **9.00** Football (HD) **10.00** Football **11.30** Football (HD) **12.00m't** Cricket **2.00am** Spanish Football **4.00** Football **5.30-6.00am** Football (HD)

sky SPORTS 2

6.00am Spanish Football: A chance to see a match from La Liga. (HD) **7.30** **LIVE** Cricket: The opening one-dayer between Bangladesh and England at the Shere Bangla National Stadium in Mirpur. **4.00pm** World Sport **4.30** Wild Spirits: Fast and furious sports action from around the world. **5.00** IEX Magazine: A round-up of news from the world of action sports. **5.30** Football (HD) **5.55** **LIVE** Cricket: The Twenty20 match between West Indies and Zimbabwe from Queen's Park Oval in Trinidad. **9.00** **LIVE** Golf: The final day of the Phoenix Open in Arizona. (HD) **12.00m't** **FILM** Action from the Vodacom Championship in South Africa. **1.30-4.30am** Golf: Action from the Women's Champions at Tanah Merah Golf Club in Singapore.

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315) **6.40pm** Ladyhawke: Medieval fantasy adventure starring Matthew Broderick. **9.00** Cocktail: Romantic drama starring Tom Cruise and Bryan Brown. **11.00** Rita, Sue and Bob Too **12.50-3.35am** Prizzi's Honor: Comedy starring Jack Nicholson and Kathleen Turner.

COMEDY CENTRAL (126) **7.00pm** Scrubs **7.30** Samantha Who? **8.00** Two and a Half Men **9.00** **FILM** White Chicks: Slapstick comedy starring Shawn and Marlon Wayans. **11.15** Lee Evans XL Tour **12.35am** **FILM** Van Wilder:

ESPN **6.30pm** Talk of the Terrace **7.45** **LIVE** Italian Football: Juventus vs Palermo, kick-off 7.45pm. **10.00** Portuguese Football **11.45** Boxing **12.00m't** **LIVE** Basketball: Orlando vs Miami. **2.30-5am** **LIVE** Basketball

Party Liaison: Comedy starring Ryan Reynolds. **2.25** Grouchy Young Men **2.55** Bill Hicks - One Night Stand **3.30** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115) **7.00pm** EastEnders: The Greatest Cliffhangers **9.00** **MUST-SEE** Being Human: George and Annie reckon Kemp can cure them. **10.00** **MUST-SEE** Heroes **10.40** Family Guy **11.05** American Dad! **11.50** Being Human **12.50am** Coming of Age **1.20** EastEnders: The Greatest Cliffhangers **3.20** Harper's Island **4.00** Coming of Age **4.30-5.30am** World's Toughest Driving Tests

E4 (136) **7.00pm** My Name Is Earl **8.00** Friends: Comedy. One for the girlfriend. **9.00** Desperate Housewives **11.00** Samantha Who? **12.00m't** Being Erica **1.00am**

Supernanny **1.55** Gok's Fashion Fix **2.55** Samantha Who? **3.15-6.00am** Hollyoaks

DAVE (111) **7.00pm** Charley Boorman: Sydney to Tokyo, by Any Means: The adventurer travels across the Philippine Archipelago. **8.00** Three Men in Another Boat: The trio prepare for a vintage yacht race. **9.00** Have I Got News for You **2.20-3.00am** Two Pints of Lager and a Packet of Crisps

MTV ONE (350) **12.00noon** Randy Jackson's America's Best Dance Crew: Back-to-back editions. **7.30pm** Blonde Charity Mafia **8.30** Randy Jackson's America's Best Dance Crew **9.30** Daddy's Girls **10.00** The Osbournes **11.00** Scream Queens **12.00m't** Randy Jackson's America's Best Dance Crew **1.00am** Top 20 **2.00** 40 Most Shocking Celebrity Divorces **4.00-6.00am** Daddy's Girls

sky1

6.00am Hour of Power **7.00** Malcolm in the Middle (R) **8.00** Pineapple Dance Studios (R)(HD) **9.00** Road Wars (R) **10.00** **SPORT** WWE Superstars (R) **11.00** **SPORT** WWE: Experience (R) **12.00noon** The Simpsons (R) **1.00pm** Futurama (R) **3.00** Bones (R)(HD) **4.00** UK Border Force (R) (HD) **5.00** The Simpsons (R)(HD) **6.00** Pineapple Dance Studios (HD)

7.00 The World Wild Vet

NEW A Dorset pet-prodder travels the world helping animals in need, starting in India. (HD)

8.00 Noel's Are You Smarter Than Your 10 Year Old?

Yes. You? Thought so. (HD)

9.00 24

MUST-SEE As a crisis-hit CTU faces failure, the search for a scapegoat begins. (HD)

10.00 Pineapple Dance Studios

"What a move! A triumph!" etc. (R)(HD)

11.00 House

The miserable medic is taken hostage – along with Thirteen and several patients – by a gun-wielding stranger. (R)(HD)

12.00m't Bones

A competitive gamer is killed. (R)(HD)

1.00am Road Wars **1.50** Night Cops **2.40** Road Wars **3.55** Inside Prisons **4.45** Hello Goodbye **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Tragicomic melodrama starring Penelope Cruz and Carmen Maura. **2.30** Daredevils: The Ice Man **3.25** The Other Michael Jackson **3.50-4.20am** PhoneShop

VIRGIN 1 (121)

7.00pm Home Video Heroes **8.00** Britain's Worst DIYer **9.00** Four Weddings **10.00** Most Shocking **11.00** Sexcetera **12.00m't** Roulette Nation **3.00am** World's Most Amazing Videos **4.00-5.00am** Ninja Warrior

SCI-FI (129)

5.50pm Jack Hunter: The Star of Heaven: Adventure sequel. **7.50** Legend of the Seeker **9.00** **FILM** Beauty and the Beast: Fantasy adventure. **10.40** **FILM** Warbirds: War drama starring Jamie Elle Mann. **12.30am** Bionic Woman **1.30** Medium **2.30** 3rd Rock from the Sun **3.00** Flash Gordon **4.00-6.00am** Angel

FX (164)

6.00pm Burn Notice **8.00** NCIS **10.00** True Blood: Drama. **11.10** Life **12.10am** The Wire **1.20** Family Guy **2.20** Nip/Tuck **3.20-4.20am** Underbelly

TODAY'S MUST-SEES



"Get that dog poo off my boot!"

CUP FINAL!

Aston Villa vs Man United

BBC1 & Sky Sports 1/HD, 2pm

SPORT The final of The Cup That's Not The FA Cup (er, that'll be the Carling Cup, then), sees Villa, who have a fine tradition in this competition, taking on United, who have a fine tradition in pretty much everything. To get yourself in the mood, head to www.nuts.co.uk and check out The X Factor also-ran Niki Evans' cup final song for Villa. It's absolutely appalling! Here's hoping the match itself is better. Kick-off 3pm. ★★★★★



"Are you sure I'm the dad?"

Notorious

Sky Movies Premiere/HD, 5.15pm

FILM Until his murder in 1997, massive (in every sense of the word) US rapper Biggie Smalls had an eventful life. This biopic tells the story, with real-life rapper Jamal Woolard in the lead role. ★★★★★



He'd always been a steps fan

24 **Sky1/HD, 9pm**

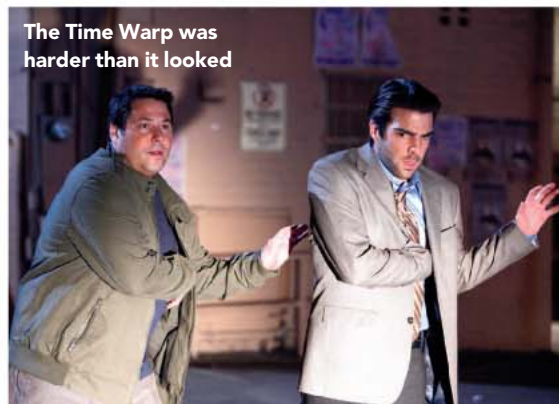
DRAMA As a crisis-hit CTU faces failure, the search for a scapegoat begins and operatives start taking matters into their own hands. All of which must be galling for Jack – after all, he's the mug risking his life in pursuit of terrorists. ★★★★★



"Aren't you meant to take your clothes off on a sunbed?"

Being Human **BBC3, 9pm**

DRAMA It's the last episode in the second series and hairy Irish blood-guzzler Mitchell attempts to rescue his pals from the hands of the evil Kemp. The question is, following Lucy's betrayal, can anyone stop him from releasing his inner rage? ★★★★★



The Time Warp was harder than it looked

Heroes **BBC3, 10pm**

DRAMA In tonight's episode, Tracy (played by the stunning Ali Larter) loses control of her superpower, which is a drag, seeing as it involves freezing everything she touches. But we can forgive her – she's gorgeous, after all. ★★★★★

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Animal **24.7** **10.00** Homes Under the Hammer **11.00** To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link: General knowledge quiz **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Schools **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Animal Park (R) **1.45** **SPORT** Winter Olympics: From Vancouver. **3.45** Flog It! **4.30** Cash in the Celebrity Attic **5.15** Escape to the Country **6.00** Eggheads **6.30** Priceless Antiques Roadshow

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** **NEW** House Guest in the Sun **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

4

6.00am The Treacle People (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.25** Everybody Loves Raymond (R) **8.20** Frasier (R) **8.50** Will & Grace (R) **9.20** According to Jim **9.45** Deal or No Deal (R) **10.35** Coach Trip (R) **11.05** Without a Trace (R) **12.00noon** News Summary **12.05pm** Celebrity Life Skills (R) **12.10** **FILM** Bataan **2.20** Nn Glamour Puds **2.50** The TV Book Club **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons (R) **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** RSPCA: On the Frontline (R) **1.15** Lights, Camera, Animals (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** Property List: Top Spots (R) **3.10** **FILM** Derby: Family drama with John Schneider. **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 Regional Programme

8.00 EastEnders
Whitney goes looking for Billie on his old council estate, but his flat's been replaced by a giant tub of margarine. Hmm.

8.30 Panorama
The likely impact of this summer's World Cup on South African youngsters. Er, a completely brilliant one?

9.00 Five Days
NEW Five-part mystery drama starring Suranne Jones.

10.00 BBC News, Weather

10.35 Who Made Me Fat?
Reasons for lardiness.

11.35 Late Kick Off
SPORT Round-up of local football for local people.

12.05am Famous, Rich and Homeless
The volunteers experience life in a hostel.

1.10 Sign Zone: The Hairy Bikers: Salmon curry. (R) **2.10** Future of Food (R) **3.10** Survivors (R) **4.10-6.00am** BBC News

7.00 Seven Ages of Britain
Artefacts reflecting the great changes of the 17th Century. If you care. (R)

8.00 University Challenge
Spods show off.

8.30 Raymond Blanc: Kitchen Secrets
The chef turns his attention to apples, but instead of cooking something with them, he buys ten bottles of White Ace and goes nuts. Maybe.

9.00 Why Did You Kill My Dad?

10.00 QI
With Jimmy Carr and Jack Dee. (R)

10.30 Newsnight

11.20 Newswipe With Charlie Brooker
NEW An irreverent look at how the news is covered.

11.50 The Virtual Revolution
How online businesses make cash.

12.50am An Island Parish

1.20 BBC News **4.00-6.00am** BBC Learning Zone: Educational programmes.

7.00 Emmerdale
Ernest buys a sheep. Again.

7.30 Coronation Street
Becky realises her illness is more than just morning sickness. Maybe it's the plague.

8.00 The Lakes
Hotelier Thomas Noblett sparks a media frenzy after claiming to have seen the "monster of Windermere" during his morning swim. Worry not - it's Lisa Riley.

8.30 Coronation Street
Steve finds plague-ridden Becky drunk.

9.00 Married Single Other
Your girlfriend. Your telly. Your misery.

10.00 ITV News, Weather

10.35 Along Came Polly
FILM Blimey, ITV1 is horrendous tonight, isn't it?

12.15am In Plain Sight

1.05 Loose Women (R) **1.55** The Jeremy Kyle Show: Guests rant at other guests. (R) **2.50-5.30am** ITV Nightscreen

7.00 News
7.55 The Political Slot

8.00 Dispatches: Britain's Islamic Republic

9.00 The Secret Millionaire
NEW A lady called Dawn Gibbins gives away 250 grand. Nice!

10.00 The Good Wife
Alicia is forced to seek help from Peter.

11.00 Date Movie
FILM A couple's wedding plans are ruined by relatives, jealous friends and crazy wedding planners.

12.35am Dogville
FILM A woman on the run from gangsters seeks refuge in a small town, but the residents take advantage of her. Bleak.

3.45 The Wild Gourmets: Cooking seafood on Scotland's west coast. (R) **4.15** St Elsewhere (R) **5.00-5.55am** Jess: Britain's Youngest Sleepwalker (R)

7.30 Building The Ultimate
The history of rollercoasters. Ace! (R)

8.00 The Gadget Show
Ortis Deley meets a swotty robot, while Suzi Perry is challenged to create a mind-boggling illusion. Where's Derren Brown when you need him?

9.00 A Fistful Of Dollars
FILM Sergio Leone's classic Spaghetti Western starring Clint Eastwood as the nameless stranger who rides into a small Mexican border town run by two rival gangs. Brilliant!

11.10 Young Guns
FILM Western starring Emilio Estevez, Kiefer Sutherland, Charlie Sheen and Lou Diamond Phillips.

1.10am SuperCasino: Live gaming. **4.00** The FBI Files (R) **4.55** County Secrets: Scenic UK counties. (R) **5.00** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm Rogue Traders **11.35** **SPORT** SportsScene **12.15-1.20am** Famous, Rich and Homeless **1.40** See Hear **BBC1 N. IRELAND: 7.30pm** Compose Yourself **10.35** House of the Year **11.05pm** Who Made Me Fat? **BBC1 WALES: 7.30pm** X-Ray **8.30** Margaret John **10.35** High Hopes **11.05** Panorama **11.35** Who Made Me Fat? **12.35am** Famous, Rich and Homeless **1.40** See Hear **BBC2 SCOTLAND: 10.00pm** **NEW** Burnistoun **BBC2 N. IRELAND: 10.00pm** Seacht **11.20** QI

11.50 **NEW** Newswipe **12.20am** The Virtual Revolution **1.20** An Island Parish **1.50** BBC News **STV: 8.00pm** The Lakes **9.00** Underbelly **10.35** October Road **11.30** Cuidé Ri Cathy **12.00m't** Slighe Anndra **12.30am** Roulette Nation **ULSTER: 10.30pm** Tonight **11.10** Countrywise **11.40pm** Brain Box **ITV1 WALES: 8.00pm** The Ferret **S4C: As C4 except: 7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Ffermio **9.00** Dic Jones **10.05** Hacio **10.35** Penawdau Newyddion a'r

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TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans **9.00** Football (HD) **10.00** Football **11.30** Football (HD) **12.00noon** Spanish Football **2.00pm** Football **3.30** Football (HD) **4.00** Football (HD) **5.00** Champions League Weekly (HD) **5.30** Soccer AM: The Best Bits **6.30** SPL Round-Up **7.00** Netbusters **7.30** **LIVE** Football: Crusaders vs Glenavon from Ireland, kick-off 7.45pm. **10.00** Time of Our Lives **11.00** Netbusters **11.30** SPL Round-Up **12.00m't** Soccer AM: The Best Bits **1.00am** Irish Football **2.30** FIFA Futbol Mundial **3.00** Sports Unlimited **4.00** Watersports World **5.00-6.00am** Max Power

sky SPORTS 2

6.00am Aerobics **6.30** Snow Ride **7.00** WWE: Bottom Line (HD) **8.00** Golf (HD) **11.00** Golf **12.30pm** Golf **3.30** Golf: Action from the Vodacom Championship in South Africa. **5.00** World Club Challenge (HD) **6.30** Cricket **8.00** Golf: Action from the Phoenix Open at the TPC of Scottsdale in Arizona. (HD) **9.00** Wonderful World of Golf: Tom Kite vs Ben Crenshaw from 1996 at the Champions Golf Club in Houston. **10.30** PGA Tour Classic **11.30** Boots 'n' All **12.30am** Motorsport (HD) **1.30** Golf (HD) **2.30** Wonderful World of Golf **4.00-5.00am** PGA Tour Classic

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.10pm The Lovely Bones Special **7.15** The Honeymooners **9.00** 10 Things I Hate About You **10.55** The Commitments **1.10-3.10am** Porky's: Classic bloke flick.

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Alan Carr: Tooth Fairy Live: Stand-up comedy. **11.10** Sex and the City **12.20am** Two and a Half Men **1.20** Scrubs **1.50** South Park **2.50** Samantha Who? **3.20** Scrubs **4.15** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

ESPN **7.00pm** Press Pass **2010** **7.30** Between The Lines **8.45** Serie A **10.30** Bundesliga **11.45** World Series of Poker **12.45am** Between The Lines **2.00** **LIVE** NHL Ice Hockey **4.30** ESPN Boxing **4.45-6.00am** Between The Lines

BBC3 (115)
7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** The Real Hustle Undercover **8.30** Snog, Marry, Avoid? **9.00** Gavin & Stacey **9.30** **MUST-SEE** This Is Jinsy: Bandy Dog Red: Utterly mad new comedy. **10.00** EastEnders **10.30** Being Human **11.30** Family Guy **12.15am** Scallywagga **12.45** Gavin & Stacey **1.15** Snog, Marry, Avoid? **1.45** The Real Hustle Undercover **2.15** Being Human **3.15** Hotter Than My Daughter **3.45** Scallywagga **4.10** This Is Jinsy: Bandy Dog Red **4.40** Doctor Who Confidential **4.50-5.20am** Coming of Age

E4 (136)
7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** Glee **10.00** **MUST-SEE** The Cleveland Show **10.30** King of the Hill **11.00** Skins **12.05am** **FILM** Sleepy Hollow: Comic horror fantasy starring Johnny Depp. **2.05** How I Met

Your Mother **2.30** Scrubs **3.20** Skins **4.15** Ugly Betty **5.00-6.00am** Switched

DAVE (111)
6.40pm Have I Got News for You **7.20** Lead Balloon **8.00** Top Gear: James May creates an advert for Volkswagen. **9.00** Rob Brydon's Identity Crisis **10.20** Krod Mandoon and the Flaming Sword of Fire **10.50** QI **11.30** Mock the Week **12.10am** Bottom **12.50** Men Behaving Badly **1.30** Krod Mandoon and the Flaming Sword of Fire: Decidedly average comedy. **2.00** The Indestructibles **2.40-3.00am** **SPORT** Radical Highs

MTV ONE (350)
7.00pm Gossip Girl **8.00** Randy Jackson's America's Best Dance Crew **9.00** The Osbournes **10.00** Scream Queens **11.00** 16 and Pregnant **12.00m't** True Life: Documentary. **1.00am** Disaster Date **2.00** Jackass

sky1

6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Grimebusters (R)(HD) **9.30** Grimebusters (R)(HD) **10.00** Lion Man (R) **10.30** Airline (R) **11.00** Don't Forget the Lyrics (R)(HD) **12.00noon** The Biggest Loser: Australia (R) **1.00pm** Bones (R)(HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons
Homer takes Fat Tony's place as head of the local Mafia. (R)

7.30 The Simpsons
Bart discovers a hidden musical talent and quickly becomes a jazz drummer. (R)

8.00 Pineapple Dance Studios
The competitive world of dancing. Competitive? Yeah, right. (R)(HD)

9.00 How To Get What You Want
Peter Collett, Jack Lewis and Anjula Mutanda provide a guide to selling. (HD)

10.00 House
The medic is taken hostage. (R)(HD)

11.00 24
The CTU are in a bit of a pickle. (R)(HD)

12.00m't Road Wars
Two officers try to defuse a crisis in Bracknell. Wow. (R)(HD)

1.50am Ross Kemp on Gangs **2.40** Don't Forget the Lyrics US **3.30** Brainiac **4.20** Battlestar Galactica **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Tywydd **10.40** **SPORT** Sgorio **11.30** Scams, Claims and Compensation Games **12.30am** The Good Wife **1.25** Dispatches **2.15** **FILM** Behind Enemy Lines II: Axis of Evil **3.50-4.20am** Sleep with Me

3.00 Rock of Love **4.00** Pimp My Ride **5.00-6.00am** My Super Sweet 16

VIRGIN 1 (121)
7.00pm Star Trek: Voyager: Peril in space. **8.00** Four Weddings **9.00** Ghost Whisperer **10.00** **MUST-SEE** **Trauma** **11.00** Medium **12.00m't** Roulette Nation **3.00am** How Clean is Your Crime Scene? **4.00-5.00am** Ninja Warrior

SCI-FI (129)
7.00pm Buffy the Vampire Slayer **8.00** Dollhouse **9.00** A Town Called Eureka **10.00** Medium: Allison's in bother. **1.50am** Angel **3.00** 3rd Rock from the Sun **4.00-6.00am** **FILM** Tornado Valley

FX (164)
7.00pm NCIS **9.00** Family Guy **9.30** American Dad! **10.00** NCIS **11.00** True Blood **12.10am** NCIS **2.10** Swat USA **3.10-4.10am** Charlie Jade

TODAY'S MUST-SEES



These were troubled times in Tellytubbyland

IT'S EXPLOSIVE!

The Hurt Locker

Sky Box Office/HD, from 6am

FILM Staff Sgt William James is one of the US Army's top bomb-disposal experts. He's also a bit of a loon, prone to taking risks and endangering the lives of his men. Understandably, they're less than happy about this – surely it must be only a matter of time before his reckless ways literally blow up in his face. Kathryn Bigelow's war film is bound for Oscar glory – it's the best military flick to come out of America in years. ★★★★★



Berbatov was having that dream again

This Is Jinsy

BBC3, 9.30pm

COMEDY Bonkers new comedy following the inhabitants of an island who speak in a made-up language and include a transvestite folk singer, talking seagulls and two blokes who watch over the other residents on CCTV. File under "WTF?" ★★★



Katie Price had chipped her nail

Trauma

Virgin1, 10pm

DRAMA It's a new US medical drama, so expect it to be slick, packed with unfeasibly good-looking characters and miles better than UK equivalents such as Casualty. In this pilot, a fuel tanker catches fire, causing no end of, er, trauma. ★★★★★



"Dad, where's Fluffy?"

The Cleveland Show

E4, 10pm

COMEDY So what if it's not quite as good as Family Guy? It's still darned funny and that's all that matters to us. In tonight's episode, Cleveland discovers that his dad's new love interest is actually a man. It's even funnier than it sounds! ★★★★★

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PKR let's play

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Animal 24/7
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link: Backstabbing quiz show. **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

7.30 EastEnders

Billie returns to his old estate to confront his former friends but they've turned to toast. What is going on?

8.00 Holby City

It's a duller version of *Casualty*. Hard to believe, but true, incredibly.

9.00 Five Days

A witness supports Laurie's theory.

10.00 BBC News

10.35 Secrets For Sale

How *Real People* magazine secures its confessional stories. We don't know, but we're pretty sure they stories are nowhere near as ace as those in *Ladies Confess!*

11.20 Open Range

FILM Western directed by and starring Kevin Costner.

1.40am Sign Zone: See Hear (R) **2.10** The British Family (R) **3.10** Muslim Driving School (R) **3.40** Muslim Driving School (R) **4.10-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Schools **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Nature's Top 40 (R) **1.30** Castle in the Country (R) **2.00** Living in the Sun (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** Cash in the Celebrity Attic **5.15** Escape to the Country **6.00** Eggheads **6.30** Priceless Antiques Roadshow (R)

7.00 Coast

A journey from the Channel Islands to Dover, where Neil Oliver tells the story of the first Channel swimmer. (R)

8.00 The Hairy Bikers Come Home

Dave Myers and Si King celebrate Northern cuisine. Like chips.

9.00 Horizon

Whether humanity's evolution was triggered by eating cooked food. So it's official! Pizza = genius!

10.00 Mock The Week

Dara O' Briain hosts the quiz, with Kevin Bridges, Ed Byrne and Chris Addison. (R)

10.30 Newsnight

11.20 Mad Men

Gene tries to get Betty to discuss his funeral, but she angrily refuses.

12.10am Mad Men

Betty goes to the hospital to give birth, but experiences strange dreams when she is placed under anaesthetic. Cool!

12.55 BBC News

4.00-6.00am BBC Learning Zone

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Ernest finds that the sheep is in fact an alien. With 95 toes.

7.30 The Krypton Factor

8.00 International Football

LIVE Brazil face Republic of Ireland at the Maracan... oh, actually, it's at the Emirates! Could be good. It kicks off at 8.05pm.

10.00 ITV News

10.35 Piers Morgan On...

The journo visits Shanghai in China. (R)

11.35 Nightwatch With Steve Scott: Emergency

Docu following fire crews and paramedics as they rush around saving people. (R)

12.30am Premiership Rugby Union

SPORT Highlights of some of the latest fixtures, including Saracens vs Bath, London Irish vs Harlequins and Northampton Saints vs Leicester Tigers. (R)

1.25 Loose Women: Topical debate. (R) **2.15** The Jeremy Kyle Show (R) **3.10-5.30am** ITV Nightscreen

4

5.55am The Treadle People (R) **6.05** Sali Mali (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.20** Frasier (R) **8.50** Will & Grace (R) **9.20** According to Jim **9.45** Deal or No Deal (R) **10.35** Coach Trip (R) **11.10** Without a Trace (R) **12.05pm** A Brief History of Fun (R) **12.20** The Home Show (R) **1.15** **FILM** Saddle the Wind: Western. **2.55** Glamour Puds **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.55 The Political Slot

8.00 Jo Frost: Extreme Parental Guidance Minute

Read the title back and ask yourself if you really need to sit through this.

9.00 One Born Every Minute

See above.

10.00 Shameless

MUST-SEE More estate-based misbehaviour.

11.10 The Big Bang Theory

11.35 8 Out Of 10 Cats
With Lauren Laverne, Alan Cumming, Richard E Grant and Tom Felton. (R)

12.05am Late Night Poker

SPORT Action from the Grand Final. (R)

1.10 Best of the NBA

SPORT Ball-bouncing action from America. (R)

1.55 Road to the World Cup **2.25** Bullrun **2.50** KOTV **3.15** Freesports **3.40** Sport **4.10** Triathlon **4.35** The Track and Field Show **5.05-6.00am** Beach Volleyball

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** RSPCA: On the Frontline (R) **1.15** Lights, Camera, Animals (R) **1.45** Neighbours **2.15** Home and Away **2.50** Zoo Days (R) **2.55** Property List: Top Spots (R) **3.05** **FILM** A Girl Like Me: The Gwen Araujo Story: Fact-based drama starring JD Pardo. **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 Chinese Food In Minutes

It's called a takeaway.

8.00 Ice Road Truckers

Tim Freeman is promoted to the position of lead driver, only for a faulty rear light to cut his journey short. Drat!

9.00 CSI: Crime Scene Investigation

The severed head of an employee is discovered at a bowling alley.

10.00 CSI: Miami

A man is found stabbed to death, handcuffed to a hotel bed. (R)

11.00 CSI: NY

A model is found apparently electrocuted in a giant Martini glass high above Times Square. Those crazy Americans. (R)

12.00m't NCIS

A bank at Quantico is robbed, but the team discovers that stealing money may not have been the main objective. (R)

12.55am SuperCasino

Live interactive gaming.

4.00 The FBI Files (R) **4.55** County Secrets (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 8.00pm River City **10.35** Doctor Fortune's Casebook **11.05** Secrets for Sale **11.50** **FILM** Open Range: Western starring Kevin Costner. **BBC1 NORTHERN IRELAND: 10.35pm** Spotlight **11.05** Secrets for Sale **11.50** **FILM** Open Range

BBC1 WALES: 10.35pm Week In, Week Out **11.05** Secrets for Sale **11.50** **FILM** Open Range **BBC2 SCOTLAND: 7.00pm** The Duchess and the Fuhrer **7.30** Eorpa (European Current Affairs) **10.00** When Nicola Benedetti Met Aly Bain **11.00** Newsnight

Scotland, Weather **BBC2 NORTHERN IRELAND: 10.00pm** Road Patrol NI **11.20** Mock the Week **11.50** Mad Men **12.40am** Mad Men **1.25** BBC News **STV: 12.30am** Roulette Nation **1.00** Dating the Enemy **ULSTER: 10.35** UTV Live Tonight **11.10**

Harry Hill's TV Burp **11.40** Brain Box **54C:** As C4 except: **7.00pm** Wedi 7 **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** NnPethe **9.00** Cofio Gyda Jenny Ogwen **9.30** O'r Galon: Ar Brawf **10.00** Llyr Williams: Cyngerdd Efrog Newydd **10.45**

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics
6.30 Snow Ride
7.00 Netbusters

7.30 **MUST-SEE** Cricket: The second one-dayer between Bangladesh and England at the Shere Bangla National Stadium.

4.00pm Netbusters
4.30 Irish Football
6.00 Netbusters
6.30 Spanish Football
7.30 Football Asia
8.00 Cricket

10.00 Rugby Union (HD)
10.30 Spanish Football
11.30 Football Asia
12.00m't Football
1.30am Rugby Union (HD)
2.00 Spanish Football
3.00 Football
4.30 Spanish Football
5.30-6.00am Football Asia

sky SPORTS 2

6.00am Good Morning Sports Fans
9.00 Golf (HD)
10.00 Golf

11.30 PGA Tour Classic
12.30pm Soccer AM: The Best Bits
1.30 Football
3.00 Netbusters
3.30 SPL Round-Up
4.00 Boots 'n' All
5.00 Soccer AM: The Best Bits: Some of the highlights of Saturday's show.
6.00 Snow Ride
6.30 Boots 'n' All

7.30 **LIVE** Football: Scotland Under-21s vs Azerbaijan Under-21s, kick-off 7.30pm.
10.00 Poker: Action from the European Poker Tour, held in Kiev, Ukraine.
11.00 Cricket: The game between Bangladesh and England in Mirpur.
1.00am Poker
2.00-3.00am Pool

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.40pm CutThroat Island: Swashbuckling adventure starring Geena Davis. **9.00** Beaches: Bittersweet rubbish starring Bette Midler. **11.20** The Fountain: Sci-fi romance starring Hugh Jackman and Rachel Weisz. **1.10am** The Fly: Sci-fi horror remake starring Jeff Goldblum. **3.00-3.10am** The Lovely Bones Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Scrubs **10.30** Sex and the City **11.40** Two and a Half Men **12.40am** South Park: Butters

ESPN

6.30pm Between The Lines
7.45 Portuguese
Football **9.30** Eredivisie **10.30** Serie A Weekly Round-Up **11.00** Poker **12.00m't** **LIVE** Basketball **4.00am** Basketball
4.30-5.00am Serie A Weekly Round-Up

appears on a talk show. **1.40** Comedy Store **2.10** The Office: An American Workplace **2.40** Jackass **3.10** Scrubs **4.05** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** World's Toughest Driving Tests **9.00** Last Woman Standing **10.00** EastEnders **10.30** Coming of Age: It's the last in the series. **11.00** Family Guy **11.45** Last Woman Standing **12.45am** World's Toughest Driving Tests **1.45** Coming of Age **2.15** Cannabis: Britain's Secret Farms **3.15** Dancing on Wheels **4.10** Ballet Boyz - The Rite of Spring **5.10-5.20am** Doctor Who Confidential

E4 (136)

7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** 90210 **10.00** Supersize vs Superskinny **11.00**

Shameless **12.10am** Skins **1.15** How I Met Your Mother: Ted misses his job interview. **1.40** Scrubs **2.30** Shameless **3.25** Supersize vs Superskinny **4.20** Ugly Betty **5.10-6.00am** Switched

DAVE (111)

7.00pm Seaside Rescue **7.30** Crash **8.00** Top Gear **9.00** QI: With Jo Brand. **10.20** Argumental **11.00** Have I Got News for You **11.40** QI **12.20am** Red Dwarf Special: Smeg Ups **1.00** Argumental **1.40** Two Pints of Lager and a Packet of Crisps **2.20-3.00am** The Indestructibles

MTV ONE (350)

7.00pm Gossip Girl **8.00** Daddy's Girls **9.00** Blonde Charity Mafia **10.00** Randy Jackson's America's Best Dance Crew **11.00** 16 and Pregnant **12.00m't** True Life **1.00am** Disaster Date **2.00** Jackass **3.00** Rock of Love **4.00** Pimp My Ride **5.00-6.00am** My Super Sweet 16

NEW
ISSUE
ON SALE
TODAY!

2 MARCH **TUESDAY**

**FULL 7
DAY TV
GUIDE!**

sky1

6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Grimebusters (R)(HD) **9.30** Grimebusters (R)(HD) **10.00** Lion Man (R) **10.30** Airline (R) **11.00** Don't Forget the Lyrics (R)(HD) **12.00noon** The Biggest Loser: Australia (R) **12.30pm** The Biggest Loser: Australia (R) **1.00** Bones (R)(HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons

Homer borrows Mr Burns' mansion. (R)

7.30 The Simpsons

Bart develops a serious relationship with a girl in a nearby town. (R)

8.00 Stargate Universe

Scientists on earth propose a way to bring the crew home. (R)(HD)

9.00 Caprica

Tamara makes friends with gamers while haunting the virtual world. (HD)

10.00 Fringe

MUST-SEE A teenage girl recovers after being pronounced brain dead. (HD)

11.00 Lost

Stay with it. Stay with it. (R)(HD)

12.00m't Caprica

Tamara makes friends with gamers while haunting the virtual world. Anyone else getting a sense of déjà vu? (R)(HD)

1.00am Road Wars **1.50** Ross Kemp **2.40** Don't Forget the Lyrics US **3.30** Brainiac **4.20** Battlestar Galactica **5.10-6.00am** Smarter Than a 10 Year Old?

Penawdau Newyddion a'r Tywydd **10.50** One Born Every Minute **11.50** Shameless **12.50am** Jo Frost: Extreme Parental Guidance **1.50** The Bible: A History **2.45-4.50am** **FILM** Air Force

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Nothing to Declare **9.00** Danny Dyer's Deadliest Men 2: Living Dangerously **10.00** Deadliest Warrior **11.00** Ninja Warrior **12.00m't** Roulette Nation **3.00am** How Clean is Your Crime Scene? **4.00-5.00am** Ninja Warrior

SCI-FI (129)

7.00pm Buffy the Vampire Slayer **8.00** Eastwick **10.00** Dollhouse: Echo is given the personality of a new mum. **12.00m't** Medium **1.00am** Buffy the Vampire Slayer **3.00** Flash Gordon **4.00-6.00am** **FILM** Thirst: Drama starring Adam Arkin.

FX (164)

7.00pm NCIS **9.00** Family Guy: Peter arranges a macabre date. **9.30** American Dad! **11.00** Nip/Tuck **12.00m't** NCIS **2.00am** The Wire **3.10** Urban Legends **3.40-4.10am** The Newsroom

TODAY'S MUST-SEES



CRUCIAL CLASH!

"Watch out, I'm gardening here!"

Bangladesh vs England

Sky Sports 2/HD, 7.30am

SPORT There are very few definites in cricket, but you can reasonably assume that most teams will give Bangladesh a tonking. Before this series, England had played the international minnows eight times in one-dayers, and won the lot, so they'll have gone into this three-match series with high hopes of another comfortable win. Whether or not England got off to the expected winning start in Sunday's opener, this second match will be crucial. ★★★★★



"Just let me pee quickly, then you can use it!"

Antichrist

Sky Box Office, from 6.30am

FILM Willem Dafoe retreats to a cabin in some spooky woods where his wife goes mental in a nasty horror that makes *The Hostel* look tame. Porn actors and prosthetics were used for some utterly gruesome close-ups. You have been warned! ★★★★★



"Wanna know how I made that froth?"

Fringe

Sky1/HD, 10pm

DRAMA A girl recovers from an incident where she was pronounced brain-dead, which is great, but then claims to be a Russian soldier, which is weird – then again, this is from the bloke behind *Lost*. Hardly likely to be straightforward, is it? ★★★★★



"Do you have this on Blu-Ray?"

Shameless

Channel 4, 10pm

DRAMA Patrick discovers two new loves. One's called D'reen and the other is into salsa dancing! Sadly for his prospects, Mimi forces him into one last dodgy deal. Good stuff, but note to producers – please start making it funny again! ★★★★★

mousebreaker's
Blast Billiards Touch

#1 Sports Game Simulation Game
- iTunes UK App Store

www.mousebreaker.com/iphone

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Animal 24/7
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy: *House hunting*. **11.45** Cash in the Attic (R)
12.15pm Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather
1.45 Doctors **2.15** Murder, She Wrote (R)
3.00 BBC News, Weather, Regional News
3.05 CBeebies **3.25** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Nature's Calendar (R)
11.30 Daily Politics **1.00pm** See Hear
1.30 Working Lunch: *Business news from the City*. **2.00** Living in the Sun (R)
3.00 Diagnosis Murder (R) **3.45** Flog It!
4.30 Cash in the Celebrity Attic **5.15** Escape to the Country **6.00** Eggheads
6.30 Priceless Antiques Roadshow (R)

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning
12.30pm Loose Women **1.30** ITV News
1.55 Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R)
5.00 The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

4

6.00am The Treacle People (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.20** Frasier (R) **8.50** Will & Grace (R) **9.20** According to Jim **9.45** Deal or No Deal (R)
10.35 Coach Trip (R) **11.10** Without a Trace (R) **12.05pm** Designers Under Pressure (R) **12.15** The Home Show (R)
1.15 **FILM** The Law and Jake Wade **2.55** Glamour Puds **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions
6.00 The Simpsons (R) **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff
10.45 Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R)
12.40 Five News **12.45** RSPCA: On the Frontline (R) **1.15** Lights, Camera, Animals (R) **1.45** Neighbours **2.15** Home and Away **2.50** Property List: Top Spots (R)
3.05 **FILM** Mystery Woman: Oh Baby: *Detective drama starring Kellie Martin*.
5.00 Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show

7.30 Nigel Slater's Simple Suppers

8.00 MasterChef

Twelve cookery-inclined contestants try to impress John Torode and Gregg "I used to sell oranges and bananas" Wallace.

9.00 Five Days

Laurie and Mal stage a reconstruction of events on day one, for some reason.

10.00 BBC News

10.35 The National Lottery Draws

10.45 Damages

Joe Tobin discovers his fraudster father has stashed away a fortune.

11.25 Film 2010 With Jonathan Ross

A review of *Alice In Wonderland*.

11.55 Cabaret

FILM Musical starring Liza Minnelli as a cabaret singer working in '30s Berlin. Has boobs in it.

2.00am Sign Zone: *Antiques Roadshow* Valuing rubbish at Leeds Town Hall. **3.00** Country Tracks **3.55-6.00am** BBC News

7.00 Yellowstone

Summer returns to the park, but even so, snow can turn up again without warning. Sound familiar? (R)

8.00 Becoming Jane

FILM Romantic period drama inspired by the early life of Jane Austen. Don't even think about ringing your mum for the next two hours.

9.55 Grumpy Old Women

Sheila Hancock, Arabella Weir, Dillie Keane and Fiona Phillips moan about family-related matters. Groan. (R)

10.30 Newsnight

11.20 The Bubble

Germaine Greer, Ed Byrne and Jon Richardson join host David Mitchell. (R)

11.50 The Virtual Revolution

Dr Aleks Krotoski discovers how the 'net has changed the way people think. (R)

12.50am BBC News

4.00-6.00am BBC Learning Zone

7.00 Emmerdale

Ernest's sheep opens his own clothes shop and is featured on *GMTV*.

7.30 International Football **MUST-SEE** England vs Egypt, kick-off 8pm. It may only be a friendly, but it still offers a great excuse to get the beers in. Enjoy!

10.10 ITV News, Weather

10.45 International Football Highlights

SPORT All the action from the game you finished watching, er, half an hour ago.

11.45 Cops With Cameras

Following officers as they throw more drunken morons into meat wagons. (R)

12.40am Nightwatch With Steve Scott: Mystery

Reopening the files on Britain's most notorious crimes. Blimey! (R)

1.30 Loose Women: *Topical debate/cackling*. (R) **2.20** The Jeremy Kyle Show (R) **3.15-5.30am** ITV Nightscreen

7.00 News

7.55 The Political Slot

8.00 Relocation, Relocation
"Sorry, your house is only worth about half of what it was in 2007" etc.

9.00 Ramsay's Kitchen Nightmares USA

Gordon comes to the aid of a struggling Cuban cafe in Brooklyn, New York.

10.00 Desperate Housewives

Bree struggles to end her affair with Karl.

11.00 Shameless

Mimi asks Paddy to perform one last job for the family. (R)

12.00m't 4Music: Paul Weller: Video Exclusive

12.05am Music Academy 2010

12.20 The Album Chart Show Spotlight

12.35 360 Sessions

1.05 This Week's 4Music Top 20 **3.05** The War At Home **3.25** Generation XXL (R) **4.20** St Elsewhere: *Elsewhere as in bed*. (R) **5.10-5.55am** Countdown (R)

7.30 Monkey Life

There's bad news in the orangutan house. They've run out of PG Tips? (R)

8.00 Extraordinary People: The World's Oldest Conjoined Twins

A profile of Ronnie and Donnie Galyon, who have been joined at the chest since they were born in 1951. (R)

9.00 NCIS

Gibbs's team is sent on a decoy mission in a bid to expose a spy in NCIS and are shocked by the outcome of the operation.

10.00 Law & Order: Criminal Intent

Logan and Barek investigate the murder of a businessman. (R)

11.00 Numb3rs

After his informant appears killed, an agent becomes a suspect and ends up in jail, where he takes Colby hostage.

11.55 Poker

SPORT Highlights of a recent tournament.

1.00am SuperCasino **4.00** The FBI Files (R) **4.50** County Secrets (R) **5.10** Neighbours: *Aussie soap*. (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: 10.45pm Our Man in the Vatican **11.15** **SPORT** Match of the Day from Northern Ireland **11.45** Damages **12.25am** Film 2010 with Jonathan Ross **12.55** Where Music Matters **1.00** Sign Zone: Art of Russia **BBC1 WALES: 10.45pm** Our Man in the Vatican **11.15** **SPORT** Match of the Day from Wales **11.45** Damages **12.25am** Film 2010 with Jonathan Ross **12.55** Where Music Matters **1.00** Sign Zone: Art of Russia **BBC2 SCOTLAND: 9.55pm** Muslim Driving School **11.00** Newsnight Scotland **BBC2 NORTHERN IRELAND: 9.55pm** Where Music Matters **10.00** Sign Zone: Art of Russia **STV: 7.30pm** River Monsters **8.00** **FILM** *Miss Congeniality 2: Armed and Fabulous: Comedy sequel starring Sandra Bullock*. **10.45** Rachel Nickell - Case Closed: Real Crime **11.45** Scotland Revealed Moments **12.00m't** Roulette Nation **1.00am** The Krypton Factor **ULSTER: 11.15pm** **SPORT** RPM Motorsport **5.45** As C4 except: **7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Tocyn **9.00** Mr Hollywood a Matthew Rhys **10.05** CF99 **10.35** Penawdau Newyddion a'r

7.30pm **NEW** Wales and the History of the World **BBC2 SCOTLAND: 9.55pm** Muslim Driving School **11.00** Newsnight Scotland **BBC2 NORTHERN IRELAND: 9.55pm** Where Music Matters **10.00** Sign Zone: Art of Russia **STV: 7.30pm** River Monsters **8.00** **FILM** *Miss Congeniality 2: Armed and Fabulous: Comedy sequel starring Sandra Bullock*. **10.45** Rachel Nickell - Case Closed: Real Crime **11.45** Scotland Revealed Moments **12.00m't** Roulette Nation **1.00am** The Krypton Factor **ULSTER: 11.15pm** **SPORT** RPM Motorsport **5.45** As C4 except: **7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Tocyn **9.00** Mr Hollywood a Matthew Rhys **10.05** CF99 **10.35** Penawdau Newyddion a'r

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International Football Highlights 12.10am **SPORT** RPM Motorsport **5.45** As C4 except: **7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Tocyn **9.00** Mr Hollywood a Matthew Rhys **10.05** CF99 **10.35** Penawdau Newyddion a'r

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Football
10.30 FIFA Futbol Mundial
11.00 Spanish Football
12.00noon Football Asia
12.30pm Football
2.00 Football Asia
2.30 Spanish Football
3.30 FIFA Futbol Mundial
4.00 Football Asia
4.30 Football
6.00 Boots 'n' All
7.00 FIFA Futbol Mundial
7.30 **LIVE** Football: *Scotland vs Czech Republic, kick-off 8pm*. (HD)
10.15 You're on Sky Sports!
11.45 FIFA Futbol Mundial
12.15am Football (HD)
2.15 You're on Sky Sports!
3.45 Football (HD)
5.45-6.00am Sky Sports Classics

sky SPORTS 2

6.00am Aerobics **6.30** Snow Ride
7.00 WWE Vintage Collection **8.00** Spanish Football **9.00** Snow Ride
9.30 Snowboard Diaries
10.00 Pool
11.00 Poker
12.00noon Ironman Triathlon
1.00pm Max Power
2.00 Poker
3.00 Ironman Triathlon
4.00 Poker
5.00 Watersports World
6.00 European Tour Weekly
6.30 Inside the PGA Tour (HD)
7.00 Total Rugby
7.30 **LIVE** Football: *Wales vs Sweden in Swansea, kick-off 7.45pm*. (HD)
10.00 Boots 'n' All
11.00 European Tour Weekly
11.30 Inside the PGA Tour (HD)
12.00m't Golf **1.00-2.00am** Poker

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm Mighty Joe Young: *Adventure fantasy starring Charlize Theron*. **9.00** Me, Myself & Irene: *Comedy thriller starring Jim Carrey and Renée Zellweger*. **11.15** The Dreamers: *Drama starring Michael Pitt*. **1.30am** The Green Ray: *Drama*. **3.25-3.35am** The Lovely Bones Special

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs
9.00 Two and a Half Men **10.00** Grouchy Young Men **10.30** Comedy Store **11.00** Sex and the City **12.15am** Two and a Half Men **1.15** South Park **2.15** Comedy Store

ESPN **6.00pm** **LIVE** Football **8.00** ESPN Kicks **8.15** Eredivisie
9.15 Serie A **9.45** Kicks **10.00** PortuGol
10.30 Ski World Cup **11.00** Poker
12.00m't **LIVE** Basketball **2.30am** PortuGol **3.00-5.30am** **LIVE** Ice Hockey

2.45 Jackass: *Ace stunts*. **3.15** Scrubs
4.10 Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** First Time Voters' Question Time Live **9.00** **FILM** Freaky Friday: *Fantasy comedy remake starring Jamie Lee Curtis*. **10.35** Coming of Age **11.05** Family Guy **11.50** First Time Voters' Question Time Live **12.50am** Dancing on Wheels **1.50** Hotter Than My Daughter **2.20** Snog, Marry, Avoid? **2.50** Coming of Age **3.20** Dancing on Wheels **4.15** Hotter Than My Daughter **4.45-5.15am** Snog, Marry, Avoid?

E4 (136)
7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** **FILM** Wedding Crashers: *Comedy starring Vince Vaughn*. **11.15** The Cleveland Show **11.45** King

of the Hill **12.15am** How I Met Your Mother **12.45** Scrubs **1.40** Being Erica
2.30 Roswell **3.50** Reaper **4.35** Ugly Betty **5.25-6.00am** Switched

DAVE (111)
7.00pm Sahara with Michael Palin **8.00** Top Gear **9.00** Have I Got News for You
9.40 Black Books **10.15** Mock the Week
10.55 The Catherine Tate Show **11.35** Louis Theroux - The Most Hated Family in America **12.55am** Dead Ringers **1.35** Man Stroke Woman **2.15-3.00am** Two Pints of Lager and a Packet of Crisps

MTV ONE (350)
7.00pm Gossip Girl **8.00** Blonde Charity Mafia **9.00** Daddy's Girls **10.00** Screem Queens **11.00** 16 and Pregnant
12.30am Nitro Circus **1.00** Disaster Date: *Hidden camera show*. **2.00** Jackass
3.00 Rock of Love **4.00** Pimp My Ride
5.00-6.00am My Super Sweet 16

3 MARCH**WEDNESDAY****FULL 7
DAY TV
GUIDE!****sky1**

6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Grimebusters (R)(HD) **9.30** Grimebusters (R)(HD) **10.00** Lion Man (R) **10.30** Airline (R) **11.00** Don't Forget the Lyrics (R)(HD) **12.00noon** The Biggest Loser: Australia (R) **1.00pm** Bones (R)(HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons

Homer becomes involved with the paparazzi when he sells scandalous snaps of Duffman cheating on his fiancée. (R)

7.30 The Simpsons

Halloween-inspired tales. (R)

8.00 The World Wild Vet

Luke Gamble travels across the world to help animals in peril.

9.00 Pineapple Dance Studios

It's Nuts' favourite programme! Maybe.

10.00 Dante's Peak

FILM A scientist tries to convince the inhabitants of a small town that a long dormant volcano is about to erupt. Eek! (HD)

12.05am Naked Britain

The world of naturism. Which means there could be boobs. Which means we're going to watch it. (R)(HD)

12.35 Road Wars

Tarmac-based trouble.

1.35 Ross Kemp **2.25** Don't Forget the Lyrics US **3.20** Brainiac: Science Abuse **4.15** Journeyman **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Tywydd **10.40** **SPORT** Sgorio **11.40** Desperate Housewives **12.40am** Embarrassing Bodies **1.40** Lives of the Artists **2.35-4.35am** **FILM** Battleground: Drama starring Van Johnson.

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Trauma **9.00** Criminal Minds **10.00** Eleventh Hour **11.00** 8 Out of 10 Cats: Comedy panel show. **12.00m't** Roulette Nation **3.00am** How Clean is Your Crime Scene? **4.00-5.00am** Ninja Warrior

SCI-FI (129)

7.00pm Buffy the Vampire Slayer **8.00** **PREMIERE** Meteor Storm **10.00** **FILM** Ground Zero: Drama starring Tracy Nelson and Charles Shaughnessy. **12.00m't** Medium **1.00am** Buffy the Vampire Slayer **3.00** Flash Gordon **4.00-6.00am** **FILM** Ba'al: The Storm God: Action film starring Jeremy London.

FX (164)

7.00pm NCIS **9.00** Family Guy **9.30** American Dad! **10.00** Nip/Tuck **11.00** True Blood **12.10am** NCIS **2.10-4.30am** **FILM** Lord of War: Black comedy thriller.

TODAY'S MUST-SEES**FINAL FRIENDLY!****England vs Egypt**

SPORT **ITV1, 7.30pm** If there's one thing that usually fills a man with dread, it's hearing "England" and "friendly" in the same sentence. However, the prospect of watching Wayne Bridge and John Terry in the same side is too good to miss! Fabio Capello's men take on the reigning African champions at Wembley, which should be good preparation for their World Cup group game against Algeria, and the Italian will be hoping for big performances from his key players. ★★★★★



"Over-protective? What do you mean?"

Smokin' Aces 2

Sky Box Office, From 6am

FILM In the sequel to one of the daftest action flicks of all time, FBI bloke Walter Reed discovers there's a bounty on his head and a host of assassins – including Vinny Jones – on his tail! ★★★★★



"Do you have to iron it with your hand?"

Mad Men

BBC4, 10pm

DRAMA The award-winning and all-round ace series set in a New York ad agency in the '60s continues as Don considers his future, while wife Betty – the sexiest housewife in '60s America – starts to get closer to another man. Lucky him! ★★★★★



The blind date wasn't what she expected

Leverage

Bravo, 9pm

DRAMA One of the most entertaining shows on TV right now, Leverage never lets plausibility get in the way of its hi-tech gadgets and elaborate cons. This week, the team are posing as wedding planners and taking on the Mafia. ★★★★★

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PREVIEWS BY: LAURIE FITZGERALD, PETE CASHMORE, RICH JENKINS. PHOTOS: GETTY

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Animal 24/7
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link: *Against the clock* quiz. (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

7.30 EastEnders
Relentless misery.

8.00 MasterChef
Whisk-wielding fun.

9.00 Five Days
Laurie and Mal travel to Scarborough, hoping to discover the victim's identity.

10.00 BBC News, Weather

10.35 Question Time
David Dimbleby chairs a dull debate, with broadcaster Carol Vorderman. Who'll probably talk about maths.

11.35 This Week
MP Diane Abbott and former MP Michael Portillo to waffle about nothing at all.

12.25am Sign Zone: Panorama
The impact of this summer's World Cup on South African youngsters. (R)

12.55 Countryfile
Sheep. Soil. Tweed. (R)

1.50 Natural World (R) **2.50** MasterChef: Hosted by John Torode. (R) **3.50** MasterChef (R) **4.50-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Schools **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Nature's Top 40 (R) **1.30** Castle in the Country (R) **2.00** Living in the Sun (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** Cash in the Celebrity Attic **5.15** Escape to the Country **6.00** Eggheads **6.30** Priceless Antiques Roadshow (R)

7.00 The Culture Show

Mark Kermode presents his own awards for films overlooked by the Oscars.

8.00 Natural World
How forest elephants communicate. We could include a joke about trunk calls here, but we won't. Oh, we just have.

9.00 How Safe Are Our Skies? Detroit Flight 253
How bomb suspect Umar Farouk Abdulmutallab evaded airport security.

10.00 Bellamy's People
More of the excellent comedy, this time looking at unusual beliefs in Britain.

10.30 Newsnight

11.20 The Culture Show

12.20am The Persuasionists
The agency begin a campaign to modernise the image of gin. (R)

12.50 BBC News

4.00-6.00am BBC Learning Zone

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

The sheep leaves Ernest, signs a deal with Simon Cowell and becomes a male model/street theatre expert.

7.30 Internet My Life: Tonight

8.00 Emmerdale

8.30 Coronation Street
Cobbled-street codswallop.

9.00 The Bill

10.00 ITV News, Weather

10.35 Car Crime UK
Trevor McDonald presents an insight into police car-crime teams. (R)

11.35 The Krypton Factor

12.05am Nightwatch With Steve Scott: Mystery
Reopening the files on Britain's most notorious crimes. (R)

1.00 In Plain Sight (R) **1.45** Loose Women (R) **2.35** The Jeremy Kyle Show (R) **3.30** Internet My Life: Tonight (R) **3.55-5.30am** ITV Nightscreen

4

5.55am The Treacle People (R) **6.05** Sali Mali (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.20** Frasier (R) **8.50** Will & Grace (R) **9.20** According to Jim **9.45** Deal or No Deal (R) **10.35** Coach Trip (R) **11.10** Without a Trace (R) **12.00noon** Channel 4 News Summary **12.05pm** The Old People's Home Show (R) **1.05** **FILM** Party Girl **2.55** Glamour Puds **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.55 The Political Slot

8.00 Country House Rescue

9.00 My Daughter Grew Another Head And Other True Life Stories
Following two writers who work for true life magazines. Amazing.

10.00 Alan Carr: Chatty Man
MUST-SEE Chat with the goggle-eyed one.

10.50 Hung
Drama about a male escort. Avoid.

11.25 Hung
Seriously, avoid!

12.00m't Chris Moyles' Quiz Night
With David Walliams, Peter Andre and the super-hot Christine Bleakley. (R)

12.50am Alone In The Wild
Adventurer Ed Wardle tries to survive in the Canadian wilderness. (R)

1.45 Into That Good Night **2.15** Dancing Under the Dustcover **2.30** The Dead Zone **3.10** War at Home **3.30** Generation XXL **4.25** The Bible **5.20-6.05am** Countdown

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** RSPCA: On the Frontline (R) **1.15** Lights, Camera, Animals (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **3.00** Property List: Top Spots (R) **3.10** **FILM** Jane Doe: Eye of the Beholder: *Mystery starring Lea Thompson*. **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 Zoo Days

Head keeper Tim Rowlands suspects Loja the spectacled bear is pregnant. (R)

8.00 Build A New Life In The Country

Charlie Luxton meets a couple who have left Surrey for a more sustainable future in a remote corner of Wales. Great.

9.00 Hang 'Em High
FILM Revenge western starring Clint Eastwood and Inger Stevens. A cowboy hunts down the lynch mob that tried to kill him.

11.25 The Sexy Ads Show
Including a unusual way to clean a car. Sounds... interesting. (R)

12.00m't SuperCasino
Lose money - fast! (R)

4.00am The FBI Files (R) **4.55** County Secrets (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 N. IRELAND: 11.35pm Hearts and Minds **12.05** This Week **BBC1 WALES: 11.35pm** Dragon's Eye **12.05** This Week **BBC2 SCOTLAND: 7.00pm** Sheinam Bard **7.30** Eòrpa **BBC2 N. IRELAND: 7.00pm** Around the World in **1,080** Days **7.30**

Hearts and Minds **9.00** **LIVE** Greyhound Racing **11.25** How Safe Are Our Skies? Detroit Flight 253 **12.25am** The Culture Show **1.25** The Persuasionists **1.55** BBC News **BBC2 WALES: 7.00pm** Dragon's Eye **7.30** Hidden Houses of Wales **STV: 7.30pm** It's

Never Too Late **9.00** Cops with Cameras **10.35** Underbelly Uncut **11.35** Politics Now **12.10am** Roulette Nation **3.30-5.30am** ITV Nightscreen **ULSTER: 7.30pm** The Seven Thirty Show **10.30** UTV Live Tonight **11.10** Internet My Life: Tonight **11.40**

Brain Box **ITV1 WALES: 7.30pm** Wales This Week **10.35** Sharp End **11.05** The Wales Show **S4C: As C4** except: **7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Pawb a'i Farn **9.30** Dic Jones **10.35** Penawdau Newyddion a'r Tywydd

TODAY'S SPORT

sky SPORTS 1

6.00am Inside the PGA Tour (HD)
6.30 European Tour Weekly
7.00 **LIVE** Golf: The opening day of the Malaysian Open in Kuala Lumpur.
10.00 Football (HD)
12.00noon Boots 'n' All
1.00pm Total Rugby
1.30 The Sorsa Project
2.00 FIFA Futbol Mundial
2.30 Total Rugby
3.00 **LIVE** Horse Racing: The Super Thursday meeting in the UAE.
7.00 **MUST-SEE** Darts: Round four in the Premier League, from Exeter. (HD)
10.30 Time of Our Lives
11.30 The Rugby Club (HD)
12.30am Premier League World
1.00 Time of Our Lives
2.00 The Rugby Club (HD)
3.00-6.00am **LIVE** Cricket: Bangladesh vs England in the final one-dayer.

sky SPORTS 2

6.00am Good Morning Sports Fans
9.00 Snow Ride
9.30 The Sorsa Project
10.00 Boots 'n' All
11.00 Golf
12.00noon Golf
3.00pm Football: Action from the friendly international between Scotland and the Czech Republic at Hampden Park. (HD)
5.00 FIFA Futbol Mundial
5.30 Terje's Season's Pass: Following top snowboarder Terje Hakonsen.
6.00 Premier League World: The latest news surrounding the Premier League.
6.30 Golf: Highlights of the opening day's play of the Malaysian Open.
8.00 **LIVE** Golf: The Honda Classic from the PGA National Resort and Spa in Palm Beach Gardens, Florida. (HD)
11.00 Golf
12.30-4.00am Darts (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.10pm The Lovely Bones Special **7.15** The Man with One Red Shoe: *Spy spoof starring Tom Hanks*. **9.00** A Good Year: *Ridley Scott's comedy drama starring Russell Crowe*. **11.15** Cocktail: *Romantic drama starring Tom Cruise*. **1.15-3.55am** Captain Corelli's Mandolin: *Romantic war drama starring Nicolas Cage*.

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men: Double-bill. **10.00** **FILM** Teen Wolf: *Teenage werewolf comedy*. **12.00m't** Sex and the City

ESPN

7.00pm NBA **9.30** Goal! **10.00** MMA Live **10.45** ESPN Kicks **11.00** Poker **12.00m't** Freestyle **12.30am** NBA Action **1.00** AMA Supercross **2.00** **LIVE** Ice Hockey **4.30** ESPN Kicks **4.45-5.30am** MMA Live

1.10am Two and a Half Men **2.10** South Park **3.10** Comedy Store **3.40** Jackass **4.05** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Snog, Marry, Avoid? **8.30** Hotter Than My Daughter **9.00** Dancing on Wheels **10.00** EastEnders **10.30** **MUST-SEE** Eddie Izzard: Marathon Man **11.30** Family Guy **12.15am** Dancing on Wheels **1.15** Snog, Marry, Avoid? **1.45** Hotter Than My Daughter **2.15** Eddie Izzard: Marathon Man **3.15** Glastonbury **2009** **4.10** Being Human **5.10-5.25am** Doctor Who Confidential

E4 (136)

7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** The Big Bang Theory **9.30** How I Met Your Mother **10.00** **MUST-SEE** Skins **11.00** Glee

12.00m't How I Met Your Mother **12.30am** Scrubs **1.30** Skins **2.25** Privileged **3.05** Heartland **3.50** Ugly Betty **4.35-6.00am** Switched

DAVE (111)

7.00pm Traffic Cops **7.30** Seaside Rescue **8.00** Top Gear: A celebration of British Leyland's 40th birthday. **9.00** QI XL: With Sean Lock and Jimmy Carr. **10.00** Genius: With Dave Gorman. **10.40** Argumental **11.20** QI XL **12.20am** Genius **1.00** Dead Ringers **1.40** Man Stroke Woman **2.20-3.00am** The Indestructibles

MTV ONE (350)

7.00pm The Hills **8.00** Daddy's Girls **9.00** Blonde Charity Mafia **10.00** Randy Jackson's America's Best Dance Crew **11.00** 16 and Pregnant **12.30am** Nitro Circus **1.00** Disaster Date **2.00** Jackass **3.00** Rock of Love **4.00** Pimp My Ride **5.00-6.00am** My Super Sweet 16

sky1

6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Grimebusters (R)(HD) **9.30** Grimebusters (R)(HD) **10.00** Lion Man (R) **10.30** Airline (R) **11.00** Don't Forget the Lyrics (R)(HD) **12.00noon** The Biggest Loser: Australia (R) **12.30pm** Oops TV (R) **1.00** Bones (R)(HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV: Home videos. (R)

7.00 The Simpsons
Bart and Lisa think they've killed Martin.

7.30 The Simpsons
Marge and Homer relive a patch in the '90s when they fell out due to his success in the first grunge band. (R)

8.00 Modern Family
Jay and Gloria argue over what Manny should wear to school. (R)(HD)

8.30 Two And A Half Men

9.00 Pineapple Dance Studios
Make it stop. Please! (R)(HD)

10.00 Bones
A botched robbery results in the death of a man dressed up as Santa. (R)(HD)

11.00 Cold Case

12.00m't Road Wars
The team from the Proactive Elite Unit investigates Russian scam artists. (R)(HD)

1.00am Songbook **1.50** Road Wars **2.40** Ross Kemp **3.30** Don't Forget the Lyrics US **4.20** Journeyman **5.10-6.00am** Are You Smarter Than a 10 Year Old?

10.40 Pethe **11.10** Ramsay's Kitchen Nightmares USA **12.10am** **NEW** The Secret Millionaire **1.10** Alan Carr: Chatty Man **1.55** **FILM** The Rules of Attraction **3.45** 360 Sessions **4.10-4.40am** **SPORT** KOTV

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Ghost Whisperer **9.00** Caribbean Cops **10.00** Hustle **11.05** Burnt and Survived: Shocking Story **12.00m't** Roulette Nation: Casino game show. Obviously. **3.00am** How Clean is Your Crime Scene? **4.00-5.00am** Ninja Warrior

SCI-FI (129)

7.00pm Buffy the Vampire Slayer **8.00** Legend of the Seeker **9.00** Sanctuary **10.00** **FILM** Komodo vs. Cobra **12.00m't** Medium **1.00am** Buffy the Vampire Slayer **3.00** Flash Gordon **4.00-6.00am** **FILM** Thriller Seekers: Thriller starring Casper Van Dien and Martin Sheen.

FX (164)

7.00pm NCIS **9.00** Family Guy: Double-bill. **10.00** American Dad! **11.00** Family Guy **12.00m't** NCIS **2.00am** Murder by the Book **3.00-4.00am** UC: Undercover

TODAY'S MUST-SEES



DRUG-BUSTERS!

He was regretting offering Dawn French a hug



Premier League Darts

Sky Sports 1/HD, 7pm

SPORT The lucky people of Exeter get to see the Premier League's top-billing event – Phil Taylor (above) against Raymond van Barneveld. The other ties look tasty, but that's the big one! ★★★★★

She hadn't noticed the giant pig creeping up on her



Skins

DRAMA E4, 10pm
The ever-shy JJ has the hots for his new work colleague, Lara, but doesn't know how to tell her how he feels. So he decides to take a bit of manly advice from Cook, someone who's already beaten him up this series. Er, great idea, JJ! ★★★★★

Shadow Wolves: Border Warriors

National Geographic, 8pm

DOCU The Tohono O'odham territory in Arizona, USA, shares 76 miles of border with Mexico, placing it right in the eye of the drug-smuggling storm. Luckily, on hand to sort out the mess are the Shadow Wolves, an elite unit of Native American trackers who use ancient techniques passed down through generations, as this documentary reports. ★★★★★

Harry Potter And The Dubious Sexuality was a box-office flop



Alan Carr: Chatty Man

Channel 4, 10pm

CHAT Tonight, the goggle-eyed comic's guests include Ant and Dec, and Torchwood actor John Barrowman, who gives us the lowdown on his new album. Let's hope he doesn't sing from it. ★★★★★

Hitch-hiking to South Africa was proving to be a bad idea




Eddie Izzard: Marathon Man

BBC3, 10.30pm

DOCU Last summer, comedian Eddie Izzard completed 43 marathons in just 51 days. This documentary tells the amazing story. ★★★★★

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Lucy Pinder & Lindsay Strutt's Saucy Romp 371682
Huge Boobs Saskia Shows You Everything 376914
18 Yr Olds Naughty Sleepover On Cam 375669
Too Rude To Describe!!! 373512
Mates Mum Gets Very Naughty For Me! 373792
Vikki Blows Uncensored Action On Cam 371184
Danielle Lloyd's Secretary Roleplay Vid 374537
Horny Babysitter Loves To Get Randy! 377113
Sexy Housewife Doing What She Shouldn't 373642
Saucy Students Seduce Their Younger Friend 371637
18 Yr Old Neighbours First Home Movie 372177
Sophie Howard Reveals All For You! 376255
DD+ College Babes Get Randy On Cam! 376874
Sexy Teacher Loves Being Strict On Cam! 371631
BB's Banned Emily Loves To Get Frisky 372339
Blonde Babe Fondles Her Massive Boobs 379150
My Bosses Sexy Dom Secretary Seduced Me 376436
Quickie With Horny 19 Yr Old Babysitter 375583
Bridesmaid Gets Hot & Steamy In Suspenders 372863
Mates Hot Mum Wants It Rough Now! 373865
Sexy Fat Babe Plays With Huge Rack 376159
Mates Horny Girlfriend Wants Me Now 371661
My Horny Mum Tried It On With My Girlfriend! 373642
Uni Babes Frisky Uniform Vid 371665
Hot & Horny Housewives Romp! 376145
5 Hot Minutes With Silvia Saint 371622
Caught Out My Girlfriend & My Brother! 376509
19 Yrs Babe Gets Saucy In Suspenders 376629
Naughty Nurses Big Boobs 377295
Busty Uni Girl Loves To Tease You! 375452
Sexy Peta Todds Massive Boobs! 379651
Frisky Secretary Sent Me This Naughty Vid 370578

VIKKI BLOWS
FRISKY STRIPTease ON CAM!
BUMPER VID - 372619



UNCENSORED ACTION!



378202



372461



372192



372125



373539



374785



375524



377166



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Danielle Lloyd's Saucy Bedroom Strip Tease 371238
Vikki Blows Saucy Home Movie Action! 377166
Saskia Loves To Get Them Out! 375586
Lucy Pinder Loves To Play Dress Up! 379658
Playmate Lisa Marie's Horny Roleplay 379122
Busty Jaki Deggs Hottest Ever Action! 371164
Sophie Howard Shows Off On Cam 370445

RANDY STUDENTS

18 Yrs Sleepover Caught On Cam 370545
Busty Uni Babe Wants It Bad Now! 371498
Sexy Flatmates Experiment Together 370949
Caught My Girl Doing What She Shouldn't! 373061
18 Yr Old Strips For Cash 373490
Girlfriend Plays Outside In PVC! 373249
Euro College Babe Reveals In Stockings 370753

SAUCY FETISH VIDS

Frisky French Maid Roleplay Action! 374515
Mates Mum Reveals Hot PVC Fetish 372679
Barmaids Get Together After Hours 373030
Frisky New Bride In The Bedroom! 379523
Air Hostess Reveals All For You 371865
Dirty Leather Whip & Strip Action! 373098
Frisky Playmates Cowgirl Antics! 370260

NAUGHTY MATURE BABES

Busty Blonde Babe Plays In The Bath 375456
Soccer Mom Loves To Get Naughty 373105
Mature Redhead Loves To Lick! 370749
Busty Euro Mom Loves Her Huge Assets! 375148
Wet & Wild Latino Sofa Tease! 372324
Teachers Randy Strip In The Woods! 371552
Housewives Experiment Together! 375615

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18+. This is NOT a subscription service. Standard network charges apply to messages sent. For the best experience, your mobile should be able to send and receive MMS photos and videos. Meetings not implied or guaranteed. MMM Ltd Helpline: 0871 310 7591 PO Box 55766 London E14 1DT

CHAT OR DATE
WOMEN CHAT FREE*

10p
PER MIN

As seen on
TV - Sky 878

WOMEN: 0800 075 6402
MEN: 0871 908 0962

18+. Helpdesk 0844 944 0844. 0871 = 10p per min. *0800 = Free from a BT Landline. Network Extras Apply. Live calls recorded. SP: 4D.

TEXT
with genuine men & women

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
25p per msg sent/rcvd min spend £1.50

Helpdesk 0844 944 0002. Standard network charges apply. 18+ only. Women: Network charges only. Men: Join for 10p per msg for 1st 15 msg sent/rcvd, 25p per msg thereafter. This is a subscription service, it will cost 25p per msg sent/rcvd until you send STOP to 88199. SP: X-On.

CHEAP CHAT
MEN: 0871 300 3367

18+. H/desk 0844 944 0844. 0871 = 9p per min. Network extras apply. Live calls recorded. SP: 4D.

WOMEN CALL FREE*
0800 075 2269

*0800 = Free from BT Landline

Hook Up With Girls RIGHT NOW!
Find Singles Near You on Your Mobile

SWAP PHOTOS & PERSONAL DETAILS BY TEXT
Register now for 3 to 5 Matches in Minutes

TEXT ACT TO 61000
GET IT ON WITH SOMEONE TONIGHT!

18+ ONLY £1.50p FOR EACH TEXT MESSAGE RECEIVED. TO STOP TEXT STOP TO 61000. IDL BCM 186 LONDON WC1N 3XX HELP: 0845 869 7559. THIS IS A FANTASY CHAT SERVICE. NO MEETINGS ARE GUARANTEED OR IMPLIED. WE MAY SEND YOU PROMOTIONAL MESSAGES TO OPT OUT TEXT STOP ALL TO 61000. FULL T&Cs AT WWW.INFOSMS.CO.UK

RELAX & GET SEXY

Amazing SEXY TEXT
hook up with local girls
to relieve your stress x
See our lovely pics now
on your mobile xxx

TEXT EASY TO 67111

LL P06538 N27YN. Help 08431692255. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

SEXY TEXT EASY AND QUICK

Hot girls at home always
ready & sexy FOR YOU!
Text in now for girls pics
-a great time guaranteed,
full satisfaction xxx

TEXT KISS TO 67111

LL P06538 N27YN. Help 0844 671 4497. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

Chat Or Date!

100's Of
Men & Women
Online
Right Now

ONLY 10p PER MIN

Women: 0800 075 2970
Men call: 0871 908 1198

18+. Helpdesk 0844 944 0844. 0800 = FREE AT ALL TIMES. 0871 = 10p per min. Network extras apply. Live calls recorded. SP: 4D.

TEXT
WITH
FREE
PICS
AND
VIDEOS
WHEN YOU CALL

Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
MIN SPEND £1.50

Helpdesk 0844 944 0002. Stnd ntwk charges apply. 18+. Women: Ntwk charges only. Men: Join for 10p per msg for 1st 15 msg sent/rcvd, 25p thereafter. Pic msgs cost £1.50 each. This is a subscription svce, costing 25p per msg sent/rcvd until you send STOP to 88199. SP: X-On.

CHAT OR DATE
10p PER MIN

0872 100 1003

18+. Helpdesk 0844 944 0844. Network extras apply. Live calls recorded. SP: 4D.

The HOTTEST women! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

HAVE FUN TONIGHT! GET PHOTOS & HOOK UP NOW OR WHEN IT SUITS YOU

Gill, UK (34)



Get my hot pix...and lets hook up...text **GILL** to 68889

Anna, London (36)



Get my hot pix...text **ANNA** to 68889

Caro, Wales, (44)



Get my hot pix...text **CARO** to 68889

North East (18)



Get my hot pix...text **BLONDIE** to 68889

Tash, Glasgow (18)



Get my hot pix...text **TASH** to 68889

Minki, Leics (18)



Get my hot pix...text **MINKI** to 68889

Claire, UK (38)



Get my hot pix...text **CLAIRE** to 68889

Val, UK (40s)



Get my hot pix...text **VAL** to 68889

25p per message sent into 68889 £1.50 per received text from 68889. See virtual terms online at www.ukeasyaction.com 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

All personas 18+

Meg, Lancashire.



Get my hot pix AND VIDEOS...Text **MEG** to 68889

Milf, 40s North England



Fun loving naughty women with photos
Get my hot pix...text **KISSY** to 68889

Katherine, WALES



Can't wait to send you my sexy photos...text anytime 24/7
Get my hot pix...text **KATHERINE** to 68889

Polly, 44 UK.



Fun easy experienced woman wants fun! Especially with guy 18-30!
Get my hot pix...text **POLLY** to 68889

AS SEEN ON TV

POSTCODE MATCH!

See who replies to your postcode....

To be matched to a woman (with HOT photos & maybe HOT videos

Text-PC followed by your postcode to 68889

(for example PC NE344NB)

Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile

Text SWAP anytime to swap to a different hot woman

£1.50 per received text.

Kat, London. 18 years old!



Get my hot pix...text **KAT** to 68889

Ami, 20 GLOUCS.



Get my hot pix and VIDEOS...text **AMI** to 68889

Liz, 20s Hants/UK



Get my hot pix AND HOT VIDEOS...text **LIZ** to 68889

Nat (19) MIDLANDS/UK



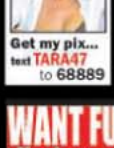
Text me anytime & Get my pix...and HOT VIDEOS XXX
Text **NAT** to 68889

Janie, SOUTH (41)



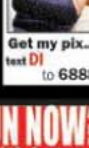
Get my hot pix...text **JANIE** to 68889

Tara, UK 47



Get my pix...text **TARA47** to 68889

ESSEX (34)



Get my pix...text **DI** to 68889

WANT FUN NOW?
Hook up with hot easy personas FAST! This is a discrete, easy service
text - NOW to 68889

Saucy, 34 Kent/Sussex



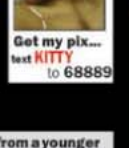
Get my hot pix...text **SAUCY** to 68889

18, SCOT.



Get my pix...text **JEWEL** to 68889

Kitty, 18 Lancs.



Get my pix...text **KITTY** to 68889

Lee, 20 Leeds



Get my hot pix...and VIDEOS text **LEE** to 68889

Daze, anywhere UK



Get my hot pix...and HOT VIDEOS...text **DAZE** to 68889

25p message sent £1.50 per received text.

Beth, North East (38)



Lets have some fun Get my hot pix...text **BETH38** to 68889

Lib NORTH WEST (21)



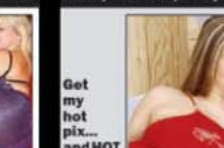
Get my hot pix...and HOT VIDEOS too text **LIB** to 68889

Rita, Wales/UK (45)



Easy going, fun loving, ask me for my really hot pics! Get my hot pix...text **RITA45** to 68889

Leah, London/UK (19)



Get my hot pix...and HOT VIDEOS too text **LEAH** to 68889

Tani South West/UK (43)



Get my hot pix...text **TANI** to 68889

Also - www.ukeasyaction.com

UK EASY ACTION .COM

HOOK UP NOW - VIA YOUR MOBILE

Ker, Kent/London



Get my hot pix...and VIDEOS text **KER** to 68889

ANNE, 40s YORKS



Get my hot pix...and VIDEOS text **ANNE** to 68889

Jule, UK (40)



Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text **JULE** to 68889

Also Visit - www.ukeasyaction.com - for more...

Carly, 18 UK



Get my hot pix...and HOT videos text **CARLY** to 68889

Kyli 20, SUSSEX



Get my hot pix and VIDEOS...text **KYLI** to 68889

Beverly Mids/UK (30s)



Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving, kind single woman 35 - hopes age doesn't put you off! Get my hot pix...and hot videos text **BEVERLY** to 68889

UK ANYWHERE



Lets hook up Get my hot pix...text **HWILKIE** to 68889

Naughty, South West



Hot fun girl looking for flirts! Get my hot pix...and hot vids text **NAUGHTY** to 68889

Amb UK



Get my hot pix...AND VIDEOS text **AMB** to 68889

Strictly 18+. This is NOT a subscription service. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (max. 4 billed messages sent to you per message into 68889) Photos/videos sent in/received charged as 2 x £1.50. You must check your mobile is able to send/receive videos or photos. Real people reply! NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. Text stop to end (not case sensitive) You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. We do not sell or share your data or mobile phone number. No guarantee of meeting implied. Photos are for display purposes and not to be reproduced for fantasy entertainment only, areas to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com. please read the full terms and conditions fully. B Med 331, 77 Beak Street, Soho, London W1F 6DB. To SWAP to a DIFFERENT PERSONA WITH PHOTOS TEXT SWAP to 68889 AT ANYTIME. PLEASE ENSURE YOU HAVE CREDIT IN YOUR PHONE IF YOU ARE A PAYG USER. WE RESERVE THE RIGHT TO BAR USERS IF THEY HAVE NO CREDIT OR ARE UNDER 18. 18+ SERVICE. To stop the service text STOP to 68889 THANKS.

Nuts PUB AMMO

Quench your thirst with this pint of knowledge

"I've found Moyle's off switch!"

Lindsay Lohan was offered Heather Graham's role as a stripper in *The Hangover*, but turned it down because she didn't like the script.

Rhinotillexomania is the scientific term for compulsive nose-picking.

The 350 million active users of Facebook upload more than 2.5 billion photos between them each month.

Eight out of ten 10 of the dirtiest hotels in Europe are in England.

Wayne Rooney is paid £200,000 a year by EA Sports to promote FIFA.

After the death of theoretical physicist, and genius Albert Einstein, his brain was removed by a pathologist and put in a jar for future study.

Spiders have transparent blood.

Celebrity Big Brother winner **Alex Reid**'s middle name is Aristides.

Scots drink the equivalent of 46 bottles of vodka a year each.

On average, 69 per cent of people in the rear cabin of a plane survive crashes compared to just 49 per cent at the front.

Anthony Hopkins won the Best Actor Oscar in 1992 as Hannibal Lecter in *The Silence Of The Lambs* – despite the fact that he was on screen for less than 16 minutes in the film.

Online players on *Forza Motorsport 3* have clocked up more than 1.1 billion miles in online races since it was released in October 2009.

The 'G' in the word **G-string** stands for 'groin'.

Coca-Cola was the first soft drink to be consumed in outer space.

PUB AMMO ON... CARLING CUP FINAL



- This year's final marks the 50th anniversary of the competition.
- Aston Villa have won the trophy five times and current holders United have won it three times.
- The competition was first introduced to take advantage of the fact most teams stadia had floodlights.
- Each member of a League Cup winning team used to receive a tankard rather than a medal.
- Watch the final between Aston Villa and Man Utd this Sunday from 2.45pm on Sky Sports 1 and BBC1.

GCSEs were definitely getting easier

Wonder Woman's comeback was ill-advised

"But doctor, I only have a cough"

Cutbacks had hit I, Robot 2 hard

free boom boom pow



Phone price subject to minimum £10 top-up.

free speaker, free music, free texts
with the new Miami from Orange – just £49

So here's what we've got. You buy this new touchscreen for just £49 – and you get a free bass-boosting speaker. Then, with Monkey pay as you go, you can listen to free tracks from Lady Gaga, Pixie Lott, Tinchy Stryder and loads more. We'll even throw in hundreds of free texts.



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or go to orange.co.uk/miami**

